



NEWS

**Newsletter of
Canberra's University
of the Third Age**

www.u3acanberra.org.au

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groups/u3a.act/](https://www.facebook.com/groups/u3a.act/)

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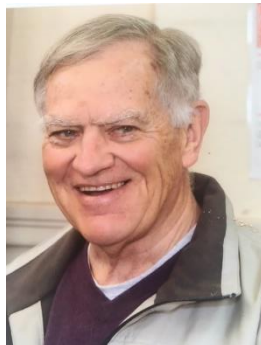
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From the President



Hughes Office battles rain and heat

In January and February we have seen 164 U3A classes start successfully, thanks to the work of our course leaders, office volunteers and Courses Sub-Committee volunteers. A special thank you goes to the volunteers at Hughes Office, led by Office Manager Rae Lorenz, who in recent weeks have had to cope with extreme heat in the week from 15 January, which led to the office volunteers having to move to air-conditioned accommodation in the COTA offices. It has taken several decades, but air-conditioning has now been installed at Hughes Office, and this should make conditions more bearable in future heat waves. The summer heat was followed in characteristic Australian style by the flooding of the Hughes Office as the result of torrential rain on 23 January, which has meant that the carpet will need to be replaced.

Duty of Care

Thanks to all those involved in organising the Work Health and Safety briefings at all U3A classes run at Cook, Hughes and Flynn for the first time as classes resumed after the break. In most cases the briefings were delivered by course leaders referring to a prepared script. As a further safety measure, U3A members are advised to write the name and contact details of an emergency contact person on the reverse side of your membership card to assist in case of a health emergency during a class.

Pressure on eBulletin and Data Team Volunteers

So far the 2018-2019 course processing 'season' in the period from November 2018 to January 2019 has been more onerous for Courses Sub-Committee volunteers and eBulletin volunteers than ever before. The shift from a single hard-copy Course Prospectus to continually changing Course Listings throughout the year has brought increased flexibility in courses being offered to members but has also imposed a heavy workload, for example, on members of the Data Team and eBulletin staff. In some cases volunteers have been placed under pressure by course leaders to have courses already listed on the website also advertised in the eBulletin. All of us need to remember that the Friday eBulletin Courses edition is intended to provide a succinct and timely notification of changes to courses already published on the online (and hard copy) Course Listings. The bottom line, of course, is that all U3A volunteers need to be treated with respect and courtesy at all times.

Physical Activity Courses

A welcome Canberra U3A development has been an increase in the number of courses like Tai Chi and Yoga that involve physical activity. These courses have proved very popular. The General Committee at its February Meeting endorsed the requirement that any instructor of such physical activity courses must be appropriately qualified and have their own professional indemnity insurance.

**Bob Nield
President**

From the Editor

Dear Readers

Recently I have been driving to parts of Canberra that I have not visited much before, and have been enjoying some of the beautiful views that offer themselves. The view of the Brindabellas, with layered curves of purple and blue, as one drives south on the Tuggeranong Parkway from Hindmarsh Drive, lifts my heart, and can improve a bad day. Another special view of the mountains comes as one drives south on Coulter Drive, heading from Belconnen to Coppins Crossing Road, and in winter it is wonderful to see snow on the peaks from time to time, when the sky is crisp and cold and the line of the mountains stands out sharply.

It gives me joy to see the vast spread of the Molonglo Valley westwards as I travel along William Hovell Drive heading to Flynn, with the big Australian sky above. To drive along Parkes Way in autumn, when the leaves on the poplars that line the curves of the lake are all golden against the amazing blue sky, makes me give thanks for the vision that inspired the construction of Lake Burley Griffin and for the gardeners who planted trees around the infant city.

What are your favourite views around Canberra? Look around, be mindful, and revel in the beauty that is everywhere.

Chris Wilson
Edition Editor

Newsletter Timetable for 2019

Please observe the deadline for each edition - it makes our job much easier.

Newsletter Edition	Deadline for copy	Newsletter placed on U3A Website	Newsletter mailed (approx.)
Mar/Apr 2019	15 February 2019	1 March 2019	4 March 2019
May/Jun 2019	12 April 2019	26 April 2019	29 April 2019
Jul/Aug 2019	14 June 2019	28 June 2019	1 July 2019
Sep/Oct 2019	16 August 2019	30 August 2019	2 September 2019
Nov/Dec 2019	11 October 2019	25 October 2019	28 October 2019

Please note: The closing date for course proposals and/or changes is four to five days before the above deadlines, as information needs to be processed by the Courses Sub-committee before being ready for the newsletter.

David Wilson
editor@u3acanberra.org.au

U3A Offices: Addresses and Phone Numbers

The U3A ACT Office (ph. 6281 6998) is in the Hughes Community Centre at 2 Wisdom Street, Hughes, ACT 2605, and is usually open Monday to Friday from 9.30 to 4.30. All general enquiries should be directed to this Office.

Our Cook facility (ph. 6251 8005) is in the Cook Community Hub at 41 Templeton Street, Cook, and has the same opening hours.

Our Flynn Teaching Rooms (Course activities only; NO public or member enquiry services) are at Flynn Community Hub at 21 Bingle St, Flynn, ACT 2615. **Please note:** Access to U3A at the Flynn Community Hub is from Hedland Circuit. For more information on holding a course at Flynn please contact the course coordinator for Flynn at flynn@u3acanberra.org.au.

Our mail address is now:

U3A ACT Inc.
Hughes Community Centre
2 Wisdom Street
Hughes ACT 2605

U3A ACT Inc. Members Calendar 2019

UCAN = University of Canberra

JANUARY		FEBRUARY		MARCH	
				1 Fri	Newsletter published
				11 Mon	Canberra Day Offices closed
				13 Tue	Committee meeting
APRIL		MAY		JUNE	
9 Mon	Committee meeting	6 Mon	Committee meeting	3 Mon	Committee meeting
19-22 Fri-Mon	Easter Offices closed	20 Mon	Registration for UCAN Winter term open	3 Mon	UCAN Winter term starts
12 Fri	Newsletter copy deadline	27 Mon	Reconciliation Day Offices closed	10 Mon	Queen's Birthday Offices closed
		14 Tue	Lunchtime Forums commence	14 Fri	Newsletter copy deadline
25 Thur	Anzac Day Offices closed			28 Fri	Newsletter published
26 Fri	Newsletter published				
JULY		AUGUST		SEPTEMBER	
		5 Mon	UCAN Semester 2 starts		
8 Mon	Committee meeting	12 Mon	Committee meeting	9 Mon	Committee meeting
22 Mon	Registration for UCAN Semester 2 open	16 Fri	Newsletter copy deadline		
	Call for nominations for annual U3A awards	30 Fri	Newsletter published		
OCTOBER		NOVEMBER		DECEMBER	
1 Tue	Membership renewals for 2020 open	5 Tue	Volunteers' Afternoon Tea 2-4 pm Hughes Hall	9 Mon	Committee meeting
7 Mon	Labour Day Offices closed	11 Mon	Committee meeting	13 Fri	Offices close for Christmas-New Year break
11 Fri	Newsletter copy deadline	?? Tue	Lunchtime Forums end		
14 Mon	Committee meeting	5 Tue	Nominations for new committee close		
25 Fri	Newsletter published	20 Wed	2 pm AGM COTA Hall Hughes All members encouraged to attend		

Members should check online courses listing for specific enrolment dates for any courses in which they are interested.

Updated February 2019

U3A Canberra News

Tuesday Forums 2019

Members of the Organising Committee for the joint U3A/COTA Tuesday Forums met at Hughes on 13 February to plan the 2019 program. The Committee, comprising representatives from both U3A and COTA, were keen to build on the success of the 2018 Program which saw a significant increase in attendees on Tuesdays with those presentations of a current affairs nature drawing the largest crowds.

It was agreed that the program of speakers would commence on 14 May, with the final address to be in November 2019 (date to be confirmed). As was the case last year, we are looking at an eclectic range of speakers on a diverse range of topics with, for example, speakers to be sought on such subjects in the international arena as Russia, Brexit, Security in the Asia-Pacific, India, and the Indonesian elections. As always, popular subjects such as climate change and political developments will also be covered. Many of the Committee are now contacting speakers, with a view to having the agenda for the May/June Forums available by mid-March. As you can imagine, it takes quite an effort to confirm speakers.

We are also considering holding a few forums for slightly longer than an hour, to allow for more discussion or debate on particular topics with a range of speakers (it is envisaged that the Forum will conclude by 1.45).

The first presentation will be by one of our most popular speakers in 2018—Chris Carter. Last year he spoke about the Mungo man, and his talk this year will be on “Burial Rites: Mortuary Practices of the Prehistoric Cultures of Coastal Northern Chile”. The Chinchorro Mummies are over 3,000 years older than the oldest Egyptian mummies.

With the Federal election likely to be held in mid- to late May, we will also be looking for a commentator in early June who can discuss the election result and what it means.

The Organising Committee appreciates the assistance that was provided on Tuesdays last year by members helping to pack up the hall and we hope such assistance will continue in 2019.

If you have any questions, please contact Alex Gosman on: alexander.gosman@bigpond.com or 0414258745.

*Alex Gosman
Chair, Tuesday Organising Committee*

Scams warning

Like many Australians, U3A members are being subjected to an increasing number of illegal attempts to defraud them. These attempts may arrive over the phone, via email or in social media messages (such as Facebook). Some local businesses have posted warnings about scams, and U3A members are urged to remain alert and to warn their friends.

The information below summarises the dangers posed but members are strongly urged to visit <http://www.scamwatch.gov.au> for more valuable information about scams. Members can also subscribe to [Scamwatch radar alerts](#) to get up-to-date warnings about the latest scams.



Lunchtime Forums committee in action

Phishing scams

Phishing scams are attempts by scammers to trick you into giving out personal information such as your bank account numbers, passwords and credit card numbers.

A scammer may contact you, pretending to be from a legitimate business such as a bank, telephone or internet service provider. Phishing messages are designed to look or sound genuine, and often copy the format used by the organisation the scammer is pretending to represent, including their logo. They will take you to a fake website that looks real, but has a slightly different address.

The scammer may ask you to provide or confirm your personal details. For example, the scammer may say that the bank or organisation is verifying customer records due to a technical error that wiped out customer data.

Alternatively, the scammer may alert you to “unauthorised or suspicious activity on your account”. The scammer will ask you to confirm your credit card or bank details so the “bank” can investigate. In some cases the scammer may already have your credit card number and ask you to confirm your identity by quoting the 3 or 4 digit security code printed on the card.

If you provide the scammer with your details online or over the phone, they will use them to carry out fraudulent activities, such as using your credit cards and stealing your money.

Malware

Malware tricks you into installing software that allows scammers to access your files (such as bank records) and track what you are doing on the computer.

Malware scammers send emails and social media messages at random with links purporting to be to something interesting—news, an event or some free downloads. If you click on the link, you may be taken to a fake website that looks like the real deal, complete with logos and branding. This may install malicious software automatically or fool you into loading fake software which may allow scammers to access your files, make unauthorised purchases on your credit card, or use your identity to open accounts such as banking, telephone or energy services.

Ransomware

Ransomware is a type of malware that blocks or limits access to your computer or files, and demands a ransom be paid to the scammer for them to be unlocked.

Infected computers often display messages to convince you into paying the ransom. Scammers may pretend to be from the police and claim you have committed an illegal activity and must pay a fine, or they may simply demand payment for a “key” to unlock your computer.

If you pay the ransom, there is no guarantee your computer will be unlocked.

Demands regarding unpaid tax bills

Some members are getting calls from scammers pretending to be from the tax office or the police, and threatening them with arrest over unpaid tax debts.

In many of these cases, payment is demanded in Apple iTunes cards. **It should be obvious that the Tax Office or other legitimate organisations would not expect payment via iTunes cards**, but many people have been fooled.

What to do?

To protect yourself:

1. Update your operating system regularly (Mac OS or Windows, iOS or Android) to ensure that the latest security updates are on your computer or phone;
2. Make sure you keep a regular backup of your important files so that, if necessary, your computer or phone can be reset;
3. Only click-on or follow electronic links from known sources;
4. Hang up on suspicious phone calls;
5. Install anti-virus and anti-malware software (and keep it updated).

Be careful out there!

David Wilson

CON BRIO

The ladies of Con Brio have returned (with a few welcome new faces) in fine singing fettle. 2019 is a rather special year as the choir celebrates its 10th anniversary. We have trawled through the extensive repertoire and started to brush off some of our favourites. Oh, the memories! These, plus more recent pieces, are being prepared for a special concert to be held on **22nd May**. We are looking forward to it and hope many of you will be able to attend what promises to be a fun occasion. More details closer to the day. Watch this space ...!

A busy semester continues with a visit late in March to Carey Gardens, Red Hill. Another visit in June is to entertain and bring cheer to participants in the Holistic Care Nursing Ministries at Holy Covenant Anglican Church, Jamison—somewhere different, but very worthwhile.

Jennifer Price

BRINDABELLA ORCHESTRA

Brindabella Orchestra had a very successful year in 2018, and they are currently preparing a new program of music to be presented at their first concert for 2019 on Sunday, 5th May at 2pm at the Weston Community Hub Neighbourhood Hall, Corner Hilder and Gritten Streets, Weston.

The orchestra will present a program of popular dances and marches, and also well-known compositions by Gershwin, Grieg and Schubert. More details of music to be performed will be given closer to the concert date when the program has been finalised.

The photo shows Brindabella Orchestra at one of their rehearsals, with Alpha Gregory who will be the conductor for the coming concert.



Cheryl Peffer

ALCHEMY CHORUS

Alchemy Chorus meets every Thursday in school terms from 10.00 to 12.00 at the Council on the Ageing (COTA) hall at Hughes Community Centre, 2 Wisdom St, Hughes. The charge is \$5 per person. Please note that all those with dementia are required to have a carer with them at all times.

‘We joined the Alchemy Chorus in October 2016 . . . It has been a most wonderful and enjoyable experience . . . We are blessed with a marvellous group of volunteers who make it all happen while we enjoy a morning of singing and social contact. It is the day of the week that Margaret and I most look forward to. We give thanks for another blessing—the wonderful gifts of our conductor, musicians and volunteers who make it all happen so well!’

- Margaret and Ian Heywood

‘Alchemy Chorus is so much more than a choir—although that is a most pleasurable and important part of it. It is fellowship through song. For my husband, with dementia, it brings pleasure, a sense of belonging and purpose and it is something special to look forward to each week. For me, as carer, it is a supportive environment, with friends who face the same challenges and make no judgment. For both of us it is fun and an activity we enjoy sharing.’

- Kerrie Gray

Is this for you?

Alchemy Chorus

**A Cheery Conductor
A Flexible Accompanist
10 - 12 Enthusiastic Singers**

All you need are the leaders listed above to start a dementia-friendly choir in your area. Our website is below - we would be delighted to help you get started.

The rewards are immeasurable.

<https://alchemychorus.com>

PosterMyWall.com

Running a Course at University of the Third Age

Having had a past life that included running many seminars, in 2017 I attended a session by Tony Patis on running U3A courses. I was somewhat surprised by his comment that they were always looking for more courses on current affairs, because of the demand by members. My old acquaintance and former Hawke/Keating Minister John Kerin was also in attendance at the session.

We got talking and one thing lead to another. We thought that we could manage a monthly course in 2018, looking backwards at the “Great Policy Reforms of the Past 40 Years” and we thought that maybe some U3A members would be interested in attending.

Subsequently we roped in a former Industry Department colleague, Ian McAuley, who has a policy background and who has spent years trying to get the “left” to engage with, and understand, economics.

We agreed to run one area of policy per session and to have guest speakers drawn from both the political sphere and the policy field. Some 35 participants signed up for the course in 2018, which was encouraging

During 2018 we covered policy subjects such as the reforms of, respectively, the Hawke/Keating and Howard Governments; industry and research; immigration; the introduction of HECs; Climate Change; and telecommunications reform. External speakers included senior advisors from the ALP and LNP, Bruce Chapman (ANU), Abul Rivzi (formerly of the Immigration department), Tony Shaw and Mike Hutchinson (Communications Department), and others.

John, with his wealth of policy background, would usually also provide an overarching commentary on the field of policy under study whilst Ian would provide an analytical overview of key trends and results. My responsibilities were tea and coffee provision and money collection!!!

Having had a very positive response from participants, we are again running the course in 2019, with a wealth of policy topics yet to be examined. We are now up to nearly 60 signed-up participants. With John’s great contact list, we have been successful in locking in Gareth Evans and John Hewson to speak on policy in May and we are lining up some other great speakers.

For those thinking of running a course, DO IT. All three of us enjoy the opportunity to make contact with old and new colleagues, to explore areas of interest and to bemoan current parliamentary behaviours. We have a great bunch of members attending the course and they are not shy about quizzing and challenging our guest speakers.

Some other observations:

- Try to pick a topic that is of interest but differentiated from other courses – we look backwards.
- Run the course with a few interested mates to share the load.
- Pre-plan and organise.
- Don’t be afraid to approach possible speakers – U3A is a great “brand” name and our universities are a great repository of talent.
- Rest assured attendees will be encouraging and positive.
- Collect fees once a course, not every week.

John, Ian and I have really found running the course a doodle and that our various skills complement each other. It has been stimulating and much fun.

Alex Gosman



John Kerin with Bruce Chapman (far right) and U3A members at discussion on creation of HECs

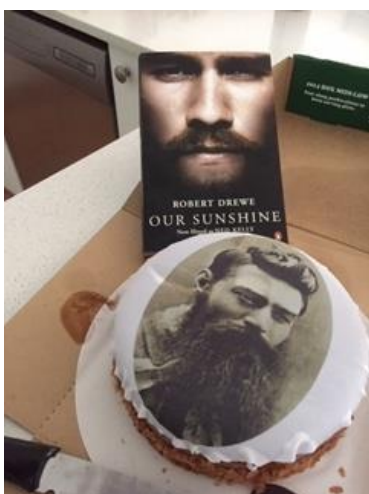


John, Ian and Alex



U3A Course "Jan Morgan's Trees of the Arboretum"

Walk on 18 February 2019 conducted by Robin Cayzer. (Photo: Don Limn)



Weston Creek Book Club

The Weston Creek book club discussed *Our Sunshine* by Robert Drewe at its regular meeting. A great lyrical book on Ned Kelly and the club had a Ned Kelly cake to celebrate. (Photos: Alex Gosman)



Naomi and Judy cut the cake

Lunchtime Melodies 2019 Program

Ginninderra Rotary Club, in collaboration with Belconnen Raiders Club, has presented regular Lunchtime Melody concerts on the second Wednesday of each month since July 2014. Concerts feature local artists and groups, including community choirs, local schools and colleges, and local musicians. Gold coin donations are used by Rotary to offset costs of performances or to support local institutions. Purchase of vests for the Kingsford Smith School choirs has been provided by Lunchtime Melodies and other Rotary funds. Raiders Belconnen provide the venue and facilities free of charge for this community event. For more information contact Rotary at barryehowe@gmail.com or phone 0412 783 038 or Raiders Belconnen on 6254 1044.

13th March	"Folk Music from Around the World" - Capital Folk
10th April	"Popular songs and sing-along" - Sing Australia (Belconnen)
8th May	"Songs and dances from musicals" - Misako Piper & Friends + KSS Choirs.
12th June	"Talented musicians and singers" - St Francis Xavier College Musicians
10th July	"Sing along with 'Old Blue Eyes'" - Tony Haley - in the Mood
14th August	"A popular and talented choir performance" - Warrani Chorale
11th September	"A feast of talent and enthusiasm" - Hawker College Musicians and KSS Choirs
9th October	"Two of our favourite performers" - Annie Sloane & Tony Haley
13th November	"Enthusiasm and joy to share" - Tuggeranong Ukulele Group and KS School Choirs

U3A Films of the Past

7 March - 18 April 2019

Thursdays 1:45pm

Rainbow Room downstairs, Southern Cross Club Woden

A term fee of \$25 applies

7th March	Where the Sidewalk Ends. 1950 95 mins Dir. Otto Preminger. Starring Dana Andrews, Gene Tierney: A moody crime melodrama, a good illustration of film noir.
14th March	Don's Party. 1976 90 mins. Dir. Bruce Beresford. Starring Ray Barrett, John Hargraves: Set on election night 1969. At time of writing, this may or may not be timely for the expected Federal election.
21st March	Some Like It Hot. 1959 119 mins. Dir. Billy Wilder. Starring Marilyn Monroe, Jack Lemmon, Tony Curtis: Mixture of slapstick and screwball with Oscar winning clothing by Orry-Kelly.
28th March	Strange Cargo. 1940 113 mins. Dir. Frank Borzage. Starring Clark Gable, Joan Crawford: Allegorical and strange drama about escaped convicts. At the time it created controversy amongst conservative religious groups.
4th April	Top Hat. 1935 99 mins Dir. Mark Sandrich. Starring Fred Astaire and Ginger Rogers: A "knock-out" of a musical with Astaire and Rogers at their best
11th April	The Maltese Falcon. 1941 100 mins Dir. John Huston. Starring Humphrey Bogart, Mary Astor: Detective drama, Bogey as Dashiell Hammett's Sam Spade and Huston's directorial debut.
18th April	Jedda. 1955 87 mins Dir. Charles Chauvel. Starring Ngarla Kunoth, Robert Tudawali: An influential film in the development of Australian cinema. Jedda is an Aboriginal child raised by a white woman but who wants to learn about her own culture.

Contacts: Megan Curlewis 0417468563 and John Taylor 0415 191754

All prints courtesy of the National Film and Sound Archive.

Premises courtesy of the Southern Cross Club.

Art Teacher Needed

Dear Editor

Are you able to run the following advertisement in the next bulletin?

“We are a U3A art group that has merged to form a self-directed workshop of about 16 people. We have completed nearly two years of tuition with Alyson Robinson.

We are putting the call out for this term from anyone who can deliver an art class (or classes) which is 3hours each Tuesday in their preferred medium and style.

Please email or call Glenda Gray on 0411225043 if you are willing and able to give us some of your time and expertise.”

U3A Walks & Tours Program

DISCLAIMER

Most activities involve some element of risk. Bushwalking, in particular, is an inherently dangerous activity and requires an appropriate level of fitness. Whilst both U3A ACT Inc and the National Trust (ACT) maintain public liability insurance and will endeavour to protect your safety, they cannot remove all the dangers. Both organisations must also assume that participants, by booking, consider themselves to have appropriate levels of fitness and mobility. Those undertaking activities should therefore be aware that they participate at their own risk.

THE FOLLOWING ACTIVITIES ARE PART OF U3A's OWN WALKS & TOURS PROGRAM

Comprehensive leaflets, covering all relevant activity details, are mailed or emailed to anyone expressing interest. Please direct your enquiry in the first instance to the U3A ACT Tours Officer, Garth Setchell, on tours@u3acanberra.org.au (or ph. 6290-1100 if you don't have email).

Friday 29 March to Sunday 31 March 2019 – Millthorpe and Carcoar

If you don't already have a place, this coach tour, in conjunction with the National Trust, is unfortunately fully booked. Wait list only.

Monday 22 April to Saturday 27 April 2019 – Anzac Aurora Rail Tour

It is possible that a few places may still be available to join the U3A contingent on this special train tour to Broken Hill, which is being arranged by St James Rail of Sydney. U3A participants will be transported from their homes to Yass Junction to join the train, which continues via Cootamundra to a first night stop in Parkes. Three nights follow

in Broken Hill, from where there will be two sunset tours (to the Menindee Lakes and Mundi Mundi Plains), plus visits to the Line of Lode Museum, the Pro Hart Gallery, the Silverton Pub, the Desert Sculpture Park and Broken Hill's Anzac Day ceremony. Friday night will be spent in Parkes, after a visit to the Radio Telescope, before Saturday's return to Sydney over the Blue Mountains. Unless U3A passengers wish to remain in Sydney, they will return to Canberra on Saturday night by Murrays coach or special minibus.



Southern Aurora

The all-inclusive cost of \$3380pp dbl/tw or \$3860pp sgl (payable to St James Rail) includes luxury travel in first class heritage carriages and two licensed "Southern Aurora" lounge/bar cars, plus overnight accommodation in 3.5 to 4 star motels with en suites. A small extra sum (possibly around \$100pp) will be payable to U3A ACT to cover your forward and return connections.



Broken Hill

Thursday 2 May 2019 – Red Hill to Isaacs

Enjoy the autumn spectacle on this 6km morning walk, to be led by Garth Setchell, along the ridgetop from Red Hill to Isaacs. Meeting at Isaacs at 9.00am, a car shuttle will be required to get to the start of the walk in Red Hill. The \$7pp charge, payable on the day, includes some refreshments to celebrate your achievement. Prior booking essential. Wet weather alternate: Thursday, 9 May.



Wednesday 25 September 2019 – West Side Story

Only a few places remain on this one-day coach tour to a matinee performance of Opera Australia's production of Leonard Bernstein's 'West Side Story' at the Sydney Opera House. The coach will pick up from Deakin (7.15am), Civic and Ainslie, returning between 9.00 and 9.30pm. The tour price of \$265pp for Premium-Reserve seats and \$185pp for A-Reserve seats also includes morning tea, return coach travel and dinner at Mittagong on the way home. Places can be reserved on payment of a \$50pp deposit, with the relevant balance payable by Friday, 2 August.



Friday 18 October and Saturday 19 October 2019 – The Marriage of Figaro

Likewise, only a few places remain on this two-day coach tour to Sydney, focused upon the opening night of Opera Australia's performance of Mozart's classic comedy 'The Marriage of Figaro' plus a Saturday matinee concert by the Sydney Symphony Orchestra, conducted by Donald Runnicles, of Messiaen's "The Forgotten Offerings" and

Bruckner's Symphony No 7. On the way down on Friday, we will be following the old Hume Highway where it still exists (Berrima, Mittagong, Picton, Camden, Liverpool and Ashfield) on a journey down memory lane. Overnight accommodation has been booked at the North Sydney Harbourview Hotel. The Saturday morning will include a guided tour of historic Goat Island. The tour prices for double/twin accommodation are \$685pp or \$625pp (for A or B-Res opera/concert seats respectively). For single accommodation they are \$785pp or \$725pp (for A or B-Res opera/concert seats respectively). Those prices also include Friday refreshments and lunch, plus Saturday dinner on the way home. Places can be reserved on payment of a \$100pp deposit, with the relevant balance payable by Friday, 30 August.



NEED FOR WALKS AND TOURS LEADERS

Anyone interested in organising and running walks or tours for U3A ACT is urged to contact Garth Setchell, who, at 82 years of age, can't continue to guarantee his assured availability forever! Help is available if you lack experience but would like to try your hand.

Garth Setchell

tours@u3acanberra.org.au

Key Contacts Within U3A

OUR COMMITTEE			
Role	Name	Email	Phone
President	Bob Nield	president@u3acanberra.org.au	0430 487 539
Vice President	Louise Morauta	vicepresident1@u3acanberra.org.au	6281 3758
Vice President	Tony Patis	vicepresident2@u3acanberra.org.au	6247 3338
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Ordinary member	Julia Rymer	ucanberra@u3acanberra.org.au	
Ordinary ex officio member	Alison Wyse	chaircsc@u3acanberra.org.au	0418 435 085
Ordinary member	Dorothy Zenz	membership@u3acanberra.org.au	
OUR SERVICES FOR MEMBERS			
Service	Name	Email	Phone
General and Course enquiries: Cook	Office volunteer		6251 8005
General and Course enquiries: Hughes	Office volunteer		6281 6998
eBulletin	eBulletin Team	ebulletin@u3acanberra.org.au	
Facebook	Julie Polson	facebook@u3acanberra.org.au	
Newsletter	Newsletter Team	editor@u3acanberra.org.au	
Membership enquiries	Dorothy Zenz	membership@u3acanberra.org.au	
Suggestions for U3A		suggestions@u3acanberra.org.au	
Tours	Garth Setchell	tours@u3acanberra.org.au	6290 1100
Tuesday Forums	Alex Gosman	forums@u3acanberra.org.au	0414 258 745
University of Canberra enquiries	Julia Rymer	ucanberra@u3acanberra.org.au	
New volunteers	Julie Polson	volunteerliaison@u3acanberra.org.au	
OUR SERVICES FOR COURSE LEADERS			
Service	Name	Email	Phone
Chair Courses Sub-Committee	Alison Wyse	chaircsc@u3acanberra.org.au	0418 435 085
Proposals for new courses		courses@u3acanberra.org.au	
Changes to or cancellations of courses		coursesdata@u3acanberra.org.au	
Room bookings enquires for Cook, Hughes or Flynn		roombookings@u3acanberra.org.au	
Requests to book equipment		equipmentbookings@u3acanberra.org.au	
Requests for help or assistance		courseleaderassistance@u3acanberra.org.au	
IT and AV problems at Cook	John May	helpdeskcook@u3acanberra.org.au	0419 293 910
IT and AV problems at Hughes	Brian Kensey	helpdeskughes@u3acanberra.org.au	0414 878 167
Problems with buildings or furniture	Pierre Patron	facilities@u3acanberra.org.au	0452 602 009
Flynn coordinator	Lindsay Rae	flynncoordinator@u3acanberra.org.au	0474 435 500

Note: A full listing of contacts for all our volunteer coordinators and managers and key volunteers is available for downloading and printing on the members' pages of our website at the Contacts Tab.