



## **2018 non-member's Prospectus**

## HOW TO USE THIS PROSPECTUS

This online prospectus is available to members of the public, and to U3A members who have not logged in. It contains general information about courses, but to get full information (such as class days and times, and locations) you will need to login (if you are a U3A member) or join U3A by clicking on the Join tab at the top of every page on our website at <https://www.u3acanberra.org.au>

You can search for courses of interest to you in this electronic prospectus by pressing and holding down the CTRL key (Command on a Mac) while pressing F then releasing both keys. A search box will appear into which you can type words that would help to identify the course(s) you are looking for – for example Frenzy, or Arboretum.

The information in this electronic prospectus will normally be updated weekly on Sundays, so if this prospectus does not have any courses in areas you are interested in, look again later.

We have grouped our courses into the following 11 subject groups, each of which has a short alphabetic prefix as follows:

AF	Arts and Film
CS	Computers and Digital Technology
CUA	Current Affairs
ELL	English Language and Literature
H	History
L	Languages
M	Music
PR	Philosophy and Religion
R	Recreational
SBS	Social and Behavioural Sciences
SHE	Science, Health and Environment

In this prospectus, courses are listed **Alphabetically by Title within their subject group**. For example:

*AF029.11 Drawing Workshop 3* precedes  
*AF014.09 Films of the Past* which precedes  
*AF007.08 Yass - Art Course* which is before  
*CS006.10 Computing Chat group*

All the AF courses appear in alphabetical order – **D** comes before **F** comes before **Y**

And the **CS** courses come after the **AF** ones

The next couple of pages list the names of all the courses which are on offer. Following that there are the full details of each of those courses.

## Titles of Courses contained in this prospectus

AF070.01	Amateur Photography
AF075.01	Beginners Drawing
AF034.06	Come to Life – A Life Drawing Sketch Group
AF029.12	Drawing Workshop 4
AF029.13	Drawing Workshop 5
AF071.01	Films About Families
AF014.09	Films of the Past
AF068.02	Monday Films
AF039.06	Open Studio 2018
AF069.02	Photography for Beginners
AF073.01	Photography for Travellers
AF045.05	Satellite Arties of Kippax
AF074.01	Sculptors at the National Gallery
AF043.08	U3A Camera Club
AF007.08	Yass - Art Group
CS006.10	“Nongees”: Computing Chat Group in Plain English
CS027.05	Android Chat Group
CS029.06	Beginners Computer Chat Group
CS036.02	Chat Group - Having Fun with your iPad and Mac
CS037.01	iPad Tips and Tricks #1
CS037.02	iPad Tips and Tricks #2
CUA032.03	Basic Introduction to the Stock Market
CUA019.10	Contemporary Issues Book Group
CUA009.10	Current Affairs, Belconnen
CUA002.10	Current Affairs, Hughes
CUA003.08	Current Affairs, Jerrabomberra: Talk, Listen and a Cuppa
CUA001.10	Current Affairs, Southside
CUA004.10	Current Affairs, Woden/Weston Creek
CUA015.09	Discussing "Dissent"
CUA045.05	Managing your superannuation investments
CUA045.04	Managing your superannuation investments
CUA035.06	North Canberra Contemporary Issues Book Group
CUA048.02	Politics, Power and Passion 2.0
CUA050.02	Technical Analysis of Company Performance
CUA052.01	The great policy reforms in Australia of the past 40 years – their results.
CUA011.08	The World of Issues, Ideas and Opinion, Group 2
CUA041.04	Understanding your Superannuation
CUA041.05	Understanding your Superannuation
ELL016.10	Adventures with Books, Plays and Poetry
ELL032.07	Ainslie Book Group
ELL085.04	Belconnen Poetry Appreciation Group
ELL014.10	Booktalk
ELL090.03	Chaucer and Mediaeval Poetry Reading Group
ELL078.05	Crime Fiction - Discussion Group
ELL073.07	Discovery Book Club
ELL003.10	Enjoying Literature

ELL024.10	Just Writing
ELL029.10	Northside Book Group No 1
ELL033.10	Northside Book Group No 3
ELL020.10	Play Reading
ELL058.08	Play Reading for Pleasure (Cook)
ELL074.06	Quivering Quills Writers
ELL011.10	Reading Shakespeare
ELL005.10	Reading Shakespeare for Pleasure
ELL097.02	SciFi/Fantasy Books Discussion Group
ELL035.08	Southside Monday Book Group
ELL096.03	The trials of gentlewomen. A view of Austen's heroines.
ELL021.10	Tuesday Book Lovers
ELL081.05	Turner Books
ELL099.01	What's So Good About Shakespeare?
ELL009.11	With Love From the Grands
ELL006.10	Write Word
H149.03	A History of Aboriginal Australia before the Europeans
H009.07	Ancient Egypt: Gift of the Nile
H008.06	Ancient Greece: from earliest times to Roman times.
H010.10	Australian History 'A' Group
H034.10	Australian History Group -Yass
H002.10	Australian History Highlights
H095.05	Australian Newspapers
H001.10	Australian Political Personalities (Group A)
H006.10	Australian Political Personalities (Group B)
H025.10	Australian Political Personalities (Group C)
H096.06	Australian Railways
H145.04	Australian Sporting History
H167.03	Contact on the Frontier: stories from the meeting and experiences of Europeans and Aboriginal people on the Australian frontiers
H154.04	Family History 1910-1921
H134.04	First Australians Autobiography Reading Group
H188.01	Headlong into Disaster
H169.02	Historical Murder Mysteries
H148.03	Imperial Lives
H163.02	Invasion
H032.02	Loyalties in Conflict
H117.10	Medieval Cathedrals of England Plus One
H084.06	Napoleon
H187.01	Nevil Shute - His Aircraft and His Books
H155.03	Politics of the Excluded in Stuart England
H127.04	Republican Lives
H186.01	Revolutionary France
H189.01	Some Historical Lives from 1500 BC to 1900
H182.01	The Alexiad
H045.10	The Character of the Famous and the Infamous
H136.21	Traveller's Tales – Antarctica
H136.18	Traveller's Tales - Central Asia & The Great Game
H136.20	Traveller's Tales - Cycling Journeys Across England & Down the Danube.
H185.01	Traveller's Tales - Iran, Land of the Persians

H136.19	Traveller's Tales - Syria, Jordan & Beirut
H184.01	Traveller's Tales - The Caucasus, Armenia, Gerogia & Azerbaijan
H136.22	Traveller's Tales - The Northern Islands of Great Britain
H183.01	Traveller's Tales - Turkey
H087.08	Unusual Borders of the World
L003.10	Advanced French
L067.05	Advanced Latin Reading
L076.04	Arabic Continuing
L079.03	Arabic in 50 Words
L040.11	Beginning French
L041.12	Beginning German
L006.10	Continuing Italian
L006.11	Continuing Italian
L077.04	Continuing Italian - Conversation*
L004.10	French Continuing.
L096.02	French Conversation, Yass
L042.09	Improving Your Spanish Through Songs - Songbook 9.
L045.21	Indonesian - Advanced
L045.20	Indonesian - Beginners
L045.22	Indonesian - Continuing
L014.07	Intermediate German
L018.10	Intermediate Italian - Continuing*
L082.03	Intermediate Spanish
L020.10	Intermediate to Advanced Level French
L094.02	Italian - Intermediate, Continuing.
L033.10	Japanese I
L037.10	Japanese II
L069.05	Latin Stage 3
L101.01	Latin Stage 4 Classical
L091.02	Latin Stage 5
L064.06	Latin Stage One
L064.07	Latin Stage One
L062.06	Let's sing in Spanish
L090.03	NHK© "Easy-Japanese" (basic Japanese conversation) - Continuing.
L102.01	NHK© "Easy-Japanese" (NEW "Catch-up" Short Course)
L100.01	Reading Ancient Greek.
L015.10	Reviving and Expanding your German
L012.10	Russian Reading and Conversation
L024.10	Spanish Conversation- advanced
L081.02	Spanish for Advanced Beginners
L028.12	Spanish for Beginners
L080.03	U3A North-South French Study Group
M100.01	Andante Recorder Ensemble
M081.06	BACH BEETHOVEN BRAHMS
M097.01	Beginner Recorder
M010.10	Brindabella Orchestra
M007.10	Canberra Recorder Orchestra (U3A)
M086.05	Classical Music Since 1900
M040.09	Con Brio U3A

M012.10	Conchordia Choir
M029.10	Discovering and Enjoying Classical Music.
M101.01	From Notes to Music - Recorder Ensemble Playing
M073.07	Guitar Play Along
M013.09	Harmonia Monday U3A Choral Studies.
M006.10	Intermediate Recorder Orchestra
M056.08	Jazz Appreciation Group (JAG)
M021.10	Music Appreciation
M054.09	Music Makers
M005.10	Musical Theatre Appreciation
M093.03	Popular Music P1; Artists of the C20
M093.04	Popular Music Pt 2; Artists of the C20
M098.01	Rhythm and Percussion for Fun and Relaxation
M063.06	Rubato (Advanced Recorder Ensemble)
M092.02	Sarabande Recorder Ensemble
M090.05	Ukulele for beginners
PR028.01	The evidence for Spiritual Reality
R056.04	Argentine Tango Appreciation
R011.08	Developing Cryptic Crossword Skills
R006.27	Easy to Intermediate International Folkdancing
R035.07	Getting to Know your Botanic Gardens
R046.05	Hand Crafts for One and All
R067.01	Introduction to lawn bowls
R058.04	Japan - Independent Touring Survival
R058.05	Japan - Independent Touring Survival 2 (Repeat course)
R029.11	Learn Lawn Bowls at Yowani
R051.05	Learn to Play Bridge
R050.09	Learn to Play Golf Croquet
R050.08	Learn to Play Golf Croquet
R016.09	Mah Jong (Northside) - Tuesday
R018.09	Mahjong (Northside) - Thursday
R026.05	Model Railways - Construction and Operation
R003.10	Monday Mahjong Group
R062.03	Restorative Yoga
R052.07	Scottish Country Dancing for Beginners
R038.06	Social Scrabble
R053.06	Solving Sudoku Puzzles
R028.08	Tai Chi for Health
R042.05	Tai Chi for Health - Advanced
R045.05	Trees of the National Arboretum Part 1
R055.04	Trees of the National Arboretum Part 2
R057.03	Trees of the National Arboretum Part 3
R061.02	Trees of the National Arboretum Part 4
SBS004.08	Introduction to Numerology, Astrology and Hand Analysis
SHE001.10	Birdwatching
SHE060.04	Canberra Landscapes - their origins and evolution
SHE064.04	Canberra Mental Health Forum (U3A)

SHE055.04	Climate Conversations
SHE086.01	Consciousness? Multiple Realities?
SHE061.06	DNA
SHE061.07	DNA (Repeat)
SHE085.01	Fallacies of Deniers
SHE047.06	Fossil Ancestor Sampler
SHE017.06	Geological and Historical Climate Change
SHE010.09	How Doctors Sometimes Got It Wrong
SHE067.03	Infectious Diseases
SHE081.02	Life and the Universe
SHE054.05	The Atom Simplified
SHE082.02	The Microbe Hunters
SHE084.01	Why is it So?
SHE070.03	Your Body - how it works Part 1
SHE070.04	Your Body - how it works Part 2

Join USA to enrol

**Amateur Photography****AF070.01**

The APG will provide an opportunity for U3A members who have an active interest in photography as a hobby to get together and share enthusiasm, experience and resources. While priority will be given to members who have completed 2017 and 2018 Photography for Beginners courses, other U3A members are welcome. All must be prepared to show their photographs for constructive criticism

**Beginners Drawing****AF075.01**

Absolute beginners drawing, for those who have long desired to take up drawing but have lacked the opportunity. Gentle and carefully guided instruction will take place in a small group with a maximum of individual help.

**Come to Life – A Life Drawing Sketch Group****AF034.06**

An untutored two hour life drawing sketch group in which artists with some drawing experience come together weekly during school terms to share the costs of a model and draw in pencil, pastel or charcoal. The venue is not suitable for inks, paints or watercolours because of potential damage to carpets.

**Drawing Workshop 4****AF029.12**

This workshop is suitable for participants who have completed “Rock Bottom How to Draw” or who have some experience in drawing. A variety of new materials and techniques will be introduced through the year, while tackling a variety of subject matter and approaches.

**Drawing Workshop 5****AF029.13**

This workshop is suitable for participants who have completed “Rock Bottom How to Draw” or who have some experience in drawing. A variety of new materials and techniques will be introduced through the year, while tackling a variety of subject matter and approaches.

**Films About Families****AF071.01**

Families can wield great power and seemingly have everything, or they can have nothing and battle to simply survive; they can be gentle and loving, or they can tear themselves apart. The course compares films about families (markedly different from those FOR families), ranging from the gentle French ‘My Father’s Glory’, whimsical German ‘Goodbye Lenin’ and the dramatic ‘Festen’ from Denmark, and ‘Elena’ from Russia, to Australia’s ‘Beautiful Kate’ and ‘The Eye of the Storm’.

**Films of the Past****AF014.09**

To introduce, view and discuss a variety of films from around the world. Introduce film directors and film stars. Further information available.

**Monday Films****AF068.02**

Meet monthly to view a film to be followed by coffee and discussion at a nearby café. Check your email or phone the number provided on the previous Thursday to get the film title, time and location. Pay at the cinema. Usually under \$10 a ticket for Seniors. This is for those who would enjoy seeing current films recently released. The discussion afterwards will not have a formal structure - it is intended to be an informal exchange of views. Choice of the film will be limited by the offerings available on the designated day and times. Attendance would be encouraged as members like, however, to manage booking arrangements at a nearby cafe the coordinator would need to have an indication of numbers by 2pm on the day prior



**Open Studio 2018** **AF039.06**

Open Studio is a non-judgemental creative space. Members unwind in a friendly relaxed environment and work on their own projects. At present, members' work is based in, but not limited to, the visual arts, textiles, crafts, poetry and prose. There is no Tutor or regular instruction but members are happy to discuss their work. There is a group generated theme or two each term for those with 'artistic' block. Further information available.

**Photography for Beginners** **AF069.02**

Do you enjoy taking photographs? This course aims to teach basic techniques and aesthetics of fine art photography. Topics include hardware and software, basic procedures and principles of composition. Ideally you will be familiar with your camera settings and reasonably computer literate.

**Photography for Travellers** **AF073.01**

"Photography has nothing to do with cameras." - Lucas Gentry. A 10 week course for travellers who take photos and photographers who like to travel. The course will concentrate on improving skills in seeing photo opportunities. Topics covered will include overviews of visualisation and composition, suitable equipment, post processing and techniques for sharing photos. An understanding of the fundamentals of photography is included to better equip the traveller to 'nail the image'.

**Satellite Arties of Kippax** **AF045.05**

This is a continuing friendly, self-help group who paint and draw and share their ideas without the benefit of a teacher. Newcomers are most welcome

**Sculptors at the National Gallery** **AF074.01**

This is an interactive course at the Gallery. There will be lots of walking and few chances to sit owing to the layout of the gallery.

**U3A Camera Club** **AF043.08**

The "U3A Camera Club" is a course teaching photography as a fine art which uses methods common to camera clubs, including workshops covering technique and aesthetics, and occasional field trips. Importantly, participation in presenting your work for constructive criticism is essential. Further information from [u3acanberracameraclub@gmail.com](mailto:u3acanberracameraclub@gmail.com)

**Yass - Art Group** **AF007.08**

Participants work at their own level in the medium of their own choice.

**"Nongeeks": Computing Chat Group in Plain English** **CS006.10**

Open to everyone seeking friendly information about whatever you are using to access online resources. Come as you are; ask any questions you like. Beginners welcome. Within the group we aim to assist with all forms of technology being used to access online information and resources. The group works as a network with help from experienced people from both U3A and the PC Users Group.

**Android Chat Group** **CS027.05**

A monthly chat group where we can air our discoveries, problems and questions about Android tablets and phones. Beginners welcome. Our aim is to share the growing knowledge and enable everyone to find and use those tools which will make the most of their own phone/tablet. Further information is available.

**Beginners Computer Chat Group** **CS029.06**

This friendly self-help group is for U3A and PCUG members who want to learn their way around their PC, iPad or other devices. Participants can bring along their questions and problems to be assisted by the group. The format is an open discussion group with beginners and more experienced members all willingly contributing.

**Chat Group - Having Fun with your iPad and Mac** **CS036.02**

The group will focus on getting the best from your Macs, iPads and iPhones. The focus will be at the beginner level, solving problems and sharing ideas eg emailing, using Internet safely, processing photos and finding useful apps. Each meeting will commence with a major topic selected by members, followed by a general Q and A session. There may be the opportunity for limited individual assistance. Members will be encouraged to share their experiences and participate in discussions.

**iPad Tips and Tricks #1** **CS037.01**

This course follows on from my "Introduction to the Apple iPad" courses. It provides a series of sessions dedicated to demonstrating key tips and tricks in using an Apple iPad running iOS11.

**iPad Tips and Tricks #2** **CS037.02**

This course follows on from my "Introduction to the Apple iPad" courses. It provides a series of sessions dedicated to demonstrating key tips and tricks in using an Apple iPad running iOS11.

**Basic Introduction to the Stock Market** **CUA032.03**

This course will introduce attendees to the stock market and give a basic outline of how people consider it operates.

**Contemporary Issues Book Group** **CUA019.10**

Members meet monthly to discuss a significant non-fiction book, journal edition or essay on a topical issue. Members collectively choose the books and topics, which range over social, cultural, political and economic issues. The reading list is planned several months ahead. Members must be prepared to take turns in briefly summarising each book and then leading discussion of it.. Further information available.

**Current Affairs, Belconnen** **CUA009.10**

Interesting guest speakers every week, covering international, national and local topics. Participation in discussion is encouraged.

**Current Affairs, Hughes** **CUA002.10**

A participative discussion group embracing political, economic and social issues. Also includes guest speakers, presentations volunteered by group members, and possibly occasional group visits to local sites where the opportunity presents.

**Current Affairs, Jerrabomberra: Talk, Listen and a Cuppa** **CUA003.08**

A discussion group for members to meet and exchange knowledge of current affairs and subjects of general interest. Each meeting is coordinated by a volunteer chairperson. Usually meetings begin with a discussion on a particular subject that has been researched and prepared by a member. After morning tea/coffee the discussion covers current topics which have caught the attention of the chairperson or another member of the group.

**Current Affairs, Southside** **CUA001.10**  
A two-hour discussion on current issues. First hour is a presentation/Q&A with either an invited guest or a member. The second hour is a discussion of issues by members.

**Current Affairs, Woden/Weston Creek** **CUA004.10**  
A participative discussion group covering current political, and social issues at local, national and international levels. Guest speakers occasionally address the group, as well as presentations from within by group members. Membership of group is governed by venue size.

**Discussing "Dissent"** **CUA015.09**  
Discussion of social, economic, political and cultural issues at both international and national levels. Weekly discussion is normally facilitated by a group member on a voluntary basis. Subjects are based on journal articles, other publications and other informed commentary. The course consists of three 10 week terms per year.

**Managing your superannuation investments** **CUA045.05**  
This course follows on from the Understanding your Superannuation course. It is focussed on deeper understandings of how each of your superannuation investments work in your portfolio to provide your returns. The knowledge and experiences of class members and visiting experts will enrich our understanding and empower our discussions with our financial advisers. Further information is available.

**Managing your superannuation investments** **CUA045.04**  
This course follows on from the Understanding your Superannuation course. It is focussed on deeper understandings of how each of your superannuation investments work in your portfolio to provide your returns. The knowledge and experiences of class members and visiting experts will enrich our understanding and empower our discussions with our financial advisers. Further information is available.

**North Canberra Contemporary Issues Book Group** **CUA035.06**  
Members meet monthly to discuss a significant non-fiction book, journal edition or essay on a topical issue. Members collectively choose the books and topics, which range over social, cultural, political and economic issues. The reading list is planned several months ahead. Members take turns in summarising each book and leading discussion.

**Politics, Power and Passion 2.0** **CUA048.02**  
Elements of national and international politics, current affairs and economics will be discussed in six sessions. . 1. Media issues, 2. International politics, 3. Australian Constitutional issues (Republic, section 44 etc), 4. Political parties in the 21 Century, 5 Economics and politics, 6. Ideologies and political issues. This is a follow up course from 2017. Format will be a 1 hour lecture with the next hour open discussion. Further information available.

**Technical Analysis of Company Performance** **CUA050.02**  
Required: Basic Understanding of the stockmarket and a desire to do your own investing an stock selection. This course is aimed at the numerical analysis of company performance It is expected that each student will have read the book and prepare a short summary of one or two chapters; from no 6 to the end of the book. Any notes prepared by students in pdf will be emailed.

**The great policy reforms in Australia of the past 40 years – their results.** **CUA052.01**

Each month the group will discuss a significant policy reform over the past 40 years in Australia. Discussions will cover the background to the reform, its “journey” and results. Policy examples include telecommunications, industry, industrial relations, economic policy, trade, climate change, energy, retirement savings etc. Discussants will include those with relevant experience – policy advisors, journalists etc, U3A members. Ex Hawke/Keating Minister the Hon John Kerin will provide a perspective on the political decision making process. Member input/involvement most welcomed.

**The World of Issues, Ideas and Opinion, Group 2** **CUA011.08**

Each week a class member chairs our informal discussion based on 4-5 articles chosen by the Chair from the previous Friday’s Financial Review, especially from the Review Section. Topics cover a wide range in politics, government, arts and culture.

**Understanding your Superannuation** **CUA041.04**

Superannuation is your second biggest lifetime investment, after your home. Like looking after your home, you need to look after your money in super. This course explains the system; what you should expect from the industry; how to understand and talk to your financial advisers about making your money last. No prior knowledge required. Extra information available.

**Understanding your Superannuation** **CUA041.05**

Superannuation is your second biggest lifetime investment, after your home. Like looking after your home, you need to look after your money in super. This course explains the system; what you should expect from the industry; how to understand and talk to your financial advisers about making your money last. No prior knowledge required. Extra information available.

**Adventures with Books, Plays and Poetry** **ELL016.10**

Do you like to read, write, listen, discuss and learn? Every week is different in our small group of enthusiastic members, as we delve into all types of World Literature.

**Ainslie Book Group** **ELL032.07**

We read one title per month and have a group discussion. Ten books in total.

**Belconnen Poetry Appreciation Group** **ELL085.04**

We read, study and delight in poetry by poets both ancient and modern. We select the verse for study by theme or by poet or by any other means decided by the group. The chosen poems are pre-circulated by email by the group members and then brought to the meetings for discussions. There is opportunity for members to present and discuss their own work.

**Booktalk** **ELL014.10**

Do you enjoy reading and discussing books? Each year, course members compile a reading list of books and, each month, we discuss one of those books in an informal session usually led by the member who first recommended it.

**Chaucer and Mediaeval Poetry Reading Group** **ELL090.03**

Continuing reading and discussion of the works of Chaucer and other mediaeval literature. Previous experience reading Middle English desirable. NB. Course is accessed by a short staircase of 10 stairs.

**Crime Fiction - Discussion Group** **ELL078.05**

Crime Fiction is explored by having sessions on topics, authors and/or sub-genres with a reading guide. Discussions each month are led by a member and participants talk about the book they have read for the course. The discussion is lively with a variety of views. Social issues are often raised. Further information can be sent to enquirers.

**Discovery Book Club** **ELL073.07**

This book club is to introduce you to books and authors you have never read in genres that are new to you. No deep discussions just why you liked the book or why you didn't.

**Enjoying Literature** **ELL003.10**

Our weekly group enjoys discussing various forms of the written word: from recent Australian writing to Man Booker Prize finalists; from novels and short stories to poetry and plays; from comedy to tragedy; from fiction to non-fiction. U3A members who enjoy language and literature are welcome to join us on our voyage of discovery. Further information is available.

**Just Writing** **ELL024.10**

The group writes on a given topic (or own choice). The work is read out at the next session and discussed in a friendly and supportive environment. Class is held fortnightly.

**Northside Book Group No 1** **ELL029.10**

Members participate in the choice of books to read each month from a list provided by the ACT Library's "Read Around Canberra" program. A proportion are of the members private choices.

**Northside Book Group No 3** **ELL033.10**

Each member chooses and introduces 1 book per year. Some of the books come from the ACT Libraries book club collection, and the rest are chosen by members and include a wide range of genres. The group meets on the second Thursday of each month.

**Play Reading** **ELL020.10**

A friendly group who enjoy reading plays of all genres. No experience needed. Newcomers welcome...

**Play Reading for Pleasure (Cook)** **ELL058.08**

We read and discuss a wide range of plays, chosen democratically by the group, with full participation of group members and leadership opportunities for all. This is a continuation of our 2017 course

**Quivering Quills Writers** **ELL074.06**

We meet once a month at a private home to read and discuss our work, decide on a topic to write about and discuss the world as it affects us.

**Reading Shakespeare** **ELL011.10**

A self directing group for reading and discussion. Further information available.

**Reading Shakespeare for Pleasure** **ELL005.10**

A self-directing group for reading and discussion.

**SciFi/Fantasy Books Discussion Group** **ELL097.02**

This book club is for lovers of, and those new to, science (speculative) fiction and/or fantasy works who want to share their favourite authors/genres and discover new ones. At the first meeting we will agree the format of the monthly meetings whether it be a topic for each month as we did in 2017, a set reading list or a combination of both. We will also nominate a lead for each month's discussion.

**Southside Monday Book Group** **ELL035.08**

We are an established book group meeting monthly in each others' homes. Books to be discussed, fiction or non-fiction, are chosen by members.

**The trials of gentlewomen. A view of Austen's heroines.** **ELL096.03**

One of the charms of Jane Austen's fiction lies in her creation of heroines. Very different from each other in character and circumstance, they are all presented as experiencing and confronting adversity. The theme of this course is the different forms which adversity takes in the six major novels and the ways in which Austen's women overcome it.

**Tuesday Book Lovers** **ELL021.10**

We meet once a month. Books are chosen by our members and each member takes turns in leading the discussion. We try to read new books and books with a difference. All books are obtainable from the library and where possible electronically. We meet in each others homes on the second Tuesday of the month and the hostess provides light refreshments.

**Turner Books** **ELL081.05**

Turner books meetst o to discuss a book we have all read. Six of the books for the year are sourced from the ACT library book club collection. The other books we obtain separately. Decisions about what books to read are made collectively. Discussions are free and easy, often lead by a person with an interest in the book.

**What's So Good About Shakespeare?** **ELL099.01**

The aim will be to explore a tragedy (Othello) and a comedy (A Midsummer Night's Dream) for a term each by reading aloud, discussion, re-reading and interpreting in order to discover the potential we find in the text. No expertise is required; all you need is a readiness to take part and a copy of each play.

**With Love From the Grands** **ELL009.11**

This Course is designed to assist you in writing about your childhood and early life for your grandchildren and family. Class discussion will assist your memory and will help you to write short pieces for a memoire.

**Write Word** **ELL006.10**

We are a group of writers who focus on memoir writing. Skills are encouraged and developed as members take turns to lead discussions and plan writing tasks for the group. The format includes members reading their stories aloud each meeting, receiving positive, specific feedback on their writing.

**A History of Aboriginal Australia before the Europeans** **H149.03**

This course is a history of Aboriginal Australia, from first settlement of the continent until the coming of the Europeans. Topics include: how and when the continent was first occupied, prehistoric art, the extinction of the megafauna, trade, technology and subsistence and Tasmania's people isolated from the world for 14,000 years. It starts with one session about archaeology in Australia and how it enables us to write this history. It is illustrated with many Powerpoint photos and there is a library of books to borrow. This is a unique course about the 65,000 years of human history in Australia; a subject that is rarely, if ever, available to study in Canberra.

**Ancient Egypt: Gift of the Nile** **H009.07**

The course starts with a look at the 19th c. re-discovery of ancient Egypt's history by Europeans. Then beginning from the origins of Egyptian civilization, we look at the highlights of its magnificent history over 4000 years, and also reflect on how ordinary people lived and worked. The 16 lectures over 8 weeks are based around Powerpoint photos and many books are available to borrow during the course. Further information about the course can be provided to enquirers.

**Ancient Greece: from earliest times to Roman times.** **H008.06**

This course traces the interesting history of the ancient Greeks from the Minoans/Mycenaeans through until the time of the Roman takeover. Included is a visit to the ancient Olympic Games at Olympia, a walking tour at Delphi, visit with an Athenian family of the Classical Age, and visit many famous ancient sites in examining Greek history. Lots of Powerpoint photos and a library of books for you to borrow. Additional information can be provided to enquirers.

**Australian History 'A' Group** **H010.10**

This group covers all aspects of Australian history including Indigenous history before and after 1788, and the development of Australia as the diverse, multicultural society of today. Members are encouraged but not expected to prepare presentations. An extensive library is available to members on a loan basis for general interest or research. Guest speakers will be invited and several subsidised excursions organised during the year.

**Australian History Group -Yass** **H034.10**

Members participate in discussion and are welcome to present papers. We do excursions to local areas to learn their history. We also invite interesting guest speakers to present. New members always welcome.

**Australian History Highlights** **H002.10**

Class members and occasional guest speakers present papers on the history of Australia and its people. No previous knowledge required.

**Australian Newspapers** **H095.05**

How newspapers have informed, educated, entertained and annoyed us for 214 years. Emphasis on Sydney, Melbourne and Canberra papers. How a boy from Melbourne became the most powerful media owner in the world

**Australian Political Personalities (Group A)** **H001.10**

Discussion of contributions of significant personalities to Australian political history.

- Australian Political Personalities (Group B)** **H006.10**  
Discussion of contributions of significant personalities to Australian political history.
- Australian Political Personalities (Group C)** **H025.10**  
Discussion of contributions of significant personalities to Australian political history.
- Australian Railways** **H096.06**  
How railways moulded travel and trade in Australia generally and in the Canberra region. A look at past, present and future.
- Australian Sporting History** **H145.04**  
A wide-ranging series of talks on various aspects of Australian Sporting history including speakers from the Australian Society for Sports History (ACT). Themes include Sport and Society. Participation encouraged but not required.
- Contact on the Frontier: stories from the meeting and experiences of Europeans and Aboriginal people on the Australian frontiers** **H167.03**  
This course tells a wide variety of the stories and experiences of many diverse people from both sides of the Australian frontiers, as European and Aboriginal societies first met and interacted. What did happen on the many frontiers – what historians call the “contact period”? Illustrated with many Powerpoint slides and many books are available for loan. Further information can be provided to enquirers.
- Family History 1910-1921** **H154.04**  
We'll review materials that inform British/Oz/Canadian ancestors stories during this extraordinary period when many 'ordinary people's' lives were carefully documented. Beginning with census, military and electoral records, then newspapers, diaries; and finally internet resources/blogs established by enthusiasts willing to clarify curious stuff you might discover. And for WW1 'serving' ancestors who seem to have slipped thru the cracks we'll talk about the memorabilia sitting in drawers waiting for you to unpack their messages.
- First Australians Autobiography Reading Group** **H134.04**  
Want to learn more about the past and present experiences of Indigenous Australians? Join this group to read personal stories in Indigenous autobiographies. Members meet monthly to discuss the current book, with some scope for DVDs and visiting speakers.
- Headlong into Disaster** **H188.01**  
An overview of the social, psychological, political attitudes that pushed Europe towards the tragedy that was WW1. The prevailing class structures and attitudes towards heroism and nationalism popularised war. These ideas were severely tested in the age of artillery, poison gas and machine guns.
- Historical Murder Mysteries** **H169.02**  
An historian's examination of twelve historical murders ranging from the Ancient World through the Middle Ages and Renaissance to Modern times. Some of these murders are now potentially solvable. No previous historical knowledge is needed.



**Imperial Lives** **H148.03**

We will examine the history of the Roman Empire from Augustus to the death of Justinian. A major focus will be on the famous and not so famous emperors, together with those who other men, and occasionally women, who influenced the destiny of the greatest empire of antiquity. Along the way we will also consider the reasons behind the ultimate fall of the Empire. (Repeat Course.)

**Invasion** **H163.02**

This course discusses the political, strategic, military and social effects on some countries that were threatened with invasion, or were invaded, during WW2. The countries discussed are Poland (1939/41), Finland (1940), Britain (1940), France (1940/44 including Resistance) and Australia (1942). Emphasis is given to government intentions and peoples' experience.

**Loyalties in Conflict** **H032.02**

Prior to WW1 many British and American nationals were living permanently in Germany. As the war broke out they were regarded as enemy aliens and had to cope with family and friends fighting on both sides. This course delves into the diaries of Princess Blucher, Princess Daisy of Pless and an Australian, Caroline Cooper. Further information can be sent to enquirers.

**Medieval Cathedrals of England Plus One** **H117.10**

A close look at the great cathedrals of England – history, architecture, furnishings, fixtures and treasures. A Power Point presentation with many images accompanies the talks. Note this is a repeat course, although with many additions since the original course.

**Napoleon** **H084.06**

What was he like? The course discusses the evolution of Napoleon's character from his Corsican origin to his rise to power, his relationship with women, his military genius and dominance, his mistakes and his fall.

**Nevil Shute - His Aircraft and His Books** **H187.01**

Nevil Shute Norway (1899 -1960) was a successful aeronautical engineer who became even more successful as a novelist. He was chief designer of the R 100 airship before founding Airspeed Ltd which produced several innovative aircraft. Meanwhile for relaxation he wrote increasingly popular novels. In 1950 he emigrated to Australia and became one of the world's best-selling novelists. Participants will learn more of Shute's accomplishments and are encouraged to read and discuss his stories. Additional information can be provided to enquirers.

**Politics of the Excluded in Stuart England** **H155.03**

This course will look at how ordinary people (women, the young, the poor, soldiers) were involved in political life, despite being told they were excluded because of their gender, knowledge or understanding. We will discuss contemporary source materials, and consider social, religious, literary, gender, intellectual and other historical perspectives on Stuart politics.

**Republican Lives** **H127.04**

We will look at the remarkable story of the Roman Republic (753BC - 30BC); including how it was able to so quickly vanquish all the great powers of its time to become a superpower, yet at the height of its power, collapse amidst civil war. A major focus will be on the men who dominated the late Republic, including, Marius, Sulla, Pompey, Caesar, Antony and Octavian. (This is a repeat course).

**Revolutionary France** **H186.01**

This course covers the French Revolution, Napoleon, and subsequent 19th century revolutions.

**Some Historical Lives from 1500 BC to 1900** **H189.01**

A look at the lives of some 30 personalities and families from History. Some saints – some sinners such as Salome, the Borgias, Hatshepsut, Gregory the Great, Eleanor of Aquitaine, Pope Innocent and Donna Olimpia, Mariam, Cleopatra, Queen of Sheba etc.

**The Alexiad** **H182.01**

The Alexiad, written by a Byzantine princess is the history of the reign of her father Alexios I Komnenos. Alexios took the throne at a crucial time in the history of the Byzantine Empire stabilising the empire after two centuries of instability. The Alexiad is both literature and history giving a fascinating view into the events of the time from a writer regarded today as one of the first women historians. Additional information can be sent to enquirers.

**The Character of the Famous and the Infamous** **H045.10**

This course discusses the personal, intellectual and emotional characteristics of the famous and infamous with their effects upon historical events, including Hitler, Churchill, Stalin, Roosevelt, de Gaulle, Menzies, Keating, Mao, Pol Pot, Osama bin Laden.

**Traveller's Tales – Antarctica** **H136.21**

We will visit the furthest south that you can go by icebreaker, to Macquarie Island, McMurdo Station, Scott and Shackleton Huts, Dry Valleys, and Ross Ice Shelf. Then travel down the Peninsula, visiting South Georgia, Falklands, Elephant Island and all points south. We will follow the early explorers and the environmental impact of climate change.

**Traveller's Tales - Central Asia & The Great Game** **H136.18**

We will visit the struggle between Russia and Great Britain for primacy in Central Asia during the 19th Century, before advancing 150 years and immersing ourselves in the present-day. We will travel through Pakistan to the westernmost city in China (Kashgar), before moving on to Kyrgyzstan and Uzbekistan and Tajikistan, three vassal states of the Soviet Union.

**Traveller's Tales - Cycling Journeys Across England & Down the Danube.** **H136.20**

We will cycle across England, from the Irish to the North Sea, through the Lakes District, Fells and across the Pennines. Then from north to south through the Yorkshire Dales. The journey down the Danube will start in Passau in Germany and finish in Vienna. We will then make a train journey to Prague to enjoy the pleasures of that ancient city.

**Traveller's Tales - Iran, Land of the Persians** **H185.01**

We will traverse the breadth of Iran from the Armenian border in the west, the Turkmenistan border in the east and the Caspian Sea in the north. We will consider the history and the social and political issues of the day. We will visit ancient and modern sites throughout the country, including Isfahan, Shiraz, Yazd, Qom, Mashad and the hottest place on earth.

**Traveller's Tales - Syria, Jordan & Beirut** **H136.19**

We visit lands steeped in history and consider the religious, political and historical events that moulded the present day, while placing them in the geographic context of the region. We will touch on the impact recent conflicts are having on the people and the historical structures of the past. Each session will be supported by maps and photographs.

**Traveller's Tales - The Caucasus, Armenia, Georgia & Azerbaijan** **H184.01**

We traverse the length and breadth of these three ancient lands that sit within the shadow of the Caucasus Mountains. We will consider the history and the social and political issues of the day, including their past and current relations with Russia. We will go into the mountains, revel in the modern and visit the ancient sites that abound throughout the region.

**Traveller's Tales - The Northern Islands of Great Britain** **H136.22**

We will consider the historical and social landscapes of the numerous islands making up the Inner & Outer Hebrides and the Shetlands & Orkneys. The geography, and how people lived and survived through periods of conflict between the Picts, Gaels & Vikings and then between the Clans and the Government and the background to the massive migrations.

**Traveller's Tales - Turkey** **H183.01**

We will traverse the full length and breadth of Turkey, east to west, north to south. We'll visit the ancient and not so ancient sites and consider the social and political issues of the day and of the past. In the west, we work our way through Istanbul, up the Bosphorous and Gallipoli. In the east, we are in Kurd country on the Syrian, Iranian, Armenian and Georgian borders.

**Unusual Borders of the World** **H087.08**

Why are borders where they are? In particular, what is the explanation for some of the strange political borders and border disputes – both internationally and between some Australian States?

**Advanced French** **L003.10**

Advanced French will involve a focus on material to read with discussion in French. Grammar and interesting idioms will also feature.

**Advanced Latin Reading** **L067.05**

Participants need to have a good knowledge of Latin grammar and syntax and some ability in reading original Latin text.

**Arabic Continuing** **L076.04**

The course has been designed for those students who have some prior knowledge or experience in Arabic. It will cover a wide range of situations one may encounter in the Arabic speaking world. The class will use a number of resources, including textbooks, Arabic speaking guest speakers, CDs and DVDs. The aim of the course is to acquire basic knowledge to understand, write and communicate in Arabic.

**Arabic in 50 Words** **L079.03**

This course is built around a 50-word vocabulary core, chosen by the participants. Grammar, reading, writing and conversation follow the textbook, 'Mastering Arabic' from Chapter Nine onwards. New participants should be familiar with the Arabic alphabet.

**Beginning French** **L040.11**

This course is for absolute beginners. You need no prior knowledge of any foreign language, but you will need to spend a little time between sessions, revising the new work that we cover each week. The basic text is Hugo's "French in 3 Months", which we will aim to complete in about 10 months, along with some songs and a variety of simple texts. Further information available.

**Beginning German** **L041.12**

This course is for absolute beginners. You need no prior knowledge of any foreign language, but you will need to spend a little time between sessions, revising the new work that we cover each week. The basic text is Hugo's "German in 3 Months", which we will aim to complete in about 10 months, along with songs and a variety of simple texts. Further information can be sent to enquirers.

**Continuing Italian** **L006.10**

Conversation, supplemented by grammar and other exercises. Knowledge of grammar required.

**Continuing Italian** **L006.11**

Conversation, supplemented by grammar and other exercises. Knowledge of grammar required.

**Continuing Italian - Conversation\*** **L077.04**

This class focuses on conversation, reading and writing skills and assumes participants have a good knowledge of vocabulary and grammar. We use the reader detailed below as part of our reading material.

**French Continuing.** **L004.10**

Fairly informal approach and includes conversation, discussion of material selected by members of the group, presentations on topics of special interest and study of a novel.

**French Conversation, Yass** **L096.02**

Francophones with oral/aural French of intermediate or advanced level meet weekly during NSW school terms at the convener's home which is situated next to the Courthouse. It is big enough, with parking to accommodate a small to medium group. Conversation is based on the SBS French news and on texts and materials selected by participants. Further information is available.

**Improving Your Spanish Through Songs - Songbook 9.** **L042.09**

The Songbook No 9 will emphasize in popular music selected from different Latin American country. The objective of this course is to improve pronunciation, enrich vocabulary, understand colloquial expressions, understand Latin American culture, grasp the meanings of the lyrics and have fun. The participant must have basic knowledge of Spanish and participate actively through singing in class as if you were singing in a party or under the shower. Classes will be conducted in Spanish/English.

- Indonesian - Advanced** **L045.21**  
 This course is aimed at people who are reasonably fluent in Bahasa Indonesia, and wish to practise their language - as well as furthering their knowledge of Indonesian history and culture - in a cooperative-learning study-group setting (rather than through a formal course of instruction). Further information available.
- Indonesian - Beginners** **L045.20**  
 An introduction to Indonesian language (Bahasa Indonesia) and culture. We welcome beginners who want to learn the language as well as finding out more about our near neighbour. Further information can be emailed to enquirers.
- Indonesian - Continuing** **L045.22**  
 Continuing study of Indonesian Language and cultures. Participants are required to have a reasonable knowledge of Bahasa Indonesian. More information is available to enquirers.
- Intermediate German** **L014.07**  
 A course for those who have a reasonably good knowledge of German and who wish to develop further their speaking and reading skills. We read German short stories, newspaper articles etc and do some grammar consolidation work.
- Intermediate Italian - Continuing\*** **L018.10**  
 Although some grammar is covered, this course is suitable for those already familiar with Italian grammar who wish to extend their reading, writing, speaking and listening skills. As course material is distributed by email or on-line access to the Internet and to a printer is essential.
- Intermediate Spanish** **L082.03**  
 This course requires some knowledge of Spanish. We focus on conversation, reading, listening and writing skills. We will read Intermediate level books and talk about them. Students will be required to do some short oral presentations on a chosen theme. Students are expected to participate in class discussions.
- Intermediate to Advanced Level French** **L020.10**  
 This is a continuing course for those who have a good knowledge of French and who wish to develop their confidence and ability in the skills of listening, speaking, reading and writing. Grammar, vocabulary and idiom will be reviewed and extended through a variety of listening, reading and speaking tasks.
- Italian - Intermediate, Continuing.** **L094.02**  
 Intermediate level knowledge of Italian, intermediate level knowledge of grammar, and an interest in improving both spoken and written Italian is all that is required. The course will have a convenor but no class leader, topics/ discussions and conduct of the course will focus upon practising spoken, written Italian with some grammar review.
- Japanese I** **L033.10**  
 Japanese conversation, writing, reading and culture. Knowledge of Hiragana is essential.
- Japanese II** **L037.10**  
 Japanese conversation, writing, reading and culture. Knowledge of Hiragana is essential.

**Latin Stage 3** **L069.05**

This is a 3rd year level course in reading Latin. Participants are expected to have some knowledge of Latin grammar & syntax at intermediate level (for clarification please contact course leader above). The course will conclude when the group completes book 3 of the text below by May. The group will then join a reading group for translation from various Latin authors.

**Latin Stage 4 Classical** **L101.01**

This is a 4th year level course in Beginning Latin Authors, and participants should have a general knowledge of Latin grammar & syntax at third year level (for clarification please contact course leader above.) It will involve some further language work, and straightforward translation from a number of Latin authors, chosen from Virgil, Ovid, Horace, Catullus, Tacitus & Pliny the Younger. Some degree of out-of-class preparation may be necessary.

**Latin Stage 5** **L091.02**

This Course is designed to strengthen fluency in reading more challenging Latin. This will involve expansion of vocabulary and close analysis of difficult grammatical constructions encountered in the readings. To assist knowledge of syntax, the course will also include translation exercises from English to Latin.

**Latin Stage One** **L064.06**

Continuing Stage One Latin is open to participants who have the equivalent of School Certificate Latin – grammar, syntax and vocabulary. This is the second of a two year course which progresses according to competency levels. The aim is to take students to a level where they can read original Latin text from various authors..

**Latin Stage One** **L064.07**

Stage One Latin is open to participants who have had no knowledge or limited knowledge of Latin grammar and syntax. It is envisaged that the course will run for two years, progressing according to competency levels. The aim is to take students to a level where they can read original Latin text from various authors.

**Let's sing in Spanish** **L062.06**

This is an informal monthly meeting to sing popular Spanish songs that have been learnt during U3A course "Improving Your Spanish Through Songs" (March to May). The main objectives are to reinforce the melody and lyrics of the songs we have learnt and to have fun. The only requisite to participate is to be willing to sing in Spanish. The meeting will be conducted in Spanish/English.

**NHK© "Easy-Japanese" (basic Japanese conversation) - Continuing.** **L090.03**

This course in easy Japanese conversation will continue to use, with NHK approval, the NHK© "Easy-Japanese"© audio/text course materials to develop basic Japanese conversation and comprehension skills. The course continues from 2017, recommencing at about NHK Lesson 26. Participants are encouraged to download the course materials from NHK. New participants will be guided as to how to "catch-up". Additional information can be sent to enquirers.

**NHK© "Easy-Japanese" (NEW "Catch-up" Short Course) L102.01**

This brief catch-up course provides an accelerated programme for anyone wanting to join the regular L090-03 NHK Easy Japanese Friday morning course or wanting to "try" Japanese. This course will cover NHK lessons to about #15. It is hoped participants will also have enrolled in L090.03. Participants are encouraged to download the course materials from NHK website.

**Reading Ancient Greek. L100.01**

This is an intermediate level course requiring some basic knowledge of grammar and ability to read the Greek alphabet. Course will focus on reading simplified texts and building up to unedited classical texts. Some grammar.

**Reviving and Expanding your German L015.10**

An advanced course for which knowledge of basic grammar and vocabulary is assumed. We aim to develop our skills in speaking and writing on everyday topics, and to extend vocabulary and grammatical understanding by reading German texts.

**Russian Reading and Conversation L012.10**

The class time is divided equally between conversing in Russian and reading Russian texts. A basic knowledge of the language is required. New members welcome.

**Spanish Conversation- advanced L024.10**

This course is for those with a good knowledge of Spanish and is divided between reading and conversation with the aim to develop both those skills in the language. Some work by the students is required.

**Spanish for Advanced Beginners L081.02**

In this course, we will continue to advance in the knowledge of the Spanish language, conversation and grammar.

**Spanish for Beginners L028.12**

This course is for students who have no or little knowledge of Spanish. The aim is to provide basic knowledge of familiar Spanish. The study of grammatical structures both in English and Spanish will be taught by comparing both languages. The teaching method will be a systematic approach going from simple structures to more complex ones. The course will include the reading of simple texts to increase basic and colloquial vocabulary step by step. It would be an advantage if the students were familiar with basic English grammar. Materials will be sent to the students by email so to have a computer and a printer is essential.

**U3A North-South French Study Group L080.03**

This is a self-directed study group convened by a graduate in foreign languages, aiming to cater for all who want to improve their French listening and speaking skills in a friendly, informal atmosphere. Our specific goal is to boost our ability to follow the news in French on SBS TV and to discuss issues aired there. Some existing ability in this area would be desirable. Specific topics will be decided by the group, with an emphasis on French political, social and cultural issues. Additional information could be sent to enquirers if requested.

**Andante Recorder Ensemble** **M100.01**

We will work carefully through an interesting selection of old and contemporary music for recorder consorts. Everyone is friendly, relaxed and encouraging. Participants are also be members of the Canberra Recorder Orchestra (U3A) or of the Intermediate Recorder Orchestra (U3A). Further information available for enquirers.

**BACH BEETHOVEN BRAHMS** **M081.06**

The Course explores the creative development of the three big Bs of the 18th and 19th centuries, and their links through Felix and Fanny Mendelssohn and Robert and Clara Schumann. It compares and contrasts compositions in different genres of music. FOR NEW MEMBERS ONLY TO FILL VACANCIES. CONTINUING COURSE MEMBERS WILL BE CONTACTED TO CONFIRM ATTENDANCE IN MID-FEBRUARY.

**Beginner Recorder** **M097.01**

For anyone interested in learning to play the recorder, we will learn the basics: how to read music, how to blow, how to use our tongues, how to find the notes on the instrument and hopefully, eventually, we will make beautiful music together (or have a great time trying). Additional information can be sent to enquirers.

**Brindabella Orchestra** **M010.10**

We are a friendly inclusive group of amateur musicians who enjoy playing a range of orchestral music. We aim to present three Sunday afternoon concerts a year. We welcome all enquiries and can accommodate more players in most of the instrumental sections. Please refer to website [www.brindabellaorchestra.net](http://www.brindabellaorchestra.net) for more information.

**Canberra Recorder Orchestra (U3A)** **M007.10**

Participants must be able to read music fluently and play one or more recorder sizes. Repertoire ranges from Renaissance/Elizabethan to Baroque and later periods, incl contemporary. Members experience and develop the (rare) specialized skills of full orchestra playing and there are opportunities for solo and small ensemble playing. Members are encouraged to try recorders of different sizes; some instruments available to lend. This is a large and friendly group pursuing excellence. Additional information can be sent to enquirers.

**Classical Music Since 1900** **M086.05**

This course explores classical music from the 20th and 21st centuries. Together, we look at works by composers such as Debussy, Messiaen, Copland, Glass, Sculthorpe and Koehne. Participants are encouraged to contribute, but this is not a requirement for attending the course.

**Con Brio U3A** **M040.09**

A choir for women, singing music ranging from light classical through music theatre, jazz, folk and pop, usually in 2-3 part harmony, accompanied and acapella. We are a friendly lot. No audition but some ability to read music is useful. We perform 3-4 times a year.

**Conchordia Choir** **M012.10**

Conchordia is a friendly, fun-loving women's choir, singing two or three part harmony, rehearsing weekly during school terms. (There are no choir rehearsals during school holidays.) Choir performances from time to time at various venues are optional to a choir member. Further information available.



**Discovering and Enjoying Classical Music.** **M029.10**

Our enjoyment of music is enhanced by combining listening and learning. This year, our subjects will include the use of the variation form by composers from Bach to Part to express important musical ideas, an in-depth look at the music of two great Nordic composers, Sibelius and Nielsen, and the last musical thoughts of major composers from Haydn and Beethoven to Britten and Shostakovich. No special knowledge is required and you need to bring only your enthusiasm for learning more about classical music.

**From Notes to Music - Recorder Ensemble Playing** **M101.01**

This course is for experienced recorder players interested in further developing their ensemble playing techniques. Emphasis is given to transforming notes on the page to music - paying attention to phrasing, learning to hear other parts and contribute to the sound of the ensemble as a whole. New players who can play either tenor or bass (or can play either in addition to smaller instruments) are welcome. Further information is available to be sent to enquirers.

**Guitar Play Along** **M073.07**

Guitar play along session. The group comprises guitarists at a beginner/intermediate level. We play a variety of music from folk, country, and popular songs. Each week the group decides on the play list for the following week.

**Harmonia Monday U3A Choral Studies.** **M013.09**

Harmonia Monday is a 4 part (S,A,T,B) choir singing sacred and secular music conducted by Oliver Raymond OAM and Sheila Thompson OAM. We have a few vacancies in all parts but new members are expected to be able to read music and have some previous choral experience.

**Intermediate Recorder Orchestra** **M006.10**

Progressive ensemble playing in a friendly, happy group with careful tuition and guidance. All recorder sizes. Mainly Early Music, Baroque, folk, contemporary. Participants are encouraged to stay on to play in the U3A Advanced Recorder Orchestra as they reach the standard required.

**Jazz Appreciation Group (JAG)** **M056.08**

Members are encouraged to make presentations on jazz topics, such as jazz musicians including singers, bands, styles, and eras etc. However, this is not a requirement. A program is prepared and circulated for each term. Knowledge of jazz is desirable but not necessary. JAG has been operating since 2010.

**Music Appreciation** **M021.10**

For those who enjoy listening to music, mainly classical, and would like to discover more about its background. A wide range of music is covered and members' participation is welcome and encouraged. No previous music education is required, just an interest in listening and enjoyment! The course runs through the year and can be joined at any time. To get a speedy reply send an email to both convenors just in case one of us is away.

**Music Makers****M054.09**

We're an inclusive and friendly group of singers and instrumentalists who meet fortnightly to play an eclectic repertoire chosen by group consensus - folk, blues, country, gospel, pop, swing etc. We have vacancies for players with reasonable competence in any instrument and the commitment to attend regularly. Limited availability for singers. Occasional performances.

**Musical Theatre Appreciation****M005.10**

Each week we will present a DVD or a PowerPoint presentation of a show from Musical Theatre (from 1930's to today), Operetta (including Gilbert and Sullivan) and accessible Opera. Group discussion will follow each showing. Each term a guest speaker will be featured from the Canberra musical theatre scene. There will be opportunities to join musical theatre outings during the year in Canberra and Sydney. Attendance can be for the whole year or for individual term(s).

**Popular Music P1; Artists of the C20****M093.03**

Love of this music is the pre-requisite. I will be covering some memorable performances by various artists from differing genres of popular music. The course would provide synopses of the highlights of these artists (singers, lyricists and composers) and include live performances from concerts via the internet, purchased DVDs and snippets from various You Tube clips. Music provided is primarily gleaned from my library collection and I complete each presentation drawing on personal experiences over my life time. Constructive feedback is encouraged, though not required.

**Popular Music Pt 2; Artists of the C20****M093.04**

Love of this music is the pre-requisite. I will be covering some memorable performances by various artists from differing genres of popular music. The course would provide synopses of the highlights of these artists (singers, lyricists and composers) and include live performances from concerts via the internet, purchased DVDs and snippets from various You Tube clips. Music provided is primarily gleaned from my library collection and I complete each presentation drawing on personal experiences over my life time. Constructive feedback is encouraged, though not required.

**Rhythm and Percussion for Fun and Relaxation****M098.01**

Rhythm is the basis of all music and everyone has a natural sense of rhythm. Using techniques of drum circle games and music play-along, participants will learn to play rhythms from around the World. No prior experience is required and the focus is on having fun. Further information is available to enquirers.

**Rubato (Advanced Recorder Ensemble)****M063.06**

We will work carefully, in a relaxed and friendly environment, through an interesting selection of old and contemporary music for recorder consorts. Participants must be able to play one-to-a-part. Participants are also members of the Canberra Recorder Orchestra (U3A). More information can be sent to enquirers.

**Sarabande Recorder Ensemble****M092.02**

This course is for those who have a basic knowledge of reading music and playing the recorder. Some recorders available to borrow. Join this happy and relaxed group for two and a half hours of learning, laughter and socializing. From time to time, we enjoy playing a selection of favourites and folk songs to people in retirement facilities. Additional information is available to be sent to enquirers.

**Ukulele for beginners** **M090.05**

The course is designed for people who would like to play the ukulele but don't know where to start. This easy paced program will give you all the basics - how to tune the strings, most frequently used chords, strumming techniques and how to play a variety of songs. By the end of the course you should be able to confidently play about 20 chords and dozens of songs.

**The evidence for Spiritual Reality** **PR028.01**

Of course none of us can fully understand "the Ground of our Being" but the subjective and objective evidence for spiritual reality can be very nourishing. Your experience and understandings will be valuable too

**Argentine Tango Appreciation** **R056.04**

Introduction to Argentine Tango, connection with partner and Tango timing with basic steps. 9:15-9:30 set up and warm-up; 9:30-10:30 Tango appreciation(tutorial); 10:30-11:00 Práctica (dance practice)

**Developing Cryptic Crossword Skills** **R011.08**

An opportunity for those with some knowledge of cryptics to work together in small groups in an informal and relaxed way. No formal tuition is given but assistance in developing skills is provided

**Easy to Intermediate International Folkdancing** **R006.27**

Dancing is an enjoyable social activity. Research has shown that it is also good for both left and right sides of the brain, likely to improve balance and coordination, and to reduce stress, depression, and the risk of cardiovascular disease. This continuing course will offer line, circle and a few novelty dances from various countries around the world. No partners required. There will be new dances and some previously taught.

**Getting to Know your Botanic Gardens** **R035.07**

A weekly stroll in the Australian National Botanic Gardens (ANBG). We will discover various aspects of the gardens. No botanical knowledge is required. The walk goes ahead each week – rain or shine. Be aware that the Botanic Gardens are situated on a hillside. Previous attendees may NOT attend.

**Hand Crafts for One and All** **R046.05**

Participants meet to share ideas and expertise in a wide variety of hand crafts and to complete own individual projects. Handcrafts include embroidery (wool, ribbon, silk thread on linen, paper etc), knitting, crochet, quilting, tapestry etc. All skill levels catered for. Complete those unfinished projects or start a new one in pleasant company.

**Introduction to lawn bowls** **R067.01**

Learn and enjoy the challenge of a new recreational activity in a pleasant and welcoming social environment. Make new friends. This is a sport that is within your abilities. Set new goals by playing socially and/or competitively while having fun.

**Japan - Independent Touring Survival** **R058.04**

This course will provide you with a knowledge of great places to visit in Japan, how to order and behave in hotels & ryokan, restaurants, onsen and temples, travelling via buses, trains, rental cars and air. At the end of the course, you will have some essential phases to handle travel situations, order food, manage accommodation and transport and have developed a detailed plan for a holiday in Japan. Further information can be sent to enquirers.

**Japan - Independent Touring Survival 2 (Repeat course)** **R058.05**

This course will provide you with a knowledge of great places to visit in Japan, how to order and behave in hotels & ryokan, restaurants, onsen and temples, travelling via buses, trains, rental cars and air. At the end of the course, you will have some essential phases to handle travel situations, order food, manage accommodation and transport and have developed a detailed plan for a holiday in Japan. Further information can be sent to enquirers.

**Learn Lawn Bowls at Yowani** **R029.11**

Do you want to improve your fitness levels, expand your friendship base and learn a new skill? Come along to Yowani Country Club and we will teach you to play Lawn Bowls. Qualified coaches will guide you through the basics in a relaxed and friendly atmosphere. Further information can be sent to enquirers.

**Learn to Play Bridge** **R051.05**

Come to Canberra Bridge Club and learn to play bridge. Master the basics of the greatest card game of all in a friendly relaxed atmosphere. No previous experience needed.

**Learn to Play Golf Croquet** **R050.09**

Golf croquet is the fastest-growing version of croquet owing largely to its simplicity and competitiveness. It is easy to learn and play. Qualified club coaches will ensure you are able to play the game with confidence. The fee covers 5 weeks of coaching, afternoon tea, use of equipment and a reduction in the Canberra Croquet Club membership fee if you decide to join.

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**Mah Jong (Northside) - Tuesday** **R016.09**

Continuing course, with a full complement at present. We are taking names for new players in anticipation of more spaces in 2018. Please email Jenny at [preserverjenny@gmail.com](mailto:preserverjenny@gmail.com) who will keep you updated.

**Mahjong (Northside) - Thursday** **R018.09**

Continuing course. Most players are very skilled, but vacancies are available for 2 learners. All new members treated as learners initially. Vacancies also exist for up to 4 experienced players

**Model Railways - Construction and Operation** **R026.05**

Construction and operation of a model railway – includes how to scratch build scenery and buildings and how to operate a model railway to a timetable in a realistic way (ongoing course)

**Monday Mahjong Group** **R003.10**  
A recreational course using the book "The Mahjong Players Companion" by Patricia A. Thompson and Betty Maloney. It is helpful but not essential to bring your own Mahjong set. No beginners course will be offered in 2018. 3 vacancies for experienced players only

**Restorative Yoga** **R062.03**  
Restorative yoga is a relaxing style of practice to help improve physical, emotional and mental health, to recover from stress, injury and illness using gentle, slow, restorative, recuperative movements and meditation practices. The stretching is passive which eliminates unnecessary straining. Practising yoga will improve posture and flexibility, enhance circulation and breathing and increase concentration and energy levels. It is highly beneficial to the nervous system. Classes are adapted to participants needs.

**Scottish Country Dancing for Beginners** **R052.07**  
Join us throughout the year for a bit of fun and dancing! This is a course for beginners and not so beginners. Scottish Country Dancing is a very elegant and social dance. You don't need a partner and it is easy to get started even if you have never danced before. Bring comfortable flat shoes.

**Social Scrabble** **R038.06**  
Social Scrabble. No competition. Suitable for all abilities. We meet on Mondays during school terms, except public holidays, giving 39 weeks.

**Solving Sudoku Puzzles** **R053.06**  
This course will introduce step by step techniques for solving 9X9 Sudoku puzzles using pencil and paper only. It will start at absolute beginner level and work up to solving any Canberra Times Sudoku. Further techniques for solving harder Sudoku puzzles will also be introduced. Each week there will be one or more puzzles to solve at home. One of these will be analysed and discussed the following week.

**Tai Chi for Health** **R028.08**  
This is a continuing Tai Chi course for participants with experience in Sun style Tai Chi. The course continues Tai Chi for Arthritis and the 24 Forms. A good sense of balance is required.

**Tai Chi for Health - Advanced** **R042.05**  
This is a continuing and advanced Tai Chi course, teaching Sun and Yang style Tai Chi. Participants must have previous experience in the following forms;- Tai Chi for Arthritis, 24 Forms, 73 Forms and 42 Forms.

**Trees of the National Arboretum Part 1** **R045.05**  
Do you know which two trees in the Arboretum were thought to exist only as fossils? Or which tree has a unique reproductive system? This course will explore the trees of the Arboretum, starting with Australian natives and evergreens, and including why they were selected and what makes them of particular interest. There will be guided walks at the Arboretum and around Canberra.

**Trees of the National Arboretum Part 2** **R055.04**

Do you know which Arboretum tree is regarded as having the most spectacular autumn colours of the autumn 'brilliant's? Or which one was described by Charles Darwin as 'very ugly'? This course continues on from Part 1 (although they do not need to be done sequentially). There will be guided walks, both at the Arboretum and also around Canberra to see fully grown specimens.

**Trees of the National Arboretum Part 3** **R057.03**

Do you know which tree has a local name that means 'drunken stick'? Or which tree is also known as the 'drunken parrot tree'? This course follows on from the previous two (although they do not need to be done sequentially). It will explore a further 24 trees of the Arboretum. There will be guided walks, both at the Arboretum and around Canberra.

**Trees of the National Arboretum Part 4** **R061.02**

This course follows on from the previous three (although they do not need to be done sequentially). It will explore the final 24 trees of the Arboretum, including why they were selected and what makes them of particular interest. There will be guided walks, both at the Arboretum and around Canberra.

**Introduction to Numerology, Astrology and Hand Analysis** **SBS004.08**

This course will be taught through a series of PowerPoint slides on key aspects of Numerology, Astrology and Hand Analysis. It will consider the subjects from historical, scientific and metaphysical perspectives and help participants get a better understanding of themselves and others. No previous knowledge necessary.

**Birdwatching** **SHE001.10**

A walk looking at the birdlife of the ACT. Learn to identify the birds we see and hear and about the movements of birds in our region. Needed are sturdy footwear, binoculars and a reasonable level of fitness. Meetings are on the first Wednesday of each month.

**Canberra Landscapes - their origins and evolution** **SHE060.04**

This course will examine the origins of the landscapes around Canberra throughout geological time and the processes that shaped them. There will be three Thursday morning classroom sessions at Hughes during February and three all-day self-drive excursions to places of interest around the city region during March. Expressions of interest are sought by email.

**Canberra Mental Health Forum (U3A)** **SHE064.04**

The Canberra Mental Health Forum is a dynamic advocacy and support group open to anyone who has an interest in working towards and lobbying for better mental health services in our region. We are convened by U3A members who are experienced as mental health carers. No previous experience or knowledge is required.

**Climate Conversations** **SHE055.04**

A monthly discussion group to keep abreast of developments in all aspects of climate change: science, technology, international negotiations, domestic politics, energy, health, economic transformation etc. Small group discussion for people interested to know more and want to lead change in community attitudes to climate change.

**Consciousness? Multiple Realities? SHE086.01**

Thinking way outside the box. We listen to a diverse range of speakers (on YouTube) – such as Ervin Laszlo, Tom Campbell, Anthony Peake and Kyron, then revel in discussing all the amazing theories being aired. Very relaxed and informal

**DNA SHE061.06**

DNA is always in the news. What is it and how is it important in our lives? We will look at the role DNA plays in reproduction, evolution, medicine, cancer, forensics, epigenetics and genetic engineering. We will see the story of Watson, Crick and the double helix. No prior knowledge is assumed.

**DNA (Repeat) SHE061.07**

DNA is always in the news. What is it and how is it important in our lives? We will look at the role DNA plays in reproduction, evolution, medicine, cancer, forensics, epigenetics and genetic engineering. We will see the story of Watson, Crick and the double helix. No prior knowledge is assumed.

**Fallacies of Deniers SHE085.01**

This course will look at some of the fallacies of climate change deniers and the facts that rebut these assertions.

**Fossil Ancestor Sampler SHE047.06**

An opportunity to see and handle many casts of fossilised skulls of extinct hominin species that lived sometime during the period after our ancestors and the chimpanzees went their separate ways. Supplemented with up-to-date information about human evolution. No previous knowledge required.

**Geological and Historical Climate Change SHE017.06**

This course discusses a number of factors that influence climate. It considers Geological, and historical climate and what little we really know about these early climate changes.

**How Doctors Sometimes Got It Wrong SHE010.09**

We discuss the mistakes made by Doctors as they struggle to treat the sick effectively. We examine the different health systems that have vied for predominance. Further information can be sent to enquirers.

**Infectious Diseases SHE067.03**

We will survey our body's defences against microbial infections, how some microbes evade these defences, ending in a conflict with anything from no disease to death. We will consider infections like malaria, typhoid, syphilis, tuberculosis, warts, herpes, as well as epidemics and pandemics such as flu, zika, cholera, the plague, and their place in history. No previous knowledge required.

**Life and the Universe SHE081.02**

Based on one of the great courses of the world (DVDs). This Course examines the possibility of and conditions for life to exist in a simple and interesting way. A fascinating course that you will really enjoy Further information available.

**The Atom Simplified****SHE054.05**

Most people see the word Atom, or even the words Atomic Physics – and read no further. This course aims to demystify the words and provide a basic understanding of them. It is designed for non-scientists and requires no prior knowledge and does not involve maths – it simply requires a little curiosity. We start with the basic structure of the atom in a historical perspective – how they were discovered, the life and times of the scientists involved and progress to related activities such as radioactivity, fusion, fission etc. Further information available.

**The Microbe Hunters****SHE082.02**

We discuss who first proved that some diseases could be caused by microbes and what they did about it.

**Why is it So?****SHE084.01**

Challenging topics not in the daily news, presented by senior academics and other experts. These will be followed at each session by shorter fun presentations by program members, some of whom will have drawn their topics on 'who dares' playing cards, and special club lunch arrangements for those interested.

**Your Body - how it works Part 1****SHE070.03**

Understanding your body can help with keeping fit and healthy. Starting with an overview of our body and the building blocks of life, cells, we will explore how different parts of our body work to keep us alive and kicking. No prior knowledge necessary. Further information available.

**Your Body - how it works Part 2****SHE070.04**

Understanding your body can help with keeping fit and healthy. In this second course of the year, we will explore more systems of our body and how they work to keep us alive and kicking. No prior knowledge is necessary. Further information available.