



2020 Courses Listing

As at 28th November 2019

HOW TO USE THIS COURSES LISTING

This public version of the courses listing contains a brief summary of U3A courses on offer in 2020 as at the date of publication. For the purposes of providing the public with all relevant information, it includes courses which, at the date they were approved in 2019, did not have vacancies.

Up to date and detailed information on all courses offered in 2020 is available by going to our website at www.u3acanberra.org.au, logging in to the members' area and going to the 'Courses' page where the Find a Course search function is located.

Find out how to join U3A at <https://www.u3acanberra.org.au/membership.html> .

This courses listing is divided into 11 sections (corresponding to the U3A Subject Groups) as follows:

AF	Arts and Film
CS	Computers and Digital Technology
CUA	Current Affairs
ELL	English Language and Literature
H	History
L	Languages
M	Music
PR	Philosophy and Religion
R	Recreational
SBS	Social and Behavioural Sciences
SHE	Science, Health and Environment

In this listing, courses are listed **Alphabetically by Title within their Subject Group**. For example:

AF029.23 Art Workshop 3 precedes
AF014.11 Classics of the Cinema which precedes
AF043.10 U3A Camera Club which is before
CS039.02 Digital Technology for All

All the AF courses appear in alphabetical order within that group

The CS courses come after the AF ones

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Arts and Film (AF)

A Walk Around the National Gallery (AF094.01)

Basic art appreciation of new works hanging/displayed at the Gallery. Expect lots of walking.

Costs: Students will need to pay for car parking and refreshments at the cafe (if required)

Venue: National Gallery of Australia, Parkes ACT

Starts: Friday 14 February from 2:00 pm - 4:00 pm

Ends: Friday 28 February

Advanced Drawing and Painting (AF088.03)

Continuing drawing and painting instruction for advanced drawers and painters.

Costs: Room rent plus 50 cents per week photocopying / additional materials

Venue: Flynn Room 2

Starts: Tuesday 4 February from 10:00 am - 1:00 pm

Ends: Tuesday 1 December

Art at Flynn (AF077.03)

This is a collaborative group of people who enjoy being involved in creating, using a variety of concepts such as drawing still life and the human body and animals, using pen ink and water colours and painting landscapes. The artistic knowledge of the group ranges from beginner to proficient. Online tutorials and guest tutors will be utilised at times, as well as the participants' skills.

Costs: \$30:00 per term

Venue: Flynn Rooms 3+4

Starts: Thursday 6 February from 12:30 pm - 3:30 pm

Ends: Thursday 17 December

Art Workshop 1 (AF029.21)

Participants in this workshop have some experience in a variety of media and work at their own pace with some input from a tutor when available.

Costs: Members share the cost of the hire of the room at the Curtin Uniting Church - \$30 per term.

Venue: Uniting Church, Curtin, Kindy Room

Starts: Tuesday 4 February from 10:00 am - 12:00 noon

Ends: Tuesday 15 December

Art Workshop 2 (AF029.22)

Participants in this workshop have a lot of experience in a variety of media, in both drawing and painting, and is therefore more suitable for more advanced students. They are working at their own pace with input from tutor.

Costs: Room rent: \$30 per term.

Venue: Uniting Church, Curtin, Kindy Room

Starts: Tuesday 4 February from 12:30 pm - 3:00 pm

Ends: Tuesday 15 December

Art Workshop 3 (AF029.23)

Participants in this workshop work in a variety of drawing and/or painting media at their own pace, with input from a tutor when available.

Costs: Room rent: \$35

Venue: Uniting Church, Curtin, Brindabella Room.

Starts: Tuesday 4 February from 1:00 pm - 3:00 pm

Ends: Tuesday 15 December

Art Workshop 4 (AF029.19)

This workshop is suitable for people who have basic drawing skills or have completed Rock Bottom How to Draw. We will cover design principles, composition and distortion, introduction to drawing in colour, colour theory, pen and wash and acrylic painting. We will work with a variety of subjects.

Costs: Room rent \$35 per term.

Venue: Curtin Uniting Church Hall

Starts: Tuesday 4 February from 10:00 am - 12:00 noon

Ends: Tuesday 15 December

Art Workshop at Strathnairn (AF095.01)

Enjoy working with others in a supportive environment? This practical workshop is designed for those with some painting/drawing experience. Formal instruction is not provided but ongoing critical guidance is. This semester, the focus is on "A Sense of Place" and various working methods.

Costs: Room rent \$3.50 and refreshments, 50c.

Venue: Village Hall Strathnairn, 90 Stockdill Drive, Holt ACT

Starts: Friday 7 February from 10:00 am - 12:30 pm

Ends: Friday 3 July

Beginners Drawing and Painting (AF086.03)

Drawing and painting instruction for those who have completed the Absolute Beginners class.

Costs: \$2 room cost per session plus 50 cents per week photocopying/additional materials.

Venue: Flynn Room 3

Starts: Thursday 6 February from 10:00 am - 1:00 pm

Ends: Thursday 3 December

Classics of the Cinema (AF014.11)

To introduce and view a variety of films, focusing on classics from 1930's to the present. Most of the films are sourced from the National Film and Sound Archive including their restricted collection which is available only to groups such as ours.

Costs: \$20 per term (movie rent), plus membership of the Canberra Southern Cross Club \$5.

Venue: Rainbow Room, Southern Cross Club, Woden

Starts: Thursday 6 February from 1:45 pm - 3:45 pm

Ends: Thursday 26 November

Divided Communities (AF096.01)

The film course in Semester 1 will consist of four related units of five sessions each, given by the presenters shown: Films from Britain (David Adams), Spain (Gail Ford), the Czech Republic (Gail Ford), and Southern, Central and Eastern Africa (Elizabeth Reid). Film-makers from different countries have often used film to bring political and social issues to wider public attention and to make veiled, often allegorical criticism of oppressive regimes. We will look at examples of films that depict the interaction within and between classes, groups and communities and address issues of social harmony, tension, repression, political oppression and conflict.

Costs: Room rent and refreshments.

Venue: Cook CH Rm 3

Starts: Wednesday 5 February from 1:00 pm - 4:15 pm

Ends: Wednesday 1 July

Drawing for Pleasure (AF046.06)

A small group of beginner drawers. The course is flexible in structure. Individual choose their own objects to draw or alternatively we do enjoy choosing an artist. We have fun drawing.

Costs: Room rent \$2 per session.

Venue: Cook CH Rm 1

Starts: Monday 3 February from 1:00 pm - 3:00 pm

Ends: Monday 14 December

Drawing Workshop 5 (AF029.20)

It is assumed that participants in this workshop will have some drawing and painting skills. Participants will be able to work at projects at their own pace, with input from tutor.

Costs: Room rent \$35 per term.

Venue: Curtin Uniting Church Hall

Starts: Tuesday 4 February from 1:00 pm - 3:00 pm

Ends: Tuesday 15 December

Make a Mark 1 (MaM 1) (AF025.24)

A continuing Art group that enjoys exploring different techniques and subjects for expression in their visual Artwork. The group has since its inception undertaken numerous art projects and exhibitions involving different media and approaches. It is a self-help group utilising the knowledge and experience of members and occasional video guidance.

Costs: \$30.00 per term, includes room rent, morning teas and photocopying

Venue: Cook CH Rm 3

Starts: Monday 3 February from 9:30 am - 12:30 pm

Ends: Monday 7 December

Make a Mark 4 (AF025.25)

This art group builds on skills gained on a MAM introductory drawing course run in 2013. Our group has members of varying levels of skills and experience. In 2020 we will continue working our colour mixing and brushwork skills, using acrylics, watercolours, pastels and ink.

Costs: Room rent plus \$15 per term for incidentals.

Venue: Cook CH Rm 2

Starts: Saturday 1 February from 1:00 pm - 3:30 pm

Ends: Sunday 6 December

Monday Films (AF068.04)

View a film to be followed by coffee and discussion at a nearby café. Check your email on the previous Thursday to receive information. Pay at the cinema or book online prior to the session. Usually under \$10 a ticket for Seniors. This is for those who would enjoy seeing current films recently released. The discussion afterwards will not have a formal structure - it is intended to be an informal exchange of views. Choice of films will be limited by the offerings available on the designated day and times. Arrangements for coffee afterwards: to manage booking at a nearby cafe the coordinator would need to have attendance replies by 2pm on the day prior.

Costs: Pay for own ticket at the cinema. Usually under \$10 a ticket for Seniors plus \$5 approx. for refreshments.

Venue: Dendy Cinemas Civic

Starts: Monday 17 February from 10:00 am - 12:30 pm

Ends: Monday 16 November

Open Studio - The Creative Hub (AF039.08)

OPEN STUDIO provides a warm and welcoming space that generates a vibrant cacophony of ideas, Inspiration and networking activities that eventually subside into peaceful contemplation and creative activity. Each member is encouraged to forge their own creative path and share their experiences. Members depart at the end of each session refreshed, rejuvenated, replenished, and ready to take advantage of what the week has to offer. Check out the 2020 January /February Newsletter article for more information. Contact: MamSahb 2014openstudio@gmail.com

Costs: \$25 per term for room rent and refreshments.

Venue: Cook CH Rm 3

Starts: Monday 3 February from 1:00 pm - 4:00 pm

Ends: Monday 30 November

People on the Move (AF097.01)

In Semester 2 the themes covered in first semester will be continued and expanded as we look at the movement of people around the world, the reasons so many leave their homelands, reactions to and by refugees in different countries and societies, and the plight of refugees and asylum seekers. The films shown will address specific issues past and present. Many are heart-wrenching but not all – films like “Wog Boy” for example, gives a very amusing portrayal by, and of the Australian Greek community.

Costs: Room rent and refreshments.

Venue: Cook CH Rm 3

Starts: Wednesday 22 July from 1:00 pm - 4:15 pm

Ends: Wednesday 16 December

Satellite Arties of Kippax (AF045.07)

This is a continuing friendly, self-help group who paint and draw and share their ideas without the benefit of a teacher. Participants need to be self-motivated. Newcomers are most welcome.

Costs: Raiders Club at Kippax membership fee.

Venue: Canberra Raiders Club, Hardwick Crescent, Holt

Starts: Thursday 6 February from 1:00 pm - 4:00 pm

Ends: Thursday 10 December

U3A Camera Club (AF043.10)

The "U3A Camera Club" is a course for U3A members who have an active interest in photography as a fine art who wish to get together and share enthusiasm, experience and resources. There is a meeting each month at which all members are expected to show their photos for constructive criticism as well as monthly workshops and occasional studio days which we share with the "U3A PhotoGroup".

Costs: Room rent \$2 per person per week of the course, plus refreshments and incidentals.

***Note:** the 3rd Tuesdays are workshops and members pay for the sessions they attend on the day.

Venue: Cook CH Rm 3

Starts: Tuesday 4 February from 10:00 am - 1:00 pm

Ends: Tuesday 1 December

U3A PhotoGroup (AF070.03)

The "U3A PhotoGroup" is a course for U3A members who have an active interest in photography as a fine art who wish to get together and share enthusiasm, experience and resources. There is a meeting each month at which all members are expected to show their photos for constructive criticism as well as monthly workshops and occasional studio days which we share with the "U3A Camera Club".

Costs: Room rent plus incidentals (\$22 estimate).

Venue: Flynn Rooms 3+4

Starts: Tuesday 11 February from 10:00 am - 12:30 pm

Ends: Tuesday 8 December

Watercolours (AF006.12)

A continuing course for people with previous knowledge of watercolour painting, without a tutor and operating on a self-help basis.

Costs: Club joining fee of \$10/ annum and parking fee of \$20 if required.

Venue: Woden Seniors Club

Starts: Wednesday 5 February from 9:00 am - 11:45 am

Ends: Wednesday 9 December

Computers and Digital Technology (CS)

Creative Computing Workshop for Seniors (using "Scratch 3.0") (CS045.01)

"Scratch" is an exciting computer technology that lets you create interactive art, stories, simulations, and games – and share those with others online. And you don't even have to know anything about programming, you just drag and drop special coding blocks into the right place and watch the results. You can make constant changes to your project and include colour, music, and a range of characters. It's an adventure in creativity that's loads of fun and great for keeping the brain alive. If you can operate a computer keyboard and mouse, this course is suitable for you. See: <https://scratch.mit.edu>.

Costs: Room rent \$2 and Refreshments \$2.

Venue: Cook CH Rm 1

Starts: Saturday 15 February from 10:00 am - 1:00 pm

Ends: Saturday 17 October

David Raff and David Wilson Chat Group - Having Fun with your iPhone, iPad and Mac (CS036.04)

The group, which meets monthly, will focus on getting the best from your Macs, iPads and iPhones. The focus will be at the beginner level, solving problems and sharing ideas, e.g. emailing, using the internet safely, processing photos and finding useful apps. Each meeting will commence with a major topic selected by members, followed by a general Q&A session. Members will be encouraged to share their experience and participate in discussions.

Costs: Room rent and refreshments.

Venue: Cook CH Rm 3

Starts: Tuesday 25 February from 10:00 am - 12:00 noon

Ends: Tuesday 24 November

Digital Technology for All (CS039.02)

A forum where we can air our discoveries, problems and questions about anything digital including desktops, laptops, tablets, phones and the gadgets which connect to them. We will be concentrating on non-Apple devices. Beginners welcome. Our aim is to share the knowledge and enable everyone to find and use those tools which will make the most of all their own technology.

Costs: Room rent and refreshments (\$23) per semester.

Venue: Flynn Room 3

Starts: Friday 7 February from 10:00 am - 12:00 noon

Ends: Friday 4 December

Introduction to Linux - a safer, faster and a free operating system (CS035.04)

This course will familiarise participants with Linux Mint operating system which is freely available (no strings attached!), runs much faster and a lot safer than Microsoft Windows. The course will cover issues such as how to install Linux and migration from Windows. It is recommended that students bring their own desktops/laptops. It is also possible to use U3A laptops, but students will not be able to gain the full benefit of the course with this option.

Costs: Room rent. Contribution towards tea/coffee and purchase of blank DVDs. Approx. \$15.

Venue: Cook CH Rm 1

Starts: Tuesday 5 May from 10:00 am - 12:30 pm

Ends: Tuesday 2 June

U3A Linux Chat Group (CS038.03)

Introduction to Linux Mint is for members interested in expanding their knowledge and understanding of Linux Mint as an alternative operating system to Windows or Mac. Monthly meetings cover a wide range of computer topics. If you are looking for a new computing challenge, then this chat group is just right for you.

Costs: Room \$2 plus refreshments.

Venue: Cook CH Rm 1

Starts: Tuesday 4 February from 1:00 pm - 3:00 pm

Ends: Tuesday 1 December

Current Affairs (CUA)

Approaches to International Development (CUA060.01)

The idea of development has evolved over many decades, involving complex and contested economic, social, political and philosophical ideas and practices. We will look at different approaches to achieving positive social change and tackling global poverty and disadvantage, including questions of gender, equality, rights, community and sustainability. We will also examine the changing role of government, business and civil society organisations in contributing to both development and humanitarian programs.

Costs: Room rent and refreshments (\$30)

Venue: Flynn Rm 1

Starts: Tuesday 28 April from 10:00 am - 12:00 noon

Ends: Tuesday 30 June

Contemporary Issues Book Group (CUA055.02)

Members meet monthly to discuss a significant non-fiction book, journal edition or essay on a topical issue. Members collectively choose the books and topics, which range over social, cultural, political and economic issues. The reading list is planned several months ahead. Members must be prepared to take turns in briefly summarising each book and then leading discussion of it.

Costs: N/A

Venue: Various members' homes. Members take turns in hosting meetings.

Starts: Tuesday 4 February from 1:45 pm - 4:00 pm

Ends: Tuesday 1 December

Current Affairs - Book Reading (CUA035.08)

The group meets monthly to discuss a non-fiction book, journal edition or essay on a topical issue. Members propose books for the coming year and decide by vote the selection for the next few months, with sufficient time to obtain a copy. Topics range over social, cultural, political and economic issues. Members take turns to prepare a brief summary of this month's book and suggest questions/issues for discussion. The first book for 2020 (February) is: 'Destroying a Nation - The Civil War in Syria', by Nikolas Van Dam, published 2017 and the March book will be 'Super Power' by Ross Garnaut.

Costs: Membership of Southern Cross Club.

Venue: Southern Cross Club Jamison

Starts: Tuesday 11 February from 2:00 pm - 4:00 pm

Ends: Tuesday 10 November

Current Affairs, Belconnen (CUA009.12)

This is a continuing course with interesting guest speakers every week, covering international, national and local topics.

Costs: Raiders Club membership \$2 p.a. plus course fee of \$4.00 per week per person.

Venue: Canberra Raiders Club Belconnen Hardwick Crescent Holt

Starts: Wednesday 5 February from 10:00 am - 12:00 noon

Ends: Wednesday 9 December

Current Affairs, Hughes (CUA002.12)

An informal, flexible and participative discussion group embracing political, economic and social issues. It also includes occasional guest speakers and presentations volunteered by group members.

Costs: \$30 per semester for room rent and refreshments.

Venue: Baptist Church, Groom St, Hughes

Starts: Wednesday 5 February from 10:00 am - 12:00 noon

Ends: Wednesday 25 November

Current Affairs, Jerrabomberra: Talk, Listen and a Cuppa (CUA003.10)

A discussion group for members to meet and exchange knowledge of current affairs and subjects of general interest. Each meeting is coordinated by a volunteer chairperson. Usually meetings begin with a discussion on a particular subject that has been researched and prepared by a member. Occasionally a guest will address the members. After morning tea/coffee the discussion covers current topics which have caught the attention of the chairperson or another member of the group.

Costs: \$10 per quarter to cover tea, coffee & biscuits. The room cost is generally covered by a council grant, but if additional funds are required members may be asked to contribute.

Venue: Jerrabomberra Community Centre, Jerrabomberra

Starts: Thursday 6 February from 10:00 am - 12:00 noon

Ends: Thursday 17 December

Current Affairs, Southside (CUA001.12)

2-hour discussion led by either course leader or guest presenters focusing on politics and current affairs. Morning tea after 1 hour provides for socialisation. No requirements for attendees other than a keen interest in domestic and international issues of the day.

Costs: \$35.00 per term

Venue: Austrian Australia Club, Heard St, Mawson.

Starts: Wednesday 5 February from 10:00 am - 12:00 noon

Ends: Wednesday 9 December

Current Affairs, Woden/Weston Creek (CUA004.12)

A participative discussion group covering current political and social issues at local, national and international levels. Guest speakers occasionally address the group, as well as presentations from within by group members. Membership of group is governed by venue size.

Costs: Members of The Raiders Weston Club required.

Venue: Canberra Raiders Club, 1 Liardet St, Weston

Starts: Tuesday 4 February from 10:00 am - 12:00 noon

Ends: Tuesday 1 December

Current International issues 2020 (CUA044.05)

A continuing group, we discuss issues from around the globe, with the main focus on the rise of China and its impact on the US and the Indo-Pacific region. Additional information can be sent to enquirers.

Costs: Cost of any reference book/s.

Venue: Wesley Music Centre, Forrest

Starts: Monday 20 January from 9:45 am - 12:00 noon

Ends: Monday 6 April

Discussing "Dissent" (CUA015.11)

Discussion of political, social, economic issues at both international and national levels. Weekly discussion normally facilitated by a group member. Subjects are based on journal articles, other publications and informed commentary. The course consists of three x 11-week terms per year.

Costs: \$55 per 11-week term. Covers room hire, tea/coffee & biscuits and parking.

Venue: Wesley Music Centre, Forrest

Starts: Tuesday 11 February from 9:30 am - 12:00 noon

Ends: Tuesday 8 December

Movements for Social Change (CUA054.02)

Social movements are a distinctive and historically important form of political mobilisation. In this course, we will survey the history of social movements, beginning with the anti-slavery and early labour movements, then looking at twentieth-century developments including the suffragette movement, US civil rights movement, peace movements and second-wave feminism. We will also examine contemporary developments in environmental movements, gender and 'identity politics'.

Costs: \$30 for room rent and refreshments.

Venue: Flynn Rm 1

Starts: Tuesday 21 July from 10:00 am - 12:00 noon

Ends: Tuesday 22 September

Politics, Power and Passion 4.0 - Personalities and Politics (CUA048.04)

Personalities, passion, the impact of key people on Australian politics. Alfred Deakin, Billy Hughes, John Curtin, B Santamaria, RS Menzies, Bert Kelly, G Whitlam, D Dunstan, Mary Gilmore, Edith Cowan, Catherine Spence, Germaine Greer.

Costs: Room rent.

Venue: Flynn Rm 1

Starts: Wednesday 15 April from 10:00 am - 12:00 noon

Ends: Wednesday 27 May

Public Policy: Change and Reform (CUA052.03)

Building on the success of the course over the past two years of "Great Policy Reforms of the past 40 years" this course will each month discuss a significant policy subject including past reforms, the current status of the issue and case and options for future reform. Policy examples include telecommunications, industry, industrial relations, economic policy, trade, climate change, energy, retirement savings, food security etc. Discussants will include those with relevant experience – policy advisors, journalists, ex Ministers, ex bureaucrats, academics. Speakers in 2019 included Gareth Evans, John Hewson, Kristen Livermore MP, Jack Waterford Canberra Times.

Costs: Includes: Room rent, refreshments and gifts for speakers - approximately \$40.00 per head

Venue: Hughes CC Rm 3

Starts: Friday 14 February from 10:00 am - 12:30 pm

Ends: Friday 13 November

Superannuation 1: Understanding your Superannuation (CUA041.08)

Superannuation is your second biggest lifetime investment, after your home. Like looking after your home, you need to look after your money in super. These ten sequential sessions explain the system; what you should expect from the industry; how to understand and talk to your financial advisers about making your money last. No prior knowledge required. Extra information available: course program. This is the first of two sequential courses.

Costs: \$25 per person for the whole course for rent and refreshments.

Venue: Flynn Room 2

Starts: Thursday 19 March from 10:00 am - 12:00 noon

Ends: Thursday 28 May

Superannuation 2: Managing Your Superannuation Investments (CUA045.08)

It is focussed on deeper understandings of how each of your superannuation investments works in your portfolio to provide your interest/returns. The knowledge and experiences of the group and visiting experts will enrich our understanding and empower our discussions with our financial advisers.

Attendance at Superannuation Course 1 is assumed; either in previous or current semester.

Additional information is available on the course program.

Costs: \$25 per person for the whole course for rent and refreshments.

Venue: Flynn Room 2

Starts: Thursday 19 March from 2:00 pm - 4:00 pm

Ends: Thursday 28 May

Superannuation 2: Managing your Superannuation Investments (CUA045.09)

It is focussed on deeper understandings of how each of your superannuation investments works in your portfolio to provide your interest/returns. The knowledge and experiences of the group and visiting experts will enrich our understanding and empower our discussions with our financial advisers.

Attendance at Superannuation Course 1 is assumed; either in previous or current semester.

Additional information is available: the course program.

Costs: \$35 per person for the whole course for room rent and refreshments.

Venue: Weston Creek Community Centre

Starts: Tuesday 25 August from 10:00 am - 12:00 noon

Ends: Tuesday 27 October

Superannuation 1: Understanding your Superannuation (CUA041.09)

Superannuation is your second biggest lifetime investment, after your home. Like looking after your home, you need to look after your money in super. These ten sequential sessions explain the system; what you should expect from the industry; how to understand and talk to your financial advisers about making your money last. No prior knowledge required. Extra information available: course program. This is the first of two sequential courses.

Costs: \$35 per person for the whole course for room rent and refreshments.

Venue: Weston Creek Community Centre

Starts: Tuesday 25 August from 2:00 pm - 4:00 pm

Ends: Tuesday 27 October

The Political Mind (Monday Group) (CUA053.02)

Politics is usually studied in terms of government or institutions, or through philosophical or historical approaches. This course uses psychology to cast light on how individuals experience political life. We will look at the variety of political attitudes, how they are formed and how they develop through the life cycle. We will go on to examine different forms and styles of political participation, and then look at how political communications and campaigns work.

Costs: Room rent and refreshments (\$30)

Venue: Flynn Rm 1

Starts: Monday 3 February from 2:00 pm - 4:00 pm

Ends: Monday 6 April

The Political Mind (Tuesday Group) (CUA053.03)

Politics is usually studied in terms of government or institutions, or through philosophical or historical approaches. This course uses psychology to cast light on how individuals experience political life. We will look at the variety of political attitudes, how they are formed and how they develop through the life cycle. We will go on to examine different forms and styles of political participation, and then look at how political communications and campaigns work.

Costs: Room rent and refreshments (\$30)

Venue: Flynn Rm 1

Starts: Tuesday 4 February from 10:00 am - 12:00 noon

Ends: Tuesday 7 April

The Uluru Statement From the Heart - Our Response? (CUA061.01)

Class members need to be willing to participate in discussion of this topic. It would be expected that they will have given some thought to it, probably have a point of view to share, possibly some specific expertise. The object is to reach a consensus view and to arm participants with the knowledge and arguments that they could use with their interactions with the community. We the voters have been asked by the Aboriginal and Torres St Island constituent, the First Nation People, to enshrine in the constitution (1) recognition of the fact of their prior occupation of this land and (2) provision for a Voice to converse with government on matters affecting them. They also request Truth Telling of their history and a Makarrata Commission for Reconciliation. This U3A discussion is designed to assist us to understand their requests and to lead to a successful outcome of the referendum. The proposed structure of the discussion is as follows: (1) what is the Uluru Statement- movies, videos readings, indigenous person to explain. (2) Understanding the plight of First Nation People-truth telling, Makarrata (3) What is the Voice and what's required to implement it? (4) A look at the Australian Constitution-tricks and quirks. (5) Trial wording of new section of Constitution. (6) The referendum question. (7) Countering the arguments of the naysayers.

Costs: Room rent \$12 and refreshments \$12.

Venue: Hughes CC Rm 3

Starts: Wednesday 26 February from 2:00 pm - 4:00 pm

Ends: Wednesday 8 April

The World of Issues, Ideas and Opinion, Group 2 (CUA011.11)

Each week a group member chairs our informal discussion on 4 articles chosen by the Chair from the previous Friday's Australian Financial Review, especially from the Review section. Topics cover a wide range in politics, government, arts and culture.

Costs: Room rent and refreshments.

Venue: Cook Meeting Room 4

Starts: Thursday 6 February from 1:45 pm - 3:45 pm

Ends: Thursday 26 November

English Language and Literature (ELL)

"Bad Women in Literature" (ELL109.01)

What distinguishes female villains is often that their evil nature is associated with a rejection of the accepted norms of womanhood current in their society. A Bad Woman is a bad daughter, wife, or—most crucially—a bad mother. The bad women chosen for study in this ten-week course come from four plays—Medea, Macbeth, The Changeling, and Hedda Gabler—and from three works of fiction—Lady Susan, Vanity Fair, and The Portrait of a Lady. The course will begin with introductory lectures on the plays and go on to a rather more detailed study of the novels. In all classes, group members will be invited to present examples of bad women in whom we might all be interested.

Costs: \$28 includes room rent, refreshments and other.

Venue: Hughes CC Rm 2

Starts: Thursday 30 January from 10:00 am - 12:00 noon

Ends: Thursday 2 April

"The Play's the Thing!" (ELL058.10)

Study, reading and discussion of plays from Sophocles to Joanna Murray-Smith. Full participation of group members and leadership opportunities for all. Viewing and discussion of films/DVDs of distinguished play productions. (This is a continuation of the 2019 course.)

Costs: \$25 per term for room rent and refreshments.

Venue: Cook CH Rm 2

Starts: Wednesday 5 February from 10:00 am - 12:00 noon

Ends: Wednesday 2 December

Adventures with Books, Plays and Drama (ELL016.12)

Do you like to read, write, listen, discuss, learn? Every week is different as we delve into all types of literature from all parts of the world. We are a small group of enthusiastic people willing to enjoy literature. Why not join us?

Costs: \$30 per term.

Venue: William Room, St Ninian's Church Hall, Brigalow Street, Lyneham

Starts: Wednesday 5 February from 10:00 am - 12:00 noon

Ends: Wednesday 9 December

Ainslie Book Club 1 (ELL032.09)

We read one title per month and have a group discussion. Ten books in total over the months of February to November. ACT Library provides 6 books and we have to provide 4 books.

Costs: Membership of Ainslie Football Club required.

Venue: Ainslie Football Club

Starts: Thursday 20 February from 2:30 pm - 4:30 pm

Ends: Thursday 19 November

Book Bingo (ELL105.02)

Book Bingo is a Book Group with a twist: we don't all read the same book! The group decides each month's focus in February and then we each choose our own book for each topic, either fiction or nonfiction. Discover new genres and authors, and chat about your chosen book. Topics might include "the book that changed me", "set in another country", "Originally published not in English", "Biography", "focus on food". There is lots of help in suggesting books. No queues for books in the Public Library!

Costs: Room rent \$2 per person per session plus \$2 for refreshments.

Venue: Cook CH Rm 1

Starts: Wednesday 12 February from 2:00 pm - 4:00 pm

Ends: Wednesday 11 November

Books and Writers (ELL008.12)

The group jointly decides on no more than 25 books to be reviewed in the following year. We include fiction, non-fiction and usually have a poetry day. Members share the presentation of books and lead discussion.

Costs: Membership of Irish Club \$5 plus contribution towards refreshments (optional)

Venue: Canberra Irish Club, Weston Creek

Starts: Monday 10 February from 1:45 pm - 3:45 pm

Ends: Monday 9 November

Books R Us (ELL080.06)

We are an Inner North Canberra women's readers' group. We read fiction and non-fiction. We get our books from the ACT Library's Read Around Canberra Program and we meet on the first Thursday of each month at the Ainslie Football Club. At each month's meeting a member briefly presents a book they have chosen the previous month and then we discuss it around the circle.

Costs: Membership of Ainslie Football Club \$5.

Venue: Ainslie Football Club

Starts: Thursday 6 February from 10:30 am - 12:00 noon

Ends: Thursday 10 December

Booktalk (ELL014.12)

Do you enjoy reading and discussing books? Each year, course members compile a reading list and once a month, from February to December inclusive, we discuss one book from the list in a free ranging discussion usually led by the member who proposed that particular book for inclusion. Books included are generally but not exclusively fiction, usually recently published but occasionally we have revisited an old classic.

Costs: \$15 for annual membership of the Canberra Senior Citizens Centre at Turner. In addition, there is monthly room rent of \$7 per member payable whenever a member attends a session.

Venue: Canberra Seniors Centre, Turner

Starts: Tuesday 11 February from 2:00 pm - 4:00 pm

Ends: Tuesday 8 December

Chaucer and Mediaeval Poetry Reading Group (ELL090.05)

A continuing course, reading and discussing the works of Chaucer and other mediaeval poets. Previous experience reading Middle English highly desirable. NB. Course is accessed by a short staircase of 10 stairs.

Costs: Small copying charge (\$10 estimate) plus membership of Raiders Club.

Venue: Canberra Raiders Club, 1 Liardet St, Weston

Starts: Tuesday 11 February from 10:15 am - 12:15 pm

Ends: Tuesday 1 December

Chinese Culture Through Literature and Film (ELL104.02)

China has a vast literature of poetry, stories, plays, philosophy and novels over four millennia. We will read translations of this literature to gain a greater understanding of this very different culture. We will also watch Chinese films with English subtitles. The scope is huge; our directions will be determined by group interest. Course participants are encouraged to make presentations, but this is not compulsory. The only requirements for the course are a willingness to read, learn and discuss. This is a continuing course from 2019.

Costs: \$25 per term approx. for room rent and refreshments.

Venue: Cook CH Rm 2

Starts: Wednesday 5 February from 2:00 pm - 4:00 pm

Ends: Wednesday 16 December

Crime Fiction - Discussion Group (ELL078.07)

The Crime Fiction Genre is explored by having sessions on topics, authors and/or sub-genres with a reading guide. Discussions each month are led by a member and participants talk about the book they have read for the course. The discussion is lively with a variety of views and a wide range of titles/authors. Social issues are often raised, and discussions are animated and entertaining. The group is friendly with a mix of men and women.

Costs: Room rent, refreshments (\$35).

Venue: Flynn Room 4

Starts: Tuesday 4 February from 10:00 am - 12:00 noon

Ends: Tuesday 1 December

Discovery Book Club (ELL073.09)

Group members bring books they have been reading recently and discuss why they enjoyed the books or why they disliked them.

Costs: Room rent and refreshments

Venue: Flynn Room 2

Starts: Tuesday 4 February from 2:00 pm - 4:00 pm

Ends: Tuesday 15 December

Enjoying Literature (ELL003.12)

Our weekly group enjoys discussing various forms of the written word: from recent Australian writing to Man Booker Prize finalists; from novels and short stories to poetry and plays; from comedy to tragedy; from fiction to non-fiction. U3A members who enjoy language and literature are welcome to join us on our voyage of discovery. Further information is available.

Costs: Room rent and refreshments: \$2.50 per person per week of the course.

Venue: Cook CH Rm 3

Starts: Thursday 6 February from 10:00 am - 12:00 noon

Ends: Thursday 3 December

Introduction to Greek and Roman Mythology (ELL072.05)

An introduction to the ancient Greek and ancient Roman myths – focussing on three epic poems: 'The Iliad', 'The Odyssey' and 'The Aeneid'; and the stories around those. Why do these fascinating tales still resonate; and remain so vivid, powerful and memorable? Some reading aloud (from English translations) and discussions on these, and other, selected myths/legends/stories. Internet access essential.

Costs: Membership of Vikings Club Erindale required (\$5).

Venue: Vikings Club Erindale

Starts: Thursday 27 February from 1:00 pm - 3:00 pm

Ends: Thursday 26 November

Just Writing (ELL024.12)

Our group is friendly and supportive, and we love to write (any style - poetry, prose, biography, fiction etc.). We are given a topic (or we choose our own) then we read our work to the group at the next session. If enquiring by email please put 'Just Writing' in the heading thanks.

Costs: Club membership - \$3 p.a. approx.

Venue: Belconnen Soccer Club, Hawker

Starts: Monday 2 March from 1:30 pm - 3:30 pm

Ends: Monday 19 October

Kipling VI (ELL059.07)

This is a participatory course in which we shall read and discuss some of Rudyard Kipling's wonderful poems and stories. No previous knowledge of Kipling or attendance at any previous courses is required. All texts are easily found on Google etc. Recently much new writing by Kipling has been published for the first time, and we shall have the special experience of reading some of these remarkable youthful works. What makes these courses so great is the input by the class members and the free-ranging discussion arising from our readings.

Costs: Room rent \$35 and refreshments \$5.

Venue: Baptist Church, Groom St, Hughes

Starts: Wednesday 17 June from 10:00 am - 12:00 noon

Ends: Wednesday 19 August

Life Story Blogging (ELL110.01)

The course will help you craft stories from your life and share them with your family, friends and the world wide web through the medium of blog. There are two aspects of the course - how to create and maintain a blog and how to identify stories from your life and to condense them to five minutes reads. You are expected to have reasonable knowledge of internet and computers to learn how to create a blog. You are required to bring your laptop and a notebook to the classroom.

Costs: Room rent \$2 and refreshments \$1 per person per session.

Venue: Hughes CC Rm 2

Starts: Tuesday 3 March from 10:00 am - 12:00 noon

Ends: Tuesday 19 May

Nordic Crime Fiction (ELL064.09)

Nordic Crime Fiction is a continuing course which focuses on reading, discussion, and analysis of crime fiction by writers from the Nordic countries. It aims to enhance appreciation of the genre and aspects of sub-genres, and to identify main themes, styles, key figures, and influences in Nordic crime fiction. At the same time, it seeks to promote a better understanding of the different Nordic countries and their territories as mirrored in crime fiction. Participants are expected to do the required reading and join in class discussions as much as possible.

Costs: Room rent \$2 per person per week of the course plus refreshments and photocopying (\$60 approximately).

Venue: Hughes CC Rm 2

Starts: Thursday 5 March from 2:00 pm - 4:00 pm

Ends: Thursday 5 November

Northside Book Group No 1 (ELL029.12)

Members participate in the choice of books to read each month from a list provided by the ACT Library's "Read Around Canberra" program. A proportion are of the members private choices. (We break after 1 hour for tea etc, the discussion leader for a particular month brings biscuits etc. We provide our own tea and coffee etc.)

Costs: Room rent.

Venue: Flynn Room 2

Starts: Monday 17 February from 10:00 am - 12:00 noon

Ends: Monday 16 November

Northside Book Group No 2 (ELL030.12)

A small self-regulated reading group. We meet on the 2nd Thursday of each month at Goodwin Village, Ainslie. Each member chooses and introduces one book per year for discussion by the group.

Costs: \$5.00 for refreshments.

Venue: Goodwin House 35 Bonney St, Ainslie, ACT

Starts: Thursday 13 February from 2:00 pm - 3:30 pm

Ends: Thursday 10 December

Northside Book Group No 3 (ELL033.12)

Each member chooses and introduces 1 book per year. Some of the books come from the ACT Libraries Book Club collection; the rest are chosen by members and include a wide range of genres. An ACT library card is required. The group meets on the second Thursday of each month at the Ainslie Football Club. Current membership of the club is necessary.

Costs: Membership of Ainslie Football Club - \$5 pa.

Venue: Ainslie Football Club

Starts: Thursday 13 February from 10:15 am - 12:00 noon

Ends: Thursday 10 December

Play Reading for Pleasure (Hughes) (ELL094.05)

The group reads a wide range of plays and if possible watches a video. Reading is shared as evenly as possible.

Costs: Room rent and refreshments - \$25 per person per term.

Venue: Hughes CC Rm 2

Starts: Monday 3 February from 10:00 am - 12:00 noon

Ends: Monday 7 December

Quivering Quills Writing Group (ELL074.07)

The group meets monthly to present writing on a nominated subject or title to the group for discussion. The QQs have been together for a long time but we have room for one more person who likes to write.

Costs: Nil.

Venue: Private home.

Starts: Wednesday 29 January from 10:00 am - 12:00 noon

Ends: Wednesday 16 December

Reading Shakespeare (ELL011.12)

A self-directing group for reading and discussion of Shakespeare's plays. Further information available.

Costs: Room rent plus refreshments \$3 per person per week.

Venue: Hughes CC Rm 2

Starts: Friday 7 February from 10:00 am - 12:00 noon

Ends: Friday 4 December

Reading Shakespeare for Pleasure (ELL005.12)

A self-directing group for reading and discussion.

Costs: Room rent \$18 plus \$2 for refreshments.

Venue: Baptist Church, Groom St, Hughes

Starts: Friday 14 February from 10:00 am - 12:00 noon

Ends: Friday 11 December

Science Fiction and Fantasy Book Club (ELL097.04)

We are a friendly group who share a love of science fiction / fantasy / speculative fiction and want to share our favourite authors/genres or discover new ones. We welcome new members whether they are new to these genres or have been reading them forever. We do not read set texts. Every year we agree a topic for each meeting and a presenter; presenting is completely voluntary, not a requirement. The presenter-of-the-month provides a suggested (not compulsory) reading list prior to the meeting and a short presentation on the topic at the meeting.

Costs: Room rent and refreshments \$27 per year.

Venue: Flynn Room 2

Starts: Wednesday 12 February from 10:00 am - 12:00 noon

Ends: Wednesday 9 December

Southside Monday Book Club (ELL035.10)

Book club group meeting on the first Monday of the month 10 am to 12 pm at members' homes. Books are chosen by members.

Costs: Nil.

Venue: Members' homes.

Starts: Monday 3 February from 10:00 am - 12:00 noon

Ends: Monday 7 December

The Write Stuff - Short Stories - Writing and Listening (ELL019.09)

A gathering of authors, who enjoy writing and sharing short stories, meet on the 4th Friday of each month at Hughes Community Centre. The group select a subject for the month and let their imaginations run with the subject. Each member's story is presented for the enjoyment and curiosity of the group. There are always surprises and delight as to where each participant's imagination and creativity take the group. Each member contributes to a yearly publication 'Collection of Short Stories'.

Costs: Room rent plus minimal photocopying \$25 per year.

Venue: Hughes CC Rm 3

Starts: Friday 28 February from 2:00 pm - 4:00 pm

Ends: Friday 27 November

Tuesday Book Group (ELL021.12)

We aim to read 2 books a month, chosen by members, each taking a turn at presenting a book. We meet in each other's homes the second Tuesday of the month from 2pm to 4 pm, the hostess providing light refreshments. The emphasis is on new books, all available from the library or Kindle, and the program is fixed about 6 months in advances so plenty of time to read.

Costs: Nil unless you choose to buy a book.

Venue: Members' homes by arrangement.

Starts: Tuesday 11 February from 2:00 pm - 4:00 pm

Ends: Tuesday 8 December

Turner Books (ELL081.07)

Turner Books meets on the first Tuesday of each month to discuss a book we have all read in the previous month. Six books per year are sourced from the ACT library book club collection. Decisions about what books to read are made collectively. Discussions are free and easy, led by a person with an interest in the book.

Costs: \$40 per year for hall hire and refreshments.

Venue: Ainslie Church of Christ, 82 Limestone Ave

Starts: Tuesday 4 February from 2:00 pm - 4:00 pm

Ends: Tuesday 1 December

What's So Good About Shakespeare? (ELL099.04)

We will continue to explore Shakespeare's plays, looking at the ways the language can be interpreted to guide actors and directors towards performing the plays. This year we will cover four out of Richard II, Measure for Measure, Antony and Cleopatra, King Lear and Twelfth Night.

Costs: Room rent \$2 per person per session.

Venue: Cook CH Rm 2

Starts: Tuesday 4 February from 12:30 pm - 2:30 pm

Ends: Tuesday 15 December

With Love From the Grands (ELL009.13)

Encourage members to write about their childhood for the grandchildren and to pass on what it was like when they were children.

Costs: Room rent and refreshments (\$26 estimate).

Venue: Flynn Room 2

Starts: Wednesday 3 June from 2:00 pm - 4:30 pm

Ends: Wednesday 26 August

Write Word (ELL006.12)

We are a group of writers who focus on memoir writing. We meet fortnightly to share our writing. The aim of the group is to offer writers and would-be writers a chance to meet with other writers and to commit to writing regularly. Meetings feature workshops, reading of work on a set subject and members receiving positive, specific feedback on their writing.

Costs: \$10 per year for refreshments plus membership of the Irish Club, Weston.

Venue: Canberra Irish Club, Weston Creek

Starts: Tuesday 11 February from 1:30 pm - 3:30 pm

Ends: Tuesday 24 November

History (H)

A Collage of Highlights from Journeys Throughout Great Britain (H223.01)

We will visit various locations [large and small] through Great Britain, consider their history and how they fitted into the wider national structures of the day, as well as enjoy any unique activities associated with the location and the associated architectures and landscapes. To give you a taste, we will visit the southernmost, northernmost, easternmost and westernmost points. Other locations will include Glencoe, Lindisfarne, Arundel Castle, York, Langholme, Glasgow, Edinburgh, Cardiff, Constable country, Holyhead and various places in-between.

Costs: \$8 per person room rent

Venue: Hughes CC Hall

Starts: Wednesday 6 May from 10:00 am - 12:00 noon

Ends: Wednesday 27 May

A history of 19th century USA (H215.02)

From the war of 1812 to the end of the 19th century saw the 1st and 2nd Seminole Wars, the American Mexican War, the Civil War, the opening and settlement of the West, the wagon trains, stage coaches, transcontinental railways and much much more.

Costs: \$50 per semester

Venue: Baptist Church, Groom St, Hughes

Starts: Friday 7 February from 10:00 am - 12:00 noon

Ends: Friday 27 November

A House Divided: The American Civil War and Reconstruction (H211.03)

This lecture-based course will examine the nature, scope and consequences of the American Civil War. The military dimensions of the war will necessarily be a major focus, including key campaigns and military leaders, the role of black troops, and why the North won. Attention will also be given to the political and social dimensions of the war, including what caused it, life on the home fronts, and how the nation addressed the question of where black Americans would fit in the post-war South. No prior knowledge is required. Questions/comments by course members are encouraged but not required.

Costs: Total cost per person will be \$40 including course materials, room rent and refreshments.

Venue: Hughes CC Rm 3

Starts: Wednesday 26 August from 10:00 am - 12:00 noon

Ends: Wednesday 11 November

A Journey to the Stans - Pakistan, Kyrgyzstan, Uzbekistan and Tajikistan (H220.01)

We will visit the struggle between Russia and Great Britain for primacy in Central Asia during the 19th Century, before advancing 150 years and immersing ourselves in the present day. We will travel through Pakistan and cross the border into China's Xinjiang Province meet the Uighurs and visit the westernmost city in China [Kashgar], before moving on to Kyrgyzstan, Uzbekistan and Tajikistan, three vassal states of the ex-Soviet Union. We will consider the present-day trials and tribulations we encounter during the journey.

Costs: \$8 per person room rent

Venue: Hughes CC Hall

Starts: Wednesday 12 February from 10:00 am - 12:00 noon

Ends: Wednesday 4 March

A Meandering Journey Through South-West Ireland (H221.01)

Arriving in Dublin by ferry, we will work our way south-west across the country, visiting Kilkenny and passing through Clonmel the largest town in County Tipperary to Killarney, from where we will travel the Ring of Kerry. We then move north close to the Atlantic Coast, through the Dingle Peninsula to Tralee, the Cliffs of Moher and out to the Aran Islands. Then along the coast south of Galway and heading inland to Athlone before heading back to Dublin and the ferry. We will consider the history and visit various sites associated with those locations.

Costs: \$8 per person room rent

Venue: Hughes CC Hall

Starts: Wednesday 26 August from 10:00 am - 12:00 noon

Ends: Wednesday 16 September

A Short History of Japan (H212.02)

The course covers the outstanding historical events and the development of Japan's unique culture from the very earliest times until the Meiji Restoration of 1868 and then a brief look at more recent times. Throughout there is an emphasis on some of the iconic arts and crafts of Japan, including literature, ceramics and ukiyo-e.

Costs: \$20 room rent

Venue: Cook CH Rm 2

Starts: Thursday 6 February from 10:00 am - 12:00 noon

Ends: Thursday 9 April

A time traveller's journey through London (H129.05)

A comprehensive look at the history of London from its foundation by the Romans to the present time, including its walls, fires, Saxon London, Tudor London, palaces, kings, Dick Wittington's cat, the lot.

Costs: Est \$45 per semester

Venue: Hughes CC Rm 3

Starts: Monday 3 February from 10:00 am - 12:00 noon

Ends: Monday 30 November

Acton Discussion Group: Family Ties (H217.03)

In historic settings, looks at relationships and associations either personal/ ancestral or public, between and within families, and their impact on society of the time. The title is designed to be interpreted broadly and imaginatively. Subjects could include a known or unknown ancestor; an ancestor one would like to have had; dynasties (the Myers, the Redgraves; the Pitts etc), associations between families - eg the Packers and the Murdochs, the Bloomsbury Set, William Morris, the Rosettis and the Arts and Crafts Movement. Guest speaker from the Australian Women's Project - researching biographies of Australian Women. Other presenters from within the group.

Costs: Est \$20 per person

Venue: Baptist Church, Groom St, Hughes

Starts: Friday 14 February from 10:00 am - 12:00 noon

Ends: Friday 3 April

Ancient Egypt: Gift of the Nile (H009.08)

This course starts with a look at the 19th century rediscovery of ancient Egypt's history by Europeans. Then beginning at the origins of Egyptian civilization, we look at the highlights of its magnificent history over 4,000 years and reflect on how ordinary people lived and worked. The course ends at the time of the Roman takeover in the 1st c. BCE. The 16 lectures over 8 weeks are based around Powerpoint photos and many books are available to borrow during the course.

Costs: Est \$24 room rent and handouts

Venue: Flynn Rooms 3+4

Starts: Wednesday 12 February from 2:00 pm - 4:00 pm

Ends: Wednesday 1 April

Aspects of Military History (H021.12)

The course addresses a different topic each week across a wide and varied range of military history subjects, from antiquity to the present day, with special emphasis on Australian military history. As well as presentations by course members and guest speakers [including military historians and published authors, and others talking from personal experience] film documentaries will also be shown. Over 470 sessions have been presented since the course began in 2008, involving well over one hundred different speakers and session presenters. General discussion is encouraged, and viewpoints challenging 'accepted history' and the busting of myths are welcomed.

Costs: \$5 per week or \$35 per term plus Canberra Southern Cross Club membership.

Venue: Southern Cross Club Jamison

Starts: Thursday 30 January from 2:30 pm - 4:30 pm

Ends: Thursday 10 December

Australian History 'A' Group (H010.12)

This group covers all aspects of Australian history including indigenous history before and after 1788, and the development of Australia as the diverse, multicultural society of today. Members are encouraged but not expected to prepare presentations. An extensive library is available to members on a loan basis for general interest or research. Guest speakers will be invited, and several subsidised excursions organised during the year. Further information available.

Costs: \$4 per person per Session attended

Venue: Hughes CC Hall

Starts: Tuesday 4 February from 10:00 am - 12:00 noon

Ends: Tuesday 24 November

Australian History Group -Yass (H034.12)

Members participate in discussion and are welcome to present papers. We do excursions to local areas to learn their history. We also invite interesting guest speakers to present. New members always welcome.

Costs: \$20 per term or \$70 for year.

Venue: Yass Community Centre, Laidlaw Street, Yass - next to The Men's Shed.

Starts: Thursday 6 February from 10:00 am - 12:00 noon

Ends: Thursday 10 December

Australian History Highlights (H002.12)

Class members and occasional guest speakers present papers on the history of Australia and its people. Note: No previous knowledge required.

Costs: \$3.00 per session

Venue: Baptist Church, Cowper Street Dickson.

Starts: Tuesday 11 February from 10:00 am - 12:00 noon

Ends: Tuesday 1 December

Australian Political Personalities (Group A) (H001.12)

Discussion of contributions of significant personalities to Australian political history.

Costs: \$15 to cover room rent and refreshments

Venue: Hughes CC Rm 3

Starts: Wednesday 29 April from 2:00 pm - 4:00 pm

Ends: Wednesday 18 November

Australian Political Personalities (Group B) (H006.12)

Discussion of contributions of significant personalities to Australian political history.

Costs: \$15 to cover room rent and refreshments

Venue: Hughes CC Rm 3

Starts: Thursday 30 April from 10:00 am - 12:00 noon

Ends: Thursday 19 November

Australian Political Personalities (Group C) (H025.12)

Discussion of contributions of significant personalities to Australian political history.

Costs: \$15 to cover room rent and refreshments

Venue: Hughes CC Rm 3

Starts: Thursday 30 April from 2:00 pm - 4:00 pm

Ends: Thursday 19 November

Australian Sporting History (H145.06)

A wide-ranging series of talks on various aspects of Australian sporting history, including speakers from the Australian Society for Sports History (ACT). Themes include sport and society. Participation encouraged but not required.

Costs: \$20 per term (two terms)

Venue: Baptist Church, Groom St, Hughes

Starts: Wednesday 11 March from 2:00 pm - 4:00 pm

Ends: Wednesday 25 November

Britain in the Sudan (H219.01)

This course takes us from the search for the source of the Nile through the rise of the Mahdi, the imprisonment of Europeans, the death of General Gordon and the revenge of Kitchener at the battle of Omdurman.

Costs: Room rent and photocopying, approx. \$6

Venue: Hughes CC Rm 3

Starts: Tuesday 13 October from 10:00 am - 12:00 noon

Ends: Tuesday 17 November

Churches and Cathedrals of Medieval Germany (H218.01)

Germany is not well known for its medieval churches, yet it has many beautiful and historically interesting churches from all medieval periods. In addition, many of these buildings retain their original painting and sculpture, having never been subjected to iconoclasm. This is very much an introductory 'taster' course. It will look at the development of church art and architecture in the German lands from Early Christian times to the sixteenth century. It will include some parish churches and chapels as well as cathedrals and abbeys, together with the sculpture, painting and stained glass with which they are decorated.

Costs: Room rent and refreshments (est \$5)

Venue: Hughes CC Rm 3

Starts: Wednesday 12 February from 12:30 pm - 4:00 pm

Ends: Wednesday 11 March

Collage of Highlights from Journeys Throughout Europe and Elsewhere (H222.01)

We will visit various locations [large and small] throughout Europe. Consider their history and how they fitted into the wider national structures of the day, as well as reflect on any unique activities associated with the location, including architectures and landscapes. To give you a taste, included in the locations are Budapest, Vienna, Zurich, Munich, Kiel, Cologne, Nuremberg, Dordogne, Loire, Florence, Ravenna, Sienna, Waterloo, Brussels and Prague. Distant from Europe, we will also visit South Africa as it was in 1995. That's for starters.

Costs: \$8 per person room rent

Venue: Hughes CC Hall

Starts: Wednesday 29 July from 10:00 am - 12:00 noon

Ends: Wednesday 19 August

Defenders of the Faith (H138.02)

Charles V, the Defender of the Catholic Faith, carried the burden of repulsing the forces of Islam as they moved towards Vienna but was distracted by the need to control the ambitions of Francis I of France, to keep a wary eye on Henry VIII of England, suppress the heresy of Martin Luther and establish dominance over his Pope. Suleyman the Magnificent, the Defender of Islam, had to keep his army of Janissaries busy to avoid rebellion. His main target was Christian Europe, but he was distracted by the need to defeat the Knights Hospitallers holding Rhodes and to put down the heresy of the Shiites in the east. It was going to be an interesting half century.

Costs: Room rent plus some photocopying \$6

Venue: Hughes Community Centre Room 3

Starts: Tuesday 11 February from 10:00 am - 12:00 noon

Ends: Tuesday 17 March

Echoes of White Australia (H199.01)

The white Australia policy was one of the first laws of the first Federal Parliament. When did it truly end? Belief in the need for a white Australia was the early view of most Australians. Now only extremists openly call for a white Australia. Course reviews where the policy came from, why it weakened, then formally ended. Course covers both obvious and submerged cultural and political remnants of it today. History course.

Costs: Room rent \$2.00 per week tea and coffee by course members

Venue: Hughes CC Rm 2

Starts: Monday 16 March from 12:15 pm - 1:45 pm

Ends: Monday 4 May

First Australians Autobiography Reading Group (H134.06)

Want to learn more about the past and present experiences of Indigenous Australians? Join this group to read Indigenous autobiographies. Members meet monthly to discuss the current book, with some scope for DVDs and visiting speakers.

Costs: Book purchase.

Venue: Australian Institute of Aboriginal and Torres Strait Islander Studies (AIATSIS)

Starts: Monday 2 March from 10:00 am - 12:00 noon

Ends: Monday 7 December

Let's Talk History Seminar Series (H208.02)

We will explore the elements of Big History, review the development of taxation, technology, migration of people, population policy and ageing, women's suffrage, as well as looking at the history of Canada and New Zealand. There will be a discussion of the highlights of Australia's political history. Each topic will be introduced followed by sufficient time for group discussion. Participants will be asked for their views about issues.

Costs: Room rent \$2 per person per week of the course. Some small photocopying costs

Venue: Hughes CC Rm 3

Starts: Monday 16 March from 2:00 pm - 4:00 pm

Ends: Monday 25 May

Napoleon (H084.08)

What was he like? The course discusses the evolution of Napoleon's character from his Corsican origin to his rise to power, his relationship with women, his military genius and dominance, his mistakes and his fall.

Costs: Est \$21 per person to cover room rent, photocopying and refreshments

Venue: Hughes CC Rm 3

Starts: Thursday 6 February from 2:00 pm - 4:00 pm

Ends: Thursday 26 March

One Hundred Years of Air Travel (H225.01)

This course will describe how air travel evolved from adventure for the rich and intrepid in 1920, to cattle class for over 4 billion passengers a year. It will outline some technology and regulations that make air travel so safe and affordable. The course will take as examples the Douglas DC-3 and Boeing 737; each became the most popular airliner of its era and each served for half the history of aviation.

Costs: Room rent and refreshments

Venue: Cook CH Rm 2

Starts: Thursday 7 May from 2:00 pm - 4:00 pm

Ends: Thursday 28 May

Researching the history and heritage of the ACT (H204.02)

This course will provide participants with ideas and strategies for researching the ACT's rich history and heritage. It will discuss possible topics and research products, introduce available archives and other resources, provide basic research skills, examine case studies from local researchers, and provide a forum for sharing ideas about possible research projects.

Costs: Room rent \$2 per person per week of the course

Venue: Cook CH Rm 3

Starts: Tuesday 4 February from 2:00 pm - 4:00 pm

Ends: Tuesday 24 March

Syria: Yesterday, Today and ... (H181.06)

If you don't understand the complexities of the past, you cannot hope to comprehend the realities of the present.

This course examines the development of modern Syria, with particular attention to the domestic and regional issues that set the scene for the current conflict. We then look at the evolution of the conflict, the subsequent proxy war, and prospects for the future. Issues considered will include the roles of external interests, media coverage and propaganda, and the shaping of public perceptions.

The Course consists of five two-hour sessions. No prerequisites for participation.

Costs: \$15 per person

Venue: Hughes CC Rm 3

Starts: Thursday 6 February from 10:00 am - 12:00 noon

Ends: Thursday 5 March

Syria: Yesterday, Today and ... (H181.07)

If you don't understand the complexities of the past, you cannot hope to comprehend the realities of the present. This course examines the development of modern Syria, with particular attention to the domestic and regional issues that set the scene for the current conflict. We then look at the evolution of the conflict, the subsequent proxy war, and prospects for the future. Issues considered will include the roles of external interests, media coverage and propaganda, and the shaping of public perceptions. The Course consists of five two-hour sessions. No prerequisites for participation.

Costs: \$15 per person

Venue: Hughes CC Rm 3

Starts: Wednesday 22 July from 10:00 am - 12:00 noon

Ends: Wednesday 19 August

The Character of the Famous and the Infamous (H045.12)

This course discusses the personal, intellectual and emotional characteristics of the famous and infamous with their effects upon historical events, including Hitler, Churchill, Stalin, Roosevelt, de Gaulle, Menzies, Keating, Mao, Pol Pot, Osama bin Laden.

Costs: est \$21 per person to cover room rent, photocopying and refreshments

Venue: Hughes CC Rm 3

Starts: Thursday 13 August from 2:00 pm - 4:00 pm

Ends: Thursday 1 October

Traveller's Tales – Antarctica (H136.30)

We will visit the furthest south you can go by icebreaker to Macquarie Island, McMurdo Station, Scott and Shackleton Huts, Dry Valleys and Ross Ice Shelf. Then travel down the Peninsula, visiting South Georgia, Falklands, Elephant Island and all points south. We will follow the early explorers and the environmental impact of climate change up to the present day.

Costs: \$8 per person room rent.

Venue: Hughes CC Hall

Starts: Wednesday 1 July from 10:00 am - 12:00 noon

Ends: Wednesday 22 July

Traveller's Tales - Egypt & the River of Life (H136.29)

We will consider the history of the ancient and more recent times up to the current government. We will visit sites close to Cairo, including the Pyramids and Sphinx, before travelling the Nile from Cairo to Abu Simbel and visit the numerous historical locations on the way. We will then visit Alexandria at the mouth of the Nile and home of the oldest library in the world. We then consider the challenges facing the country today.

Costs: \$8 per person room rent.

Venue: Hughes CC Hall

Starts: Wednesday 3 June from 10:00 am - 12:00 noon

Ends: Wednesday 24 June

Traveller's Tales - Iran & Turkmenistan. (H203.02)

We will traverse the breadth of Iran ranging from Tabriz in the west, Mashad in the west, Caspian coast in the north, Shiraz in the south and everywhere in between. Moving to the south-east, we will visit the hottest place on earth - the Lut Desert. We will journey to Turkmenistan and travel from the Amu Darya to the Caspian. We will consider the history and the politics of both countries and consider the challenges they face today.

Costs: \$8 per person room rent

Venue: Hughes CC Hall

Starts: Wednesday 8 April from 10:00 am - 12:00 noon

Ends: Wednesday 29 April

Traveller's Tales - The Caucasus, Armenia, Georgia & Azerbaijan (H184.03)

We will traverse the length and breadth of these three ancient lands that sit within the southern shadow of the Caucasus Mountains. We will consider the history and the social and political issues of the day, including their past and current relations with Russia. We will go into the mountains, revel in the modern and visit the ancient sites that abound throughout the region. If we have time we will venture over the border and visit those Russian states that abut the northern part of the Caucasus Mountains.

Costs: \$8 per person room rent.

Venue: Hughes CC Hall

Starts: Wednesday 11 March from 10:00 am - 12:00 noon

Ends: Wednesday 1 April

Languages (L)

Advanced Italian Conversation and Literature (L026.12)

Free conversation in Italian based on interests and activities of the group, followed by reading and discussing a selected work of Italian literature.

Costs: Room rent.

Venue: Cook CH Rm 1

Starts: Wednesday 5 February from 2:00 pm - 4:00 pm

Ends: Wednesday 25 November

Arabic Continuing (L076.06)

The course has been designed for those students who have studied Arabic previously. It will cover reading, writing and conversation in Modern Standard Arabic. The class will use a number of resources, such as textbooks, Arab guest speakers, CDs and DVDs. The aim of the course is to practice and improve the knowledge that participants already have.

Costs: Room rent \$2 per person per week

Venue: Cook CH Rm 1

Starts: Monday 3 February from 10:00 am - 12:00 noon

Ends: Monday 14 December

Beginning French (L040.13)

This course is for absolute beginners. You need no prior knowledge of any foreign language, but you will need to spend a little time between sessions, revising the new work that we cover each week. The basic text is Hugo's French in 3 Months, which we will aim to complete in about 10 months, along with some songs and a variety of simple texts.

Costs: Photocopying handouts: \$2, three or four times during the year, room rent.

Venue: Hughes CC Rm 2

Starts: Tuesday 21 April from 2:00 pm - 4:00 pm

Ends: Tuesday 8 December

Beginning German (L041.14)

This course is for absolute beginners. You need no prior knowledge of any foreign language, but you will need to spend a little time between sessions, revising the new work that we cover each week. The basic text is Hugo's German in 3 Months, which we will aim to complete in about 10 months, along with songs and a variety of simple texts.

Costs: Photocopying handouts, \$2 three or four times during the year and room rent.

Venue: Hughes CC Rm 2

Starts: Friday 24 April from 2:00 pm - 4:00 pm

Ends: Friday 4 December

Continuing Italian - Fridays (L071.05)

This class focusses on oral language through conversation, dictation and occasional other exercises to clarify grammatical topics. It is conducted predominantly in Italian and a good knowledge of grammar is required.

Costs: Membership of Irish Club Weston (\$7) plus \$5 per term (est)

Venue: Canberra Irish Club, Weston Creek

Starts: Friday 7 February from 1:30 pm - 3:30 pm

Ends: Friday 27 November

Continuing Italian - Conversation (L077.06)

This course focuses on conversation, reading and writing skills and assumes participants have a good knowledge of vocabulary and grammar.

Costs: \$20 per semester for U3A fees and \$5 per semester for refreshments

Venue: Cook CH Rm 1

Starts: Wednesday 5 February from 10:00 am - 12:00 noon

Ends: Wednesday 9 December

Continuing Italian - Mondays (L006.13)

This class focusses on oral language through conversation, dictation and occasional other exercises to clarify grammatical topics. It is conducted predominantly in Italian and a good knowledge of grammar is required.

Costs: Membership of Irish Club Weston (\$7) plus \$5 a term (est)

Venue: Canberra Irish Club, Weston Creek

Starts: Monday 3 February from 11:30 am - 1:30 pm

Ends: Monday 30 November

Continuing Spanish (L123.02)

This course caters for those with some existing knowledge of the Spanish language, to increase language proficiency and confidence in speaking Spanish, through listening exercises speaking and reading stories.

Costs:

Venue: Raiders Club Kippax

Starts: Thursday 6 February from 10:00 am - 12:00 noon

Ends: Thursday 10 December

Conversation Spanish (L122.02)

This conversation class is suitable for students who already have a good knowledge of Spanish. The emphasis of the course is to increase the vocabulary by perfecting the structures of the language within a participative and friendly group work. The students will be required to present topics and participate in live discussions.

Costs: Club membership is required.

Venue: Belconnen Soccer Club, Hawker

Starts: Tuesday 4 February from 2:00 pm - 4:00 pm

Ends: Tuesday 8 December

Elementary French (L084.05)

This is a 2-year course to help participants to communicate in French. There is a bias towards conversation, supplemented by reading and writing skills. 2020 is the second year of the current course and there are no vacancies. Hopefully a new cohort will be open later for 2021-22.

Costs: Room rent plus occasional \$2 for refreshments.

Venue: Flynn Rm 1

Starts: Wednesday 12 February from 1:50 pm - 3:50 pm

Ends: Wednesday 9 December

Elementary French 4 (L111.02)

This course continues on from Elementary French 3, and is for those who are developing their reading, listening and speaking skills. We will read and translate a novel in French. Other topics and discussions to be decided by the group and presented by group members.

Costs: \$24 per term (est) to cover room rent and refreshments.

Venue: Cook CH Rm 1

Starts: Thursday 6 February from 2:00 pm - 4:00 pm

Ends: Thursday 3 December

French (Intermediate) (L118.03)

This course has been developed for intermediate level French learners. The focus will be on communicating in French. Participants are expected to understand and participate in conversations.

Costs: Room rent \$20

Venue: Hughes CC Rm 2

Starts: Monday 17 February from 2:00 pm - 4:00 pm

Ends: Monday 4 May

French : Upper Intermediate to Advanced (L020.12)

A continuing course for those who have a good knowledge of French and wish to develop confidence and ability in all four language skills while extending their knowledge of French life and culture.

Costs: \$50 per semester

Venue: Hughes CC Rm 3

Starts: Tuesday 11 February from 2:00 pm - 4:00 pm

Ends: Tuesday 8 December

French Book Club (L109.02)

In our monthly meetings, we will focus on texts of recognised literary value available free online, or already on our shelves, including novels, short stories and essays. We'll welcome all who wish to improve their French listening and speaking skills through practice in a friendly, informal atmosphere. Day, time, venue and texts will be flexible, based on agreement amongst participants. (For details, please contact the convenor.) The group will cater for a range of levels of French, through mutual support and assistance. Participation on a trial basis will be welcomed at any time.

Costs: None

Venue: Meet in private homes

Starts: Wednesday 5 February from 10:00 am - 12:00 noon

Ends: Wednesday 2 December

French Continuing. (L004.12)

We are self-directed focusing on conversation, study of a novel selected by the group, grammar revision and dictation..

Costs: Membership of Belconnen Soccer Club (approx. \$1 per person per year).

Venue: Belconnen Soccer Club, Hawker

Starts: Tuesday 4 February from 10:00 am - 12:00 noon

Ends: Tuesday 1 December

French Conversation (L025.12)

This course is designed for those with some knowledge of French grammar and vocabulary who wish to improve their conversation skills. We also do some reading in French.

Costs: About \$5 for photocopying and \$4 for refreshments each term. Club membership is required..

Venue: Southern Cross Club Jamison

Starts: Monday 10 February from 10:00 am - 12:00 noon

Ends: To be advised

French Conversation U3A North-South Study Group (L080.05)

This is a self-directed discussion group, convened by a foreign-languages graduate, welcoming all who wish to improve their French listening and speaking skills through practice in a friendly, informal atmosphere. Our goal is to be able to use our French to share personal news and views and to discuss selected items from the French news on SBS TV and the RFI (Radio France International) "Journal en francais facile". Some ability to follow broadcasts with a transcript in French is useful, but we aim to cater to a variety of levels through mutual support and assistance. Participation on a trial basis is welcomed at any time.

Costs: \$2 annual membership of Belconnen Soccer Club

Venue: Belconnen Soccer Club, Hawker (lift to venue available)

Starts: Monday 20 January from 10:00 am - 12:00 noon

Ends: Monday 21 December

French Conversation, Intermediate and Advanced, Yass (L096.04)

General informal French conversation based on French culture and language, using various sources such as the SBS French News, literature, French Government statements, songs, proposed both by the convenor and the participants, touching on grammar, translation and vocabulary, as they arise.

Costs: \$4 weekly for photocopying and refreshments.

Venue: Private home, Yass, NSW

Starts: Wednesday 29 January from 10:10 am - 12:00 noon

Ends: Wednesday 16 December

Improving Your Spanish Through Songs - Songbook 11 (L042.11)

The Songbook No 11 will emphasise popular music selected from different Latin American countries. The objective of this course is to improve pronunciation, enrich vocabulary, understand colloquial expressions, understand Latin American culture, grasp the meanings of the lyrics and have fun. The participant must have basic knowledge of Spanish and participate actively through singing in class as if you were singing in a party or under the shower. Classes will be conducted in Spanish/English.

Costs: Songbook, CD, refreshments and a venue rent (est. \$35)

Venue: Weston Creek Community Centre

Starts: Tuesday 3 March from 10:00 am - 12:00 noon

Ends: Tuesday 5 May

Indonesian 1 - Elementary (L045.26)

This course caters for those with some existing knowledge of the Indonesian language (Bahasa Indonesia) at the elementary level. We welcome those who wish to make progress in their mastery of the language beyond the elementary level and find out more about the language and its culture. Subject to availability, the course will be taught by a native-speaker. The course leader is a native Indonesian speaker.

Costs: \$22 per term for room rent and photocopying / refreshment

Venue: Cook CH Rm 1

Starts: Friday 7 February from 10:00 am - 12:00 noon

Ends: Friday 11 December

Indonesian 2 - Continuing (L045.27)

This course provides for continuing study of the language and cultures of Indonesia beyond the Indonesian 1 - Elementary level. Participants are required to have a reasonable knowledge of Bahasa Indonesia. The course will be taught by a native-speaker. The course leader is a native Indonesian speaker.

Costs: \$22 per term for room rent and photocopying / refreshment

Venue: Cook CH Rm 3

Starts: Friday 7 February from 10:00 am - 12:00 noon

Ends: Friday 11 December

Indonesian 3 - Advanced (L045.28)

This course is aimed at those who are reasonably fluent in Bahasa Indonesia, and who wish to practise their listening, speaking and reading skills - as well as furthering their knowledge of Indonesian society - in a cooperative-learning study-group setting, rather than through a formal course of instruction. Subject to availability a native-speaker will be available as language consultant in class. The course leader is a native Indonesian speaker.

Costs: \$22 per term for room rent and photocopying / refreshment

Venue: Cook CH Rm 2

Starts: Friday 7 February from 10:00 am - 12:00 noon

Ends: Friday 11 December

Intermediate Arabic (L110.02)

The course continues with Arabic grammar, translation, reading and writing. Cultural and political issues are discussed as they arise from set material and news from the Middle East. Participants have completed Wightwick and Gaafar, Mastering Arabic 1. Any new participants must have a comparable competence to join this class.

Costs: Room rent \$2 per week plus photocopying. Supply own refreshments

Venue: Cook CH Rm 2

Starts: Tuesday 4 February from 10:00 am - 12:00 noon

Ends: Tuesday 15 December

Intermediate French (L114.02)

This is a continuing course for people who want to retrieve the French they have previously learned from wherever it lurks in their brains. Not for raw beginners, we practise listening, speaking and reading and revise grammar, using a variety of materials, including from the online News in Slow French. Participants will be expected to do some preparation each week. Members wishing to assess whether this class is at the appropriate level for them might like to check out the intermediate level of News in Slow French.

Costs: Approx. \$65 for the year

Venue: Urambi Village Community Centre, Crozier Cct, Kambah

Starts: Tuesday 25 February from 12:00 pm - 2:00 pm

Ends: Tuesday 24 November

Intermediate French Conversation (L054.10)

An intermediate to advanced group for French conversation.

Costs:

Venue: Private homes

Starts: Monday 3 February from 10:00 am - 12:00 noon

Ends: Monday 14 December

Intermediate German (L014.09)

A course for those who have a reasonably good knowledge of German and wish to develop further their speaking and reading skills.

Costs: \$4 per session

Venue: Hughes CC Library

Starts: Wednesday 15 April from 10:00 am - 12:00 noon

Ends: Tuesday 1 December

Intermediate Spanish (L097.03)

This course is a continuing course from Spanish for Advanced beginners. The emphasis of the course would be to improve comprehension of the spoken language by reading, listening and writing. Texts will be provided to the students by email attachments. The text we use is Hugo's Spanish in 3 months by Isabel Cisneros, 2003 Ed.

Costs: Club membership is required (est \$5 p.a.).

Venue: Belconnen Soccer Club, Hawker

Starts: Thursday 13 February from 2:00 pm - 4:00 pm

Ends: Thursday 26 November

Italian - Intermediate, Continuing. (L094.04)

Intermediate knowledge of Italian, intermediate knowledge of grammar, and an interest in improving both spoken and written Italian is all that is required. The course has a convenor but no class leader, topics/discussions and conduct of the course will be decided by the group.

Costs: \$2.20 per week

Venue: Cook CH Rm 3

Starts: Thursday 6 February from 2:00 pm - 4:00 pm

Ends: Thursday 26 November

Italian for Beginners (L128.01)

This course is for absolute beginners. No prior knowledge of Italian is required. The course will focus on speaking, listening and reading. Some writing may be introduced BUT if one learns to speak and read one will be able to write, as Italian is a very phonetic language. The course is mainly intended for people planning to visit Italy but will be driven by the interests of the group. No text is required.

Costs: \$3 per week for room rent and refreshments

Venue: Cook Meeting Room

Starts: Wednesday 5 February from 10:00 am - 12:00 noon

Ends: Wednesday 29 July

Japanese II (intermediate) (L037.12)

Japanese conversation, writing, reading and culture. Knowledge of Hiragana is essential

Costs: Membership of Southern Cross Club and photocopying costs (\$20 approx.)

Venue: Southern Cross Club, Woden

Starts: Friday 14 February from 2:00 pm - 3:30 pm

Ends: Friday 27 November

Japanese III (advanced) (L105.02)

Japanese conversation, writing, reading and culture. Knowledge of Hiragana is essential

Costs: Membership of Southern Cross Club and photocopying costs (approx. \$20)

Venue: Southern Cross Club, Woden

Starts: Monday 10 February from 2:00 pm - 3:30 pm

Ends: Monday 23 November

Latin Grammar Stage 1 (L126.01)

This is the first year of a three-year beginner's Latin course. Although there are no prerequisites for the first year, participants will find it difficult if they have little understanding of English grammar.

Costs: Approx. \$40 per school term for rental of a suitable room.

Venue: Wesley Music Centre, Forrest

Starts: Thursday 13 February from 2:00 pm - 4:00 pm

Ends: Thursday 10 December

Latin Grammar Stage Two (L117.02)

This is a 2nd year level course in reading Latin. Participants are expected to have some knowledge of Latin grammar and syntax at intermediate level (for clarification please contact course leader above). The course will conclude when the group completes book 3 of the text below. The group will then join a reading group for straightforward translation from various Latin authors.

Costs: Membership of Canberra Southern Cross Club, Woden (\$8 p.a.)

Venue: Southern Cross Club, Woden

Starts: Monday 3 February from 10:00 am - 12:00 noon

Ends: Monday 7 December

Latin Reading A (L091.04)

This course is designed to strengthen fluency in reading more challenging Latin. This will involve expansion of vocabulary and close analysis of difficult grammatical constructions encountered in the readings. To assist knowledge of syntax, the course will also include translation exercises from English to Latin.

Costs: Membership of Southern Cross Club, Woden (\$8 p.a.)

Venue: Southern Cross Club, Woden

Starts: Monday 3 February from 10:00 am - 12:00 noon

Ends: Monday 14 December

Latin Reading B (L116.02)

This course is designed to strengthen fluency in reading Latin. This will involve expansion of vocabulary and close analysis of grammatical constructions encountered in the readings. We will commence reading Two Centuries of Roman Prose (Editors E.C.Kennedy and A.R.Davis) and alternate with Two Centuries of Roman Poetry (same editors).

Costs: Membership of Canberra Southern Cross Club, Woden (\$8 p.a.)

Venue: Southern Cross Club, Woden

Starts: Monday 3 February from 10:00 am - 12:00 noon

Ends: Monday 14 December

Latin Reading C (L067.07)

This group reads Latin texts by classical authors. Participants need to have a knowledge of Latin grammar and a basic vocabulary.

Costs: Southern Cross Club membership \$8 pa.

Venue: Southern Cross Club, Woden

Starts: Monday 3 February from 10:00 am - 12:00 noon

Ends: Monday 14 December

Let's sing in Spanish (L062.08)

This is an informal monthly meeting to sing popular Spanish songs that have been learnt during the U3A course "Improving Your Spanish Through Songs" (March to May). The main objectives are to reinforce the melody and lyrics of the songs we have learnt and to have fun. The only requisite to participate is to be willing to sing in Spanish.

Costs: Printing, refreshment and venue rent costs (est. \$20)

Venue: Weston Creek Community Centre

Starts: Tuesday 2 June from 10:00 am - 12:00 noon

Ends: Tuesday 1 December

Mandarin 3 (L125.01)

Fun course that follows from previous courses. Focus on developing listening skills to pick up key information. Polishing self-introductions. Further information available.

Costs: Membership of Southern Cross Club

Venue: Southern Cross Club Jamison

Starts: Wednesday 5 February from 10:00 am - 11:30 am

Ends: Wednesday 16 December

Marugoto Japanese - (Friday group) (L112.02)

This course provides partially self-guided, basic Japanese conversation and grammar development with an emphasis on learning through listening to spoken Japanese (via audio clips) whilst reading the relevant text books (two per level). Full information at website www.marugoto.org.

This year, the course will commence at Marugoto Level A2-1, lesson 6 and cover level A2 (parts 1 & 2) and continues on from L112.01.

Costs: \$25 per term (including some print-outs, basic morning tea and room rent)

Venue: Flynn Rm 1

Starts: Friday 17 January from 10:00 am - 12:00 noon

Ends: Friday 11 December

Marugoto Japanese – Monday Basic Level Group (L113.02)

This course provides a slower but parallel course in Basic Japanese similar to that offered in the Friday Marugoto Japanese course L112.02. This course will cover Marugoto Levels A1 (from Lesson 12) and onto A2-1 (refer www.Marugoto.org) and continues from L113.01. The objective of this course is for the group to attain sufficient proficiency to merge into the Friday Marugoto class. The group welcomes new members.

Costs: \$25 per term (including some print-outs, basic morning tea and room rent)

Venue: Flynn Rm 1

Starts: Monday 3 February from 10:00 am - 12:00 noon

Ends: Monday 14 December

Reviving and Expanding your German (L015.12)

An advanced course for which knowledge of basic grammar and vocabulary is assumed. We aim to develop our skills in speaking and writing on everyday topics and to extend vocabulary and grammatical understanding by reading German texts and articles. English to German translation is often set as homework.

Costs: \$30 per term.

Venue: Baptist Church, Groom St, Hughes

Starts: Tuesday 4 February from 10:00 am - 12:00 noon

Ends: Tuesday 8 December

Russian Reading and Conversation (L012.12)

The class time is divided equally between conversing in Russian and reading Russian texts. A basic knowledge of the language, including reading Cyrillic script, is required. New members welcome.

Costs: Membership of Canberra Seniors Centre currently \$15 per financial year, plus \$7 per session attended for rent/refreshments.

Venue: Canberra Seniors Centre, Turner

Starts: Friday 14 February from 10:00 am - 12:00 noon

Ends: Friday 4 December

Spanish Classes for Beginners (L127.01)

This course is for absolute beginners. No prior knowledge of any foreign language is necessary, but you will need to do some homework.

Costs: Photocopying

Venue: Belconnen Soccer Club, Hawker

Starts: Wednesday 5 February from 10:00 am - 12:00 noon

Ends: Wednesday 9 December

Spanish Conversation- advanced (L024.11)

This course is for those with a good knowledge of Spanish and is divided between reading and conversation with the aim to develop both those skills in the language. Some work by the students is required.

Costs: NA

Venue: Private home in Aranda - participants to be advised.

Starts: Wednesday 12 February from 2:15 pm - 4:15 pm

Ends: Wednesday 2 December

Spanish Intermediate 2 (L082.06)

This course is for students who have done at least three years classes and are able to communicate well enough but haven't got the fluency of advanced students. It aims to improve reading, writing and comprehension skills. Emphasis will be given to oral and listening skills by encouraging students to prepare different topics to present in class as well as to actively participate in class discussions. Written tasks and reading of some literature (including poetry) and culture texts will be some of the material used in class. Further information available.

Costs: Room rent \$2.00 per week, occasionally cost of buying a chosen text.

Venue: Flynn Rm 1

Starts: Thursday 13 February from 10:00 am - 12:00 noon

Ends: Thursday 10 December

Music (M)

Brindabella Orchestra (M010.12)

We are a friendly inclusive group of amateur musicians who enjoy playing a range of orchestral music. We aim to present three Sunday afternoon concerts a year. We welcome all enquiries and can accommodate more players in most of the instrumental sections, particularly strings and trumpets and French horns. The desired standard is about 5th Grade AMEB or above (depending on the instrument).

Please refer to website www.brindabellaorchestra.net for more information.

Costs: \$100 per year or \$40 per concert term.

Venue: Weston Creek Community Centre

Starts: Saturday 1 February from 9:15 am - 12:00 noon

Ends: Saturday 5 December

Come Play the Hand Drum (M098.03)

Rhythm is the basis of all music and everyone has a natural sense of rhythm. Using techniques of drum circle games and music play-along, participants will learn to play rhythms from around the World. No prior experience is required, and the focus is on having fun.

Costs: Room rent \$2 per person per week

Venue: Hughes CC Rm 3

Starts: Friday 27 March from 10:00 am - 12:00 noon

Ends: Friday 27 November

Con Brio U3A (M040.11)

A choir for women, singing music ranging from light classical through music theatre, jazz, folk and pop, usually in 2-3 part harmony, both accompanied and acapella. We enjoy our singing and are a friendly welcoming lot. No audition but some ability to read music is useful. We perform 3-4 times a year.

Costs: Approx. \$40 per semester to cover room rent and purchase of music

Venue: Yarralumla Uniting Church

Starts: Wednesday 5 February from 12:15 pm - 1:45 pm

Ends: Wednesday 2 December

Conchordia Choir (M012.12)

Conchordia is a friendly, fun-loving women's choir, singing two and three part harmonies, rehearsing weekly during school terms. Choir performances at local aged care / retirement homes from time to time at various venues are optional to a choir member, and these concerts are usually held during the school holidays. Further information available. Ability to read music would be an advantage, but not really necessary.

Costs: \$35.00 per school term (4 terms per year - 10 weeks per term) payable at the beginning of each term, for room rent and purchase of sheet music and photocopies.

Venue: Kippax Uniting Church, Holt.

Starts: Wednesday 5 February from 1:30 pm - 3:00 pm

Ends: Wednesday 9 December

Discovering and Enjoying Classical Music (Term 1) - 50 years of English Music, 1895 - 1945 (Part 1) (M029.12)

Our enjoyment of classical music is enhanced by combining listening and learning. Our subject this term is '50 years of English Music, 1895 - 1945 (Part 1)'. We will look at the revitalisation of English composition from the discovered genius of Edward Elgar through composers such as Vaughan Williams, Walton, Delius and others to Benjamin Britten. No special knowledge is required, and you need only bring your enthusiasm for learning more about classical music.

Costs: \$40 per 8-week term to cover rent and refreshments.

Venue: Wesley Music Centre, 22 National Circuit, Forrest

Starts: Tuesday 18 February from 2:00 pm - 4:00 pm

Ends: Tuesday 7 April

Discovering and Enjoying Classical Music (Term 2) - Johannes Brahms, a great 19th Composer (M029.13)

Our enjoyment of classical music is enhanced by combining listening and learning. This term we will explore the music of Johannes Brahms, one of the 19th C's greatest composers and whose works across a range of genres are a mainstay of the concert hall. His music has been described as uniting lyrical Romanticism with the rigours of the Baroque and Classical forms. No special knowledge is required, and you need only bring your enthusiasm for learning more about classical music.

Costs: \$40 to cover rent and refreshments.

Venue: Wesley Music Centre, 22 National Circuit, Forrest

Starts: Tuesday 5 May from 2:00 pm - 4:00 pm

Ends: Tuesday 23 June

Discovering and Enjoying Classical Music (Term 3) - Gustav Mahler Composer and Conductor (M029.14)

Our enjoyment of classical music is enhanced by combining listening and learning. Our subject this term is 'Gustav Mahler - Composer and Conductor'. Not only was Mahler the greatest symphonic composer of the late 19th and early 20th C but he was the most influential conductor at that time, revolutionizing the presentation of opera and reshaping the concert orchestra. No special knowledge is required, and you need only bring your enthusiasm for learning more about classical music.

Costs: \$30 to cover rent and refreshments.

Venue: Wesley Music Centre, 22 National Circuit, Forrest

Starts: Tuesday 28 July from 2:00 pm - 4:00 pm

Ends: Tuesday 1 September

Discovering and Enjoying Classical Music (Term 4) - 50 years of English Music, 1895 - 1945 (Part 2) (M029.15)

Our enjoyment of classical music is enhanced by combining listening and learning. Our subject this term is '50 years of English Music, 1895 - 1945 (Part 2)'. We will continue our look at the revitalisation of English composition from the discovered genius of Edward Elgar through composers such as Vaughan Williams, Walton, Delius and others to Benjamin Britten. No special knowledge is required, and you need only bring your enthusiasm for learning more about classical music.

Costs: \$40 to cover rent and refreshments.

Venue: Wesley Music Centre, 22 National Circuit, Forrest

Starts: Tuesday 13 October from 2:00 pm - 4:00 pm

Ends: Tuesday 1 December

From Notes to Music - Recorder Ensemble Playing (M101.03)

This course is for experienced recorder players interested in further developing their ensemble playing techniques. Emphasis is given to transforming notes on the page to music - paying attention to phrasing, learning to hear other parts and contributing to the sound of the ensemble as a whole. Players who can play the tenor and/or bass recorder will get preference for enrolment.

Costs: \$40 over 4 terms

Venue: St. David's Church Hall, Red Hill.

Starts: Friday 7 February from 9:45 am - 12:00 noon

Ends: Friday 18 December

Guitar Play Along (M073.09)

The group comprises guitarists at intermediate and advanced beginner level. We play a variety of music from classical, folk, country, and popular songs. The group decides cooperatively on the playlist for coming sessions. We play songs from Hal Leonard (see below) and many songs taught by Justin Sandercoe (justinguitar.com) and other music suggested by group members.

Costs: Room rent (\$2pp/pw) and refreshments (maybe 50c pp/pw)

Venue: Hughes CC Rm 2

Starts: Wednesday 12 February from 1:00 pm - 3:00 pm

Ends: Wednesday 16 December

Harmonia Monday U3A Choral Studies (M013.11)

We are a 4 part (SATB) choral studies group with two leaders, Oliver Raymond and Sheila Thompson, singing a wide variety of secular and sacred music. Some choral experience and the ability to read music are advisable. We meet from February to November with a 5 week break mid-year and present two concerts a year.

Costs: \$35 per semester covers hall hire, all music and morning tea

Venue: Yarralumla Uniting Church

Starts: Monday 3 February from 9:45 am - 12:00 noon

Ends: Monday 30 November

Introduction to Harmonica (M107.04)

An introduction to harmonicas (mouth organs), for complete beginners: focusing on playing simple folk, children's and other tunes; and basic music theory. Regular practise during the course is essential, as is internet access. We will practise (for 3 sessions each) on tremolo, diatonic and chromatic harmonicas, in that order. Participants need only come for one type of harmonica if they wish. Thereafter practise groups are available for those wanting to continue. We meet once a month, on the second Thursday of the month.

Costs: Membership of Vikings Club Erindale required (\$5).

Venue: Vikings Club Erindale

Starts: Thursday 13 February from 1:00 pm - 3:00 pm

Ends: Thursday 12 November

Jazz Appreciation Group (JAG) (M056.10)

Members are encouraged to make presentations on jazz topics, such as jazz musicians including singers, bands, styles, and eras etc. However, this is not mandatory. A program is prepared and circulated for each term. Knowledge of jazz is not necessary. JAG has been operating since 2010.

Costs: Membership of the Raiders Weston Club (\$5) plus \$2 for tea and coffee.

Venue: Raiders Weston Club, Liardet St, Weston, ACT

Starts: Thursday 23 January from 9:50 am - 12:00 noon

Ends: Thursday 17 December

Modern Folk Singalong Group aka The Flynn Troubadours (M106.05)

We meet on the first and third Wednesday of each month for two hours of singing popular folk songs from the 50's, 60's and 70's; some of which are traditional that were modernised. Some of us play guitars, ukuleles and percussion to add to the atmosphere.

Costs: \$16 per person

Venue: Flynn Rooms 3+4

Starts: Wednesday 5 February from 10:00 am - 12:00 noon

Ends: Wednesday 20 May

Modern Folk Singalong Group aka The Flynn Troubadours (M106.06)

We meet on the first and third Wednesday of each month for two hours of singing popular folk songs from the 50's, 60's and 70's; some of which are traditional that were modernised. Some of us play guitars, ukuleles and percussion to add to the atmosphere.

Costs: \$16 per person

Venue: Flynn Rooms 3+4

Starts: Wednesday 5 August from 10:00 am - 12:00 noon

Ends: Wednesday 18 November

Music Appreciation (M021.12)

For those who enjoy listening to music, mainly classical, and would like to discover more about its background. A wide range of music is covered, and members' participation is welcome and encouraged. No previous music education is required, just an interest in listening and enjoyment! The course runs through the year and can be joined at any time. To get a speedy reply send an email to both convenors just in case one of us is away. Further information available.

Costs: Club membership and \$10 to cover costs for the year

Venue: Belconnen Soccer Club, Hawker

Starts: Wednesday 5 February from 1:30 pm - 3:30 pm

Ends: Wednesday 25 November

Music Makers (M054.11)

We are an inclusive and friendly group of singers and instrumentalists who meet fortnightly to play an eclectic repertoire chosen by group consensus — folk, blues, country, gospel, pop, swing etc. We have vacancies for players with reasonable competence in any instrument and the commitment to attend regularly. Some availability for singers. Occasional performances.

Costs: \$4 per meeting for room rent plus refreshment

Venue: Hughes CC Rm 3

Starts: Friday 7 February from 1:30 pm - 4:00 pm

Ends: Friday 18 December

Musical Theatre Appreciation (M005.12)

The class meets weekly to watch a film or other presentation. The presentations are usually Musical Theatre, Operettas, Operas and basically any film with music as its theme. Group discussion will follow each showing. From time to time a guest speaker will be featured from the Canberra musical theatre scene. There will be opportunities to join musical theatre outings during the year in Canberra and Sydney. A weekly newsletter is sent to each member with discussion information of the coming show and to keep members informed about future events. The program for the year is available on request. Attendance can be for the whole year or for individual term(s).

Costs: \$25 per term plus \$15.00 per term for postage if class notes can't be emailed. \$5 pa for Irish Club membership.

Venue: Canberra Irish Club, Weston Creek

Starts: Monday 3 February from 10:15 am - 1:00 pm

Ends: Monday 30 November

Opera Appreciation Home Group (M110.02)

Lovers of opera are invited to join the group to view opera DVDs with English subtitles.

Members, who are able to, take turns to host a meeting in their private home. We break about 11 am for conversation, coffee and cakes. We bring contributions to have lunch together after the opera. Enrol and re-enrol for first term 2020.

Costs: Gold coin donation only for coffee break.

Venue: U3A member's homes with public liability insurance, in rotation

Starts: Wednesday 15 January from 9:45 am - 2:00 pm

Ends: Wednesday 16 December

Piano Circle (M111.01)

Re-invigorate your piano playing by committing to play regularly as a member of this friendly, no pressure group. Learn new repertoire from selections the group leader and members will propose at different levels and from various genres (contemporary, classical, jazz, New Age, pop), including duets and accompaniments. The group will exchange tips on music reading, practice and performance challenges. Fortnightly meetings will include hands-on activities and the opportunity to perform before an encouraging and supportive audience. Suitable for lapsed and current pianists from late elementary upwards.

Costs: \$56 (7 meetings)

Venue: St Alban's Anglican Church 34 Chappell Street, Lyons

Starts: Wednesday 5 February from 1:15 pm - 2:45 pm

Ends: Wednesday 20 May

Popular Music Pt1 (M093.07)

Artists of Our Time; Covers genres of popular, jazz, gospel, rock'n'roll et al. Course is run on a personal level where I recall performances I have attended or rely on moving moments in my life. Participation is encouraged and all that is required is a passion for this form of entertainment. I offer clips from YouTube, DVDs, CDs and refer to bios and discographies as sources.

Costs: \$21 to cover room rent, refreshments and costs borne by the presenter

Venue: Cook CH Rm 3

Starts: Wednesday 4 March from 10:00 am - 12:30 pm

Ends: Wednesday 22 April

Popular Music Pt 2 (M093.08)

Artists of Our Time; Covers genres of popular, jazz, gospel, rock'n'roll et al. Course is run on a personal level where I recall performances I have attended or rely on moving moments in my life. Participation is encouraged and all that is required is a passion for this form of entertainment. I offer clips from YouTube, DVDs, CDs and refer to bios and discographies as sources.

Costs: \$21 to cover room rent, refreshments and costs borne by the presenter

Venue: Cook CH Rm 3

Starts: Wednesday 7 October from 10:00 am - 12:30 pm

Ends: Wednesday 25 November

Recorder Ensemble (Intermediate) (M006.12)

Progressive ensemble playing with careful tuition and guidance in a supportive and friendly atmosphere. Music is selected from the Renaissance, Baroque, folk and contemporary repertoire and is arranged for descant, treble, tenor and bass recorders. Participants are encouraged to stay on in the same club to play in the main Recorder Orchestra (at 2.00 p.m.) as they reach the standard required.

Costs: \$5 per session plus Membership of Woden Seniors Club

Venue: Woden Seniors Club

Starts: Wednesday 5 February from 12:15 pm - 2:00 pm

Ends: Wednesday 9 December

Recorder Ensemble 'Sarabande' (Intermediate) (M092.04)

This happy band of recorder players meets in a private home in a convivial atmosphere. Students receive carefully guided, stress-free tuition, and work on the techniques of ensemble playing while exploring our wide-ranging repertoire. We have a generous break for caffeine ingestion midway through the session so that we can enjoy a friendly chat.

Costs: A small cost for refreshments

Venue: Private home in Mawson

Starts: Tuesday 4 February from 10:00 am - 12:30 pm

Ends: Tuesday 8 December

Recorder Orchestra (M007.12)

Come and join our friendly group of experienced players, who enjoy the wide repertoire of orchestral recorder music. Members enjoy and develop the (rare) specialised skills of full orchestral playing. Players are encouraged to try recorders of different sizes. We have all ten, including the huge sub contra bass. Some instruments are available for loan.

Costs: \$5 per session plus Membership of Woden Seniors Club.

Venue: Woden Seniors Club

Starts: Wednesday 5 February from 2:00 pm - 4:00 pm

Ends: Wednesday 9 December

Recorder Rondo (M087.06)

This is a friendly group for players with intermediate skills. We aim to have fun playing the recorder, improving skills along the way. The music ranges from early compositions to modern pieces and is arranged for soprano, alto, tenor and bass recorders.

Costs: Membership of the Raiders Weston Club (\$2 per year) plus \$2 per class and \$5 per semester for incidentals.

Venue: Raiders Weston Club

Starts: Thursday 6 February from 10:00 am - 12:00 noon

Ends: Thursday 10 December

The seminal years of popular music – 1950 - 1980 (M109.02)

Designed to be interactive, participants will be encouraged to talk to their own "music journey" (e.g. favourite artists/albums/concerts and why) and if interested to run sessions on topics of interest. Resident guest presenters include David Kilby and local musicians (e.g. Hugh Watson). Intent to also do a few "rockwiz" aspects e.g. million-dollar riff etc.

Costs: \$50 per head, includes room rent and refreshments.

Venue: Flynn Rooms 3+4

Starts: Friday 21 February from 2:00 pm - 4:30 pm

Ends: Friday 20 November

U3A Warrani Chorale (M008.11)

Ladies choir, singing all styles of music. A focus is placed on developing vocal and choral skills. 2-3 performances a year. New singers are welcome, with a basic knowledge of music an advantage.

Costs: Hall hire, refreshments and music, approx. \$120 per year

Venue: Yarralumla Uniting Church

Starts: Wednesday 5 February from 9:30 am - 12:00 noon

Ends: Wednesday 25 November

Ukulele for beginners (M090.11)

The course is designed for people who would like to play the ukulele but don't know where to start. This easy paced program will give you all the basics - how to tune the strings, most frequently used chords, strumming techniques and how to play a variety of songs. By the end of the course you should be able to confidently play about 20 chords and dozens of songs.

Costs: \$28 for whole course to cover printed notes and room hire

Venue: Hughes CC Rm 2

Starts: Wednesday 19 February from 10:00 am - 12:00 noon

Ends: Wednesday 1 April

Ukulele for beginners (M090.12)

The course is designed for people who would like to play the ukulele but don't know where to start. This easy paced program will give you all the basics - how to tune the strings, most frequently used chords, strumming techniques and how to play a variety of songs. By the end of the course you should be able to confidently play about 20 chords and dozens of songs.

Costs: \$28 for whole course to cover printed notes and room hire

Venue: Hughes CC Rm 2

Starts: Wednesday 29 April from 10:00 am - 12:00 noon

Ends: Wednesday 3 June

Ukulele for beginners (M090.13)

The course is designed for people who would like to play the ukulele but don't know where to start. This easy paced program will give you all the basics - how to tune the strings, most frequently used chords, strumming techniques and how to play a variety of songs. By the end of the course you should be able to confidently play about 20 chords and dozens of songs.

Costs: \$28 for whole course to cover printed notes and room hire

Venue: Hughes CC Rm 2

Starts: Wednesday 21 October from 10:00 am - 12:00 noon

Ends: Wednesday 25 November

Philosophy and Religion (PR)

Critical Thinking and Moral Arguments (PR033.01)

Critical thinking is the science of argument evaluation. It is a "science" since it requires all the skills practised in that discipline – assessing the credibility of sources and evidence, logical reasoning to a conclusion and the avoidance of fallacies. Moral reasoning on the other hand, often involving invocation of rules of behaviour, can appear to fall into the trap of appeal to authority. This course will pose the question – Can critical thinking answer moral questions?

More Information available

Costs: \$30.00 per person (includes room and refreshments)

Venue: Flynn Rm 1

Starts: Wednesday 29 January from 10:00 am - 12:30 pm

Ends: Wednesday 18 March

Recreational (R)

Argentine Tango Appreciation (R056.06)

Introduction to Argentine Tango, connection with partner and Tango timing with the basic steps.

Costs: Membership of Southern Cross Club and miscellaneous expenses (\$10 estimate).

Venue: Southern Cross Club, Woden, Rainbow Room

Starts: Saturday 15 February from 09:30 am - 11:00 am

Ends: Saturday 28 November

Board games and puzzles (R073.02)

Would you like to join others for a few hours to play board games, or cards, or do jigsaws? A fun opportunity on the second Friday of the month to play old favourites or new challenges. Puzzles and games available include cards, jigsaws, Ticket to ride, Boggle, Reef, Catan, Scrabble, Monopoly, Chinese checkers, but bring along any games you wish to play, share or teach.

Costs: \$22 Room rent and \$5 afternoon tea

Venue: Hughes CC Rm 3

Starts: Friday 14 February from 1:30 pm - 4:00 pm

Ends: Friday 11 December

Developing Cryptic Crossword Skills (R011.10)

An opportunity for those with some knowledge of cryptics to work together in small groups in an informal and relaxed way. No formal tuition is given but assistance in developing skills is provided.

Costs: Room rent \$2 per person per session, plus photocopying costs.

Venue: Hughes CC Rm 3

Starts: Friday 7 February from 10:00 am - 12:00 noon

Ends: Friday 4 December

Drop-in social board games and puzzles in January (R072.02)

Do you have time on your hands in January before courses commence? Would you like to join like-minded people for a few hours to play board games, or cards, or do jigsaws? A drop-in, fun opportunity to play old favourites or new challenges. Puzzles and games available include jigsaws, Scrabble, Monopoly, Chinese checkers, Ticket to ride, Boggle, Reef, Catan but bring along any games you wish to play, share or teach. Sessions will be on Tuesday at 2-4pm, Wednesday 2-4pm and Thursday 10-12 noon. No need to book, just turn up and pay for each session.

Costs: \$2 for room rent and 50 cents for tea/coffee and biscuits each session.

Venue: Hughes CC Rm 3

Starts: Tuesday 14 January from 2:00 pm - 4:00 pm

Ends: Thursday 23 January

Easy to Intermediate International Folkdancing (R006.32)

Dancing is an enjoyable social activity. Research has shown that it is also good for both left and right sides of the brain, likely to improve balance and coordination and to reduce stress, depression and the risk of cardiovascular disease. This continuing course will offer line, circle and a few novelty dances from various countries from around the world. No partners required. There will be new dances and some previously taught. Further information is available.

Costs: Room Rent \$20.00 per term

Venue: Yarralumla Uniting Church

Starts: Tuesday 11 February from 10:00 am - 12:00 noon

Ends: Tuesday 24 November

Hand Crafts for One and All (R046.06)

Participants meet to share ideas and expertise in a wide variety of hand crafts and to complete own individual projects. Handcrafts include embroidery, knitting, crochet, quilting, tapestry etc. All skill levels catered for. Complete those unfinished projects or start a new one in pleasant company.

Costs: \$5 membership of the Irish Club.

Venue: Canberra Irish Club, Weston Creek

Starts: Tuesday 4 February from 11:30 am - 1:00 pm

Ends: Tuesday 8 December

Historical Dance (R071.02)

Learn to dance as they did in centuries past, with expert Tony Turner. No partner or previous experience required. Join a friendly group to discover the serene pied en l'air, the pious basse, the stately pavane, the lively peasant bransle, the French bourrée and dances from the nineteenth century. About \$40-45 per 10-week term to cover hall hire and refreshments – breaks during school holidays.

Costs: Approx. \$40-45 per 10-week term to cover hall hire and refreshments

Venue: Yarralumla Uniting Church Hall

Starts: Friday 7 February from 11:00 am - 1:00 pm

Ends: Friday 11 December

Japan – Independent Touring Survival – Honshu by Rail (R058.07)

This course will provide you with a knowledge of great places to visit on Japan's main island Honshu (ex Tokyo), how to order and behave in hotels, restaurants, onsen and temples and when travelling on trains. At the end of the course, you will be able to order food, manage hotel and rail bookings for your own holiday on Honshu.

Costs: \$20 (includes all copying, printing, room rent and refreshments costs)

Venue: Flynn Room 3

Starts: Tuesday 28 January from 10:00 am - 12:00 noon

Ends: Tuesday 3 March

Learn Lawn Bowls at Yowani (R029.13)

Here is a Course that will help to improve your fitness, expand your friendship base and develop a new skill. Come and learn to play Lawn Bowls at Yowani Country Club. Qualified coaches will teach you the basics in a relaxed and friendly atmosphere. You will need to join Yowani as a Social Member, if you aren't a member already.

Costs: \$40 (inc membership and refreshments) payable on the first day.

Venue: Yowani Country Club, Northbourne Avenue

Starts: Thursday 5 March from 10:00 am - 12:00 noon

Ends: Thursday 26 March

Learn to Play Bridge (R051.07)

Come to Canberra Bridge Club and learn to play bridge. Master the basics of the greatest card game of all in a friendly, relaxed atmosphere. No previous experience required.

Costs: \$45

Venue: Canberra Bridge Club, 6 Duff Pl., Deakin

Starts: Friday 22 May from 10:00 am - 12:30 pm

Ends: Friday 26 June

Learn to Play Golf Croquet (R050.12)

Golf croquet is the fastest-growing version of croquet. It is gentle on your body and easy to learn and play. Qualified club coaches will ensure you are able to play the game with confidence. The fee covers 5 weeks of coaching, afternoon tea, use of equipment and a reduction in the Canberra Croquet Club membership fee if you decide to join.

Costs: \$40 payable in cash at first lesson.

Venue: Canberra Croquet Club, Commonwealth Ave, Yarralumla

Starts: Wednesday 1 April from 1:30 pm - 3:30 pm

Ends: Wednesday 29 April

Love succulents: introduction (R080.01)

Run over 2 weeks, this introductory course will equip you with an understanding on the growing needs of succulents and how to propagate them. Week 1 will be theory based. Week 2 will be a propagation workshop in a private garden in Gungahlin

Costs: \$3.00 per person per week including Room rent

Venue: Flynn Room 2

Starts: Wednesday 26 February from 10:30 am - 12:30 pm

Ends: Wednesday 4 March

Mah Jong (Northside) - Tuesday (R016.11)

Continuing course, with a full complement at present. We are taking names for new players in 2020 who are already experienced players. Please email any course leader listed above who will keep you updated.

Costs: \$20 per 11-week term (4 terms) due 4 Feb, 21 Apr, 7 Jul, 22 Sep which includes venue hire and refreshments

Venue: Bowling Club - Beetaloo Street, Hawker

Starts: Tuesday 4 February from 9:00 am - 12:00 noon

Ends: Tuesday 8 December

Mahjong (Northside) - Thursday (R018.11)

Continuing course for experienced players. Unfortunately, we have limited space and can't take new members.

Costs: \$50 for 11 weeks.

Venue: Rainbow Community Centre, Church of the Holy Covenant, Dexter St, Cook

Starts: Thursday 6 February from 9:30 am - 12:30 pm

Ends: Thursday 10 December

Meditation for Wellbeing 1 (R086.01)

Meditation can calm both the mind and the body, helping you destress and relax. This meditation class involves a short simple yoga practice and a short relaxation as preparation for meditation seated in chairs. No previous experience of yoga or meditation is required. Suitable for everyone. Additional information is available and will be provided in the first class.

Costs: Room rent \$10.00 for the 5 weeks

Venue: Hughes CC Rm 3

Starts: Monday 3 February from 2:00 pm - 2:50 pm

Ends: Monday 2 March

Meditation for Wellbeing (R087.01)

Meditation can calm both the mind and the body, helping you destress and relax. This meditation class involves a short simple yoga practice and a short relaxation as preparation for meditation seated in chairs. No previous experience of yoga or meditation is required. Suitable for everyone. Additional information is available and will be provided in the first class.

Costs: Room rent for the 5 weeks

Venue: Hughes CC Rm 3

Starts: Monday 3 February from 3:10 pm - 4:00 pm

Ends: Monday 2 March

Monday Mahjong Group (R003.12)

A recreational course of mahjong for players using the book "The Mahjong Player's Companion" by Patricia A. Thompson and Betty Maloney as the reference. There are 5 vacancies for experienced players, 3 vacancies for beginners.

Costs: Membership of the Canberra Southern Cross Club.

Venue: Southern Cross Club, Woden

Starts: Monday 3 February from 1:00 pm - 3:30 pm

Ends: Monday 14 December

Restorative Yoga (R062.11)

Restorative yoga is a relaxing style of practice to help improve physical, emotional and mental health, to recover from stress, injury and illness using gentle, slow, restorative, recuperative movements and meditation practices. The stretching is passive which eliminates unnecessary straining. Practicing yoga will improve posture and flexibility, enhance circulation and breathing and increase concentration and energy levels. It is highly beneficial to the nervous system. Classes are adapted to participants needs.

Costs: Room Rent. \$20/ 8 weeks

Venue: Classical Ballet Centre, Cook Community Hub

Starts: Wednesday 5 February from 10:30 am - 12:00 noon

Ends: Wednesday 25 March

Scottish Country Dancing for Beginners (R052.09)

Join us throughout the year for a bit of fun and dancing! This is a course for beginners and not so beginners. Scottish Country Dancing is a very elegant and social dance. You don't need a partner and it is easy to get started even if you have never danced before.

Costs: \$5.00 for room rent and morning tea per week.

Venue: North Canberra Baptist Church, 17 Condamine Street, Turner

Starts: Thursday 6 February from 10:00 am - 12:00 noon

Ends: Thursday 10 December

Social Scrabble (R038.08)

Social Scrabble. No competition. Suitable for all abilities. We meet on Mondays during school terms, except public holidays, giving 39 weeks.

You may choose to pay either \$30 per term, payable at the beginning of term, or \$5 per session. This covers room costs only. No other costs apply. School holiday and public holiday games are organised by negotiation and fees depend on the number of attendees. Parking is free.

Costs: \$30 per person, payable at the beginning of term. This covers room costs only.

Venue: St James Uniting Church, 40 Gillies St, Curtin

Starts: Monday 3 February from 1:30 pm - 4:00 pm

Ends: Thursday 17 December

Solving Sudoku Puzzles (R053.08)

This course will introduce step by step techniques for solving 9X9 Sudoku puzzles using pencil and paper only. It will start at absolute beginner level and work up to solving any Canberra Times Sudoku. Further techniques for solving harder Sudoku puzzles will also be introduced. Full details for each technique will be supplied as handouts. Each week there will be one or more puzzles to solve at home. One will be analysed and discussed the following week.

Costs: \$40 for room rent, photocopying and refreshments.

Venue: Hughes CC Rm 2

Starts: Thursday 13 August from 10:00 am - 12:00 noon

Ends: Thursday 29 October

Tai Chi 101 Monday 10:00 (R081.01)

An ongoing course in Tai Chi, starting with TCA1 and TCA2, developed by Dr Paul Lam with medical and arthritis experts. Any fitness level is fine. Safe activity emphasised in a supportive environment. It will enhance your quality of life, strengthen your body, generate internal energy and improve your overall health. Many people with chronic conditions enjoy and benefit from tai chi. Later work may include 73 Forms and 24 Forms. If there is any room for doubt please consult your medical professional. This is an ongoing course. There are no current vacancies.

Costs: Room rent and refreshments \$3.50

Venue: Flynn Rooms 3+4

Starts: Monday 3 February from 10:00 am - 11:00 am

Ends: Monday 14 December

Tai Chi 101 Monday 11:30 (R082.01)

An ongoing course in Tai Chi, starting with TCA1 and TCA2, developed by Dr Paul Lam with medical and arthritis experts. Any fitness level is fine. Safe activity emphasised in a supportive environment. It will enhance your quality of life, strengthen your body, generate internal energy and improve your overall health. Many people with chronic conditions enjoy and benefit from tai chi. Later work may include 73 Forms and 24 Forms. If there is any room for doubt please consult your medical professional. This is an ongoing course. There are no current vacancies.

Costs: Room rent and refreshments \$3.50

Venue: Flynn Rooms 3+4

Starts: Monday 3 February from 11:30 am - 12:30 pm

Ends: Monday 14 December

Tai Chi 101 Monday 13:15 (R083.01)

An ongoing course in Tai Chi, starting with TCA1 and TCA2, developed by Dr Paul Lam with medical and arthritis experts. Any fitness level is fine. Safe activity emphasised in a supportive environment. It will enhance your quality of life, strengthen your body, generate internal energy and improve your overall health. Many people with chronic conditions enjoy and benefit from tai chi. Later work may include 73 Forms and 24 Forms. If there is any room for doubt please consult your medical professional. This is an ongoing course. There are no current vacancies.

Costs: Room rent and refreshments \$3.50

Venue: Flynn Rooms 3+4

Starts: Monday 3 February from 1:15 pm - 2:15 pm

Ends: Monday 14 December

Tai Chi 101 Monday 14:30 (R084.01)

An ongoing course in Tai Chi, starting with TCA1 and TCA2, developed by Dr Paul Lam with medical and arthritis experts. Any fitness level is fine. Safe activity emphasised in a supportive environment. It will enhance your quality of life, strengthen your body, generate internal energy and improve your overall health. Many people with chronic conditions enjoy and benefit from tai chi. Later work may include 73 Forms and 24 Forms. If there is any room for doubt please consult your medical professional. This is an ongoing course. There are no current vacancies.

Costs: Room rent and refreshments \$3.50

Venue: Flynn Rooms 3+4

Starts: Monday 3 February from 2:30 pm - 3:30 pm

Ends: Monday 14 December

Tai Chi 101 Saturday 10:00 (R085.01)

An ongoing course in Tai Chi, starting with TCA1 and TCA2, developed by Dr Paul Lam with medical and arthritis experts. Any fitness level is fine. Safe activity emphasised in a supportive environment. It will enhance your quality of life, strengthen your body, generate internal energy and improve your overall health. Many people with chronic conditions enjoy and benefit from tai chi. Later work may include 73 Forms and 24 Forms. If there is any room for doubt please consult your medical professional. This is an ongoing course. There are no current vacancies.

Costs: Room rent and refreshments \$3.50

Venue: Flynn Rooms 3+4

Starts: Saturday 1 February from 10:00 am - 11:00 am

Ends: Saturday 12 December

Tai Chi for Health (R028.10)

This is a Tai Chi course for participants with some experience in Tai Chi. The course includes Tai Chi For Arthritis, the 24 Forms and 73 Forms. A good sense of balance is required. Tai Chi is recognised as an effective activity to maintain your physical and mental wellbeing.

Costs: \$50 per 10-week course.

Venue: Classical Ballet Centre, Templeton Street, Cook.

Starts: Thursday 13 February from 9:30 am - 10:30 am

Ends: Thursday 10 December

Tai Chi for Health - Advanced Course (R042.07)

This course is designed for students with Tai Chi experience. The course covers Sun and Yang style Tai Chi and includes Tai Chi for Arthritis, 24 Forms, 73 Forms and 42 Forms.

Costs: \$50 per 10-week course.

Venue: Classical Ballet Centre, Templeton St, Cook

Starts: Friday 14 February from 9:30 am - 10:30 am

Ends: Friday 11 December

Social and Behavioural Sciences (SBS)

Selected Themes in Astrology, Numerology and Hand Analysis (SBS007.10)

The main focus of this 10-week course will be Western Astrology, but relevant aspects of Numerology and Hand Analysis will also be taught. I will present a series of PowerPoint slides and will teach these subjects from historical, metaphysical and scientific perspectives. We will discuss natal charts (including progressions, solar returns) as well as Mundane (Political Astrology) and the charts of selected countries. Course members will benefit from some knowledge of these subjects, but all are welcome.

Costs: Room rent, printing costs \$40.00 Presenter's book (optional purchase) refreshments

Venue: Hughes CC Rm 2

Starts: Thursday 4 June from 10:00 am - 12:00 noon

Ends: Thursday 6 August

Staring at the Sun – Overcoming the Dread of Death (SBS029.01)

Irvin Yalom, emeritus professor of psychiatry at Stanford University, has written about his own fear of dying, and the positive results of attending to it directly, 'I feel more poignancy, more vitality, in my life: death makes me live more in each moment – valuing and appreciating the sheer pleasure of awareness, of being alive.' Yalom also finds comfort in the concept of rippling, 'the belief that one may persist, not in one's individual personhood, but through values and actions that ripple on and on through generations to come...' Each week we will reflect on a chapter of his book and attend to the practical matters of our own dying.

Costs: \$5.00 - \$8.00 per week inc room rent

Venue: Quaker Meeting House, Cnr Condamine & Bent Sts Turner

Starts: Thursday 5 March from 10:00 am - 12:00 noon

Ends: Thursday 23 April

Science, Health & Environment (SHE)

Acting on Our Climate Change Dilemma (SHE102.01)

With the window closing fast for effective action to mitigate climate change in line with the Paris Agreement, the course will examine the global context for our present situation and the political, societal, economic and technological options available to us in mitigation and adaptation. Critical political and societal barriers to progress will be examined as well as how as individuals we can make our own choices and contribute in practical terms. The course will use a combination of internet talks combined with local expertise and practical experience engaging discussion from the participants.

Costs: \$35.00 including room rent

Venue: Hughes CC Rm 3

Starts: Monday 15 June from 1:45 pm - 4:00 pm

Ends: Monday 7 September

Birdwatching 2020 (SHE001.12)

A walk looking at the birdlife of the ACT. Learn to identify the birds we see and hear and about the movements of birds in our region. Needed are sturdy footwear, binoculars and a reasonable level of fitness. Meetings are on the first Wednesday of each month.

Costs: Nil.

Venue: Various public places and Nature Reserves in and around Canberra

Starts: Wednesday 5 February from 9:00 am - 11:00 am

Ends: Wednesday 2 December

Canberra Mental Health Forum (U3A) (SHE064.06)

The Canberra Mental Health Forum is a community-based advocacy and support group open to anyone who has an interest in working towards better mental health services. The group enhanced its members' knowledge and understanding of mental illness and mental health services. Our members meet regularly with decision makers in the mental health arena and actively contribute to current debate about service provision. We are convened by U3A members who are mental health carers or have lived experience of mental health. No previous experience or knowledge.

Costs: Room rent \$2 per person per week of the course plus small contribution to tea/coffee each meeting attended, if taken.

Venue: Cook CH Rm 3

Starts: Tuesday 11 February from 10:00 am - 12:30 pm

Ends: Tuesday 10 November

DNA (SHE061.10)

DNA is always in the news. What is it and how is it important in our lives? We will look at the role DNA plays in reproduction, evolution, medicine, cancer, forensics, epigenetics and genetic engineering. We will see the story of Watson, Crick and the double helix. No prior knowledge is assumed.

Costs: \$15 total for room rent and refreshments.

Venue: Cook CH Rm 2

Starts: Thursday 26 March from 1:45 pm - 4:00 pm

Ends: Thursday 30 April

DNA (SHE061.11)

DNA is always in the news. What is it and how is it important in our lives? We will look at the role DNA plays in reproduction, evolution, medicine, cancer, forensics, epigenetics and genetic engineering. We will see the story of Watson, Crick and the double helix. No prior knowledge is assumed.

Costs: \$15 total for room rent and refreshments.

Venue: Cook CH Rm 2

Starts: Thursday 3 September from 1:45 pm - 4:00 pm

Ends: Thursday 8 October

Getting to Know Astronomy (SHE101.01)

Join Astronomy Communicator Dr. Stephen James, in a tour of the stars, planets and constellations, with an emphasis on being able to find them yourself in the Night Sky. No prior knowledge is assumed.

Costs: Room Rent

Venue: Hughes CC Rm 3

Starts: Tuesday 31 March from 10:00 am - 11:30 am

Ends: Tuesday 15 September

Human Evolution: Skulls & Genes (SHE047.08)

We look at what fossil skulls tell us about our evolution and about our hominin relatives that lived sometime during the period after our ancestors and the chimpanzees went their separate ways. And we review what geneticists have published about other human species and about the scandalous sexual affairs of some of our ancestors. Fairly academic but in plain language and endlessly fascinating. No previous knowledge required. This course was previously called 'Fossil Ancestor Sampler'

Costs: \$35.00 per person including room rent, printed handouts and refreshments

Venue: Flynn Rm 1

Starts: Monday 11 May from 1:30 pm - 3:30 pm

Ends: Monday 27 July

Jan Morgan's Trees of the Arboretum Part 1 (SHE091.02)

The course will cover each forest planted at the Arboretum including, how the trees became 'known to science', distributions, descriptions, uses and whether they grow elsewhere in Canberra. This first part includes native trees and 'fossil trees'. The overall Jan Morgan's Trees of the Arboretum course has 4 parts, which can be taken in any order. Each part is discrete, covering a quarter of the tree species at the Arboretum. There will be a guided walk at the Arboretum and another elsewhere in Canberra to be scheduled to suit as many participants as possible.

Costs: Room rent and morning tea (approx. \$25 total).

Venue: Flynn Room 2

Starts: Monday 20 July from 2:00 pm - 4:00 pm

Ends: Monday 31 August

Jan Morgan's Trees of the Arboretum Part 2 (SHE092.02)

Do you know which Arboretum tree is regarded as the most spectacular of the autumn 'brilliant's'? Or which one Charles Darwin thought 'very ugly'? The overall Jan Morgan's Trees of the Arboretum course will cover each forest planted at the Arboretum including how the trees became 'known to science', distributions, descriptions, uses and whether they grow elsewhere in Canberra. The course has 4 parts, which can be taken in any order. Each part is discrete, covering a quarter of the tree species at the Arboretum. There will be a guided walk at the Arboretum and another elsewhere in Canberra to be scheduled to suit as many participants as possible.

Costs: Room rent and morning tea (approximately \$22 total).

Venue: Flynn Rm 1

Starts: Tuesday 4 February from 2:00 pm - 4:00 pm

Ends: Tuesday 10 March

Jan Morgan's Trees of the Arboretum Part 3 (SHE093.02)

Do you know which tree has a local name that means 'drunken stick'? Or which tree is also known as the 'drunken parrot tree'? The overall Jan Morgan's Trees of the Arboretum course will cover each forest planted at the Arboretum including how the trees became 'known to science', distributions, descriptions, uses and whether they grow elsewhere in Canberra. The course has 4 parts, which can be taken in any order. Each part is discrete, covering a quarter of the tree species at the Arboretum. There will be a guided walk at the Arboretum and another elsewhere in Canberra to be scheduled to suit as many participants as possible.

Costs: Room rent and morning tea (approximately \$22 total).

Venue: Flynn Room 3

Starts: Wednesday 29 April from 2:00 pm - 4:00 pm

Ends: Wednesday 3 June

Jan Morgan's Trees of the Arboretum Part 4 (SHE094.02)

Part 4 will explore a further 24 trees of the Arboretum including, why they were selected, what makes them of particular interest, how the trees became 'known to science', distributions, descriptions, uses and whether they grow elsewhere in Canberra. The overall Jan Morgan's Trees of the Arboretum course has 4 parts, which can be taken in any order. Each part is discrete, covering a quarter of the tree species at the Arboretum. There will be a guided walk at the Arboretum, which will take place in Week 7, and another elsewhere in Canberra to be scheduled to suit as many participants as possible.

Costs: Room rent and morning tea (approximately \$22 total).

Venue: Flynn Room 2

Starts: Thursday 13 August from 10:00 am - 12:00 noon

Ends: Thursday 24 September

Melanesia, Micronesia & Polynesia: our Pacific Neighbours (SHE050.08)

Pacific island countries are culturally and linguistically diverse, with over 2,000 ethnic groups, 1,400 languages and a 50,000-year history. They are confronted with rapid changes in technology, environment and society. In this ongoing course invited specialists and course participants give presentations on a broad range of topics, but particularly issues of current concern to the region. In some sessions, the group views DVDs or discusses books, papers and media articles. Sessions may be held at other Canberra-based institutions.

Costs: \$ 2-5 pp (estimate) per week ie. 15 wks = \$27- \$70, depending on numbers.

Venue: Baptist Church, Groom St, Hughes

Starts: Friday 17 April from 10:00 am - 12:00 noon

Ends: Friday 24 July

Mindfulness (SHE103.01)

Mindfulness thru meditation improves self-awareness. Knowing who we are by spending time to ourselves through silence, reflection or contemplations is self-nurturing. It is also a tool to draw our inner peace and powers already within us so we could live and enjoy every present moment of our daily life.

Costs: Room rent \$20.00 per term

Venue: Hughes CC Rm 3

Starts: Wednesday 5 February from 10:00 am - 11:00 am

Ends: Tuesday 8 December

The Microbe Hunters (SHE082.04)

How microbes as a cause of disease were first identified and what was done about it.

Interruptions for questions mandatory.

Costs: Room rent plus photocopying \$13.00

Venue: Cook CH Rm 1

Starts: Wednesday 5 August from 10:00 am - 12:00 noon

Ends: Wednesday 2 September

Join U3A to enrol