



U3A ACT INC

Prospectus 2012

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UNIVERSITY OF THE THIRD AGE CANBERRA

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INFORMATION FOR U3A MEMBERS

U3A ACT Offices:

Hughes Community Centre (CC), Wisdom St, Hughes ACT 2605, phone 6281 6998.

Cook Community Hub (CH), Templeton St, Cook ACT 2614, phone 6251 8005.

Usual Office Hours: Monday to Friday 9.30am to 4:30pm.

This Prospectus sets out courses for 2012 held under the auspices of U3A ACT Inc.

Members are reminded to also refer to the U3A ACT newsletters that are published during the year for information about additional courses being offered and any changes to published courses. The U3A ACT website (www.u3acanberra.org.au) also contains news about current courses, new courses and changes to course details.

Enrolling in Courses

- Members must enrol in a course **prior** to its commencement date and not at the time the course starts.
- Most course leaders indicate a date for the first day of enrolment, but you may enrol any day after that date, providing there are still vacancies in the class. You must be a member of U3A to enrol in a course. You will need to provide your membership number at the time of enrolment in a course and also on the first day of the course.
- Members should wear their membership card at all U3A classes and functions.
- Leaders are not obliged to take a waiting list when the class is full, but some may opt to do so. Please let the leader know if you no longer need to have your name on the waiting list. If you find that after enrolling you are unable to start a course, or you are unable to continue with a course after it starts, please advise the course leader promptly.

Fees

- Rental charges apply at U3A Cook, U3A Hughes and University House. Class members at these venues pay a small fee per week to cover room rental.
- Other venues may also charge room rental and courses need to cover these charges. Clubs do not usually charge for rental, but U3A members may be asked to become club members for a small annual subscription.
- Course leaders receive no remuneration for conducting courses, but they do need to be reimbursed for all their costs, including telephone, photocopying and equipment hire.

For courses of 12 weeks or less, the fees are payable in advance on the first day of the course. For courses longer than 12 weeks, fees are payable in advance every 10 weeks.

Responsibilities

- Each class **must** appoint a treasurer – classes may not proceed without a treasurer.
- The treasurer is responsible for collecting all fees, for keeping a record of all the money collected from class members, for depositing the rent money in the appropriate place and for reimbursing the course leader for any expenses.
- Each class member must pay the fees set for their class.
The course leader may need assistance with the setting up and returning of equipment, and with drawing the blinds and curtains, turning off lights and heating.

Refreshments

- Refreshments may be purchased at some venues on an individual basis.
At other venues it is the responsibility of class members, not course leaders, to organise morning and afternoon teas.

Accessibility of Venues

Some venues (such as Molly Huxley Room) may be upstairs. If you have mobility problems, please enquire when you enrol.

Enrolment in a class is an undertaking to pay any contribution required, irrespective of your attendance

THE U3A COMPUTER HELP DESK

If your computer is not functioning properly or if you want computer advice call the U3A Computer Help Desk, We cannot solve all problems but we will be able to help most members most of the time. The Help Desk is staffed by a number of members who have over the years accumulated a lot of computer expertise

How the Help Desk works:

1. You call the office at Hughes. They will give you the telephone number of a volunteer from the Help Desk
2. You call the volunteer and explain your problem. In most cases the volunteer will be able to help you sort out your problem and get things moving again

If the volunteer cannot solve your problem he or she may refer you on to a specialist member of the Help Desk

Some problems will not have quick or easy solutions but the advice and help that you receive will be impartial

Help Desk Phone Number: 6281 6998 when the office is open

COURSES

Arts and Film

- | | |
|--|---|
| <p>The Illuminated Letter AF001.07
 Pamela Brown
 A modern simplification, bringing this art within the capabilities of the unskilled. Personalise your own initials and other art using gold leaf (imitation!).
 Limit 3 - 5. Costs of art materials and photocopying given on enrolment.
 Starts: 1 March Thursday 10-12 noon
 Venue: Private home, Weston Creek
 Ends: 25 October
 Term 1: 1 March-19 April
 Term 2: 6 Sept-25 Oct
 Contact: Pamela Brown on 6288 5952
 Enrolments after 8 am, 05/02/2012,
 This course repeated as AF001.08 in the afternoons 2-4pm on the same days.</p> | <p>Rock Bottom How to Draw AF018.03
 Alyson Robinson
 For people who would like to learn how to draw, beginning from the simplest possible point. All the mysteries explained. A short introductory class with the possibility of continuing to higher levels if there is sufficient interest. A second course may be organised if there are sufficient applicants.
 Limit 8 - 12. Room rent (approx \$34 per 2 hrs split among members for the 8 week block)
 Student Materials: Participants need to supply their own A3 cartridge paper or sketch book, HB, 2B and 4B pencil.
 Starts: 7 February Tuesday 10am-12 noon
 Venue: Curtin Uniting Church
 Ends: 10 April
 Contact: Alyson Robinson on 6281 0842, or at robbo95@bigpond.com
 Enrolments after 9am, 16/1/2012</p> |
| <p>Watercolours AF006.04
 Ann Baker
 A continuing course for people with previous knowledge of watercolour painting, without a tutor and operating on a self-help basis.
 Limit 35. Materials list will be advised on enrolment. Club joining fee of \$10 and parking fee of \$20 if required.
 Starts: 1 February Wednesday 9 - 11:45 am
 Venue: Woden Seniors Club
 Ends: 12 December
 Contact: Ann Baker on 6286 2211
 Enrolments after 8am, 16/1/2012</p> | <p>Drawing Workshop AF029.02
 Alyson Robinson
 This group is for those with previous drawing experience and will provide an ongoing opportunity to continue drawing practise in a workshop group. Further information is available by email.
 Limit 8 - 15. Room rent (approx \$34 per 2 hours split amongst members for the 8 week block).
 Student Materials: Art supplies to be provided by participants depending on personal interest.
 Starts: 7 February Tuesday 12.30-2.30 pm
 Venue: Curtin Uniting Church
 Ends: 10 April
 Contact: Alyson Robinson on 6281 0842, or at robbo95@bigpond.com
 Enrolments after 9am, 16/1/2012</p> |
| <p>Yass - Art Course AF007.04
 Margaret Carr and Cathy Pearsall
 Students work at own level. Beginners welcome.
 Limit 10 - 25. Room rent approx \$3 per day, paid quarterly.
 Starts: 2 February Thursday 1pm
 Venue: Senior Citizens Hall, Rossi St, Yass
 Ends: 13 December
 Contact: Margaret Carr on 6226 3230 or Cathy Pearsall on 6226 5787
 Enrolments after 8am, 16/1/2012</p> | <p>Art Fun + Friendship AF016.03
 Bronwyn King
 A continuing self-help art group which explores many styles and media. We visit galleries together regularly, and maintain a digital gallery. Our network of groups meets at Kippax, Woden</p> |

and Cook. Further information can be emailed to enquirers.

Limit 5 - 15.

Student Materials: All art materials (advice given for beginners)

Starts: 7 February Tuesday 10am-1 pm

Venue: Kippax Library, Kippax Shopping Centre

Ends: 18 December

Contact: Bronwyn King on 6258 8164, or 0435 110 306

Enrolments after 8am, 16/1/2012

Introduction to Chinese-Japanese Brush Painting: Elizabeth Ras AF013.04

The course teaches the main brush strokes and how to hold the brush to paint different things. This is essential in Oriental Painting.

Student Materials: Participants should not buy any materials until after they have started the course.

Starts: 8 February Wednesday 10-12 noon

Venue: Private home, North Canberra

Ends: Date to be fixed

Contact: Elizabeth Ras on 6241 1457

Enrolments after 8am, 16/1/2012

Art Gallery Visiting Group AF009.04 Bob Sutherland

Participants in this course visit some of the smaller private galleries in Canberra. We meet roughly monthly to fit in with the requirements of the galleries. We meet on Thursday afternoons with four visits in the first semester and four in the second, with a two month break in the winter. Previous members will need to register again.

Members travel and park at their own expense.

Starts: 9 February Thursday 2 pm

Venue: Different galleries in Canberra as arranged

Ends: 6 December

Term 1: Feb/March to May/June

Term 2: Sep/Oct to Nov/Dec

Contact: Bob Sutherland on 6288 4139 or at bobnjoce@netspeed.com.au

Enrolments after 8am, 16/1/2012

Art Appreciation (1) AF022.01

Roy Forward

Subtitled "Speaking to the eyes", this lecture and discussion course will help you to see what you are looking at, and develop your ability to think and talk about art, as we centre on great works from around the world.

Limit 10 - 30. Room rent.

Starts: 7 May Monday 10-12 noon

Venue: Hughes Community Centre Room 3

Ends: 2 July

Contact: Roy Forward on 6295 2017 or at roy.forward@anu.edu.au (preferred).

Enrolments after 9 am, 6/2/2012

Art Appreciation (2) AF023.01

Roy Forward

This lecture and discussion course is for those who want to know more about art. Called "The eyes of your heart", it will help to refine your likes and dislikes, and develop your ability to think and talk about art of all kinds.

Limit 10 - 30. Room rent.

Starts: 30 July Monday 10-12 noon

Venue: Hughes Community Centre Room 3

Ends: 17 September

Contact: Roy Forward on 6295 2017 or at roy.forward@anu.edu.au (preferred).

Enrolments after 9 am, 6/2/2012

Book-works and Box-works AF015.01 Terence Uren

A bookbinding 'master class' aimed at those with some experience who would welcome advice and access to equipment as they work on their own projects. A second course may be organised if there is sufficient interest. Further information can be sent to enquirers. Note stair access only to bindery.

Limit 3 - 8. Bookbinding materials (approx \$20)
Student Materials: Small hand tools, text papers, decorated papers.

Starts: 15 March Thursday 10.30am-12.30pm

Venue: Private home in Yarralumla

Ends: 10 May

Contact: Terence Uren at

terence.uren@bigpond.com

Enrolments after 8am, 16/1/2012

Improve Your Photographs AF004.01**Bob Hay**

This is not a “course” as such but a series of tutorials and informal practical discussions designed to familiarise participants with the fundamentals of good photographs. We will cover issues such as composition, depth of field, exposure, colour management etc and how to remedy problems after the shutter has been clicked by “editing” on a computer. Further information can be sent to enquirers.

Limit 10 - 18. Room rent.

Student Materials: Participants will need their own camera, a home computer, a USB (thumb) drive and editing software. (We will discuss editors in class). Also some recent photos on USB drive for constructive criticism in class.

Starts: 18 September Tuesday 10am-12 noon

Venue: Cook Community Hub Room 2

Ends: 20 November

Contact: Bob Hay at bob4236@gmail.com

Enrolments from 3/9/2012

Practical Photography AF008.01**Jake Jacobs**

A series of presentations on taking good/excellent photos. Do photos of relatives and grandchildren appear more appropriate hung in the Wanted Section of the Post Office, not your mantel? Subjects include people, land/seascapes, sports, nature. Learn to take photos right in the first place not relying on manipulation.

Limit 10 - 20. Room rent.

Starts: 2 May Wednesday 2-4 pm

Venue: Cook Community Hub Room 3

Ends: 30 May

Contact: Jake Jacobs on 6258 1621, or at jake.jacobs@mac.com

Enrolments after 9am, 16/1/2012

Films of the Past AF014.04**Alan Duke**

To introduce, view and discuss a variety of films from around the world. Introduce leading film directors and film stars. Further information can be emailed to enquirers.

Limit 45. Participants must be members of Southern Cross Club. Term fees also apply.

Starts: 1 February Wednesday 1:45 pm

Venue: Southern Cross Club, Woden

Ends: 28 November

Contact: Alan Duke on 6257 9990, or at alwend@webone.com.au

Enrolments after 8am, 16/1/2012

Thursday Evening Movies AF024.02**James Nichterlein**

We meet on the third Thursday of each month to enjoy and discuss a film of note. Our films are usually the films that do not make it on to the commercial cinemas. All U3A members are welcome at any of our screenings. Just come along, bookings are not necessary, with \$5 and something to share with others at supper.

Further information about the course can be emailed to enquirers.

Limit 40. \$5 per screening

Starts: 16 February Thursday 7.30 pm

Venue: Cook Community Hub Room 3

Ends: 22 November

Contact: James Nichterlein on 6282 1372 or at jimnicht@netspeed.com.au

Enrolments after 8am, 16/1/2012

European Films Centred on Children**Gail Ford****AF019.01**

We will look at a series of European films with children as the central character, such as 'Cinema Paradiso' (Italian), 'My Father's Glory' (French), 'Ivan's Childhood' (Russian) and 'Kolya' (Czech). After each we will discuss the art of film and common themes such as childhood relationships and war. All films are subtitled. Further information can be sent to enquirers.

Room rent.

Starts: 15 May Tuesday 1:30-4:00 pm

Venue: Hughes Community Centre Room 3

Ends: 3 July

Contact: Gail Ford on 6231 8247, or at gailford@bigpond.net.au

Enrolments from 1/2/2012

Computer Studies

An Introduction to Computing and Word Processing CS002.10

Various leaders

The course covers the basics of using a personal computer, including how to create and store documents and will introduce Internet and e-mail usage. No previous experience is necessary but attendees must have access at home to a computer with Windows (7, Vista or XP) and Microsoft Word or Works.

Limit 6 - 11. \$8.40 room rent and \$6.60 for materials and refreshments.

Starts: Date to be fixed. 7 x 2 ½ hour sessions.

Venue: Cook Community Hub Room 1

The course will be presented when there are sufficient applicants and a presenter is available.

Dates and times will be decided by the presenters.

Contact: Viggo Pedersen on 0406 376 811, or at pedersen@pcug.org.au

Enrolments after 8am, 16/1/2012

ABC: Absolute Beginners Course in Computing CS005.03

Eleanor Whelan (and a team of PCUG trainers)

This course is for absolute beginners who are just starting out or those who never learnt the basics. Sessions are in the PCUG Training Centre with experienced trainers. Topics include learning your way around the computer, email and Internet basics. Each session is paced for beginners, with revision, take-home notes and homework. The course will be repeated as necessary. Further information can be sent to enquirers.

Limit 6 - 11. \$60 (includes morning tea, documentation and completion certificate).

Starts: 14 February Tuesday 10-12 noon

Venue: PCUG, Grant Cameron Community Centre, 27 Mulley St, Holder

Ends: 24 April

Contact: Eleanor Whelan on 6257 7749 or at ekwu3a@gmail.com

Enrolments after 8am, 16/1/2012

Using Microsoft Word 2007 CS014.03 **Les Fielke**

We will learn how to use Microsoft Word 2007 to create, edit, format, save and print documents, insert tables and pictures, headers and footers and create indexes and tables of contents. You should be familiar with using Windows-based computers, Email and Internet (eg, you have completed the Introduction to Computers course).

Limit 4 - 12. Room rent plus photocopying costs.

Student Materials: You will need to have a copy of Microsoft Word 2007 installed on your home computer to complete homework. Also bring a USB flash drive to class.

Starts: 21 February Tuesday 10 am- 12.30pm

Venue: Cook Community Hub Room 1

Ends: 27 March

Contact: Les Fielke at les@fielke.com

Enrolments after 9am, 16/1/2012

"Plain English" Chat Group on Computers and the Internet CS006.04

Philip Bell

Open to everyone seeking friendly information about computers and the Internet. Come as you are; ask any questions you like. Beginners welcome. The group works as a network with help from experienced people from both U3A and the PC Users Group. Meets first Thursday of the month. (For more information, visit the 'U3A ACT' home page and click on 'Links', to go to our chat group public home page). Further information about the course can be emailed to enquirers.

Limit 10 - 50. Room rent.

Starts: 2 February Thursday 10am-12 noon

Venue: HAGSOC, Cook Community Hub

Ends: 6 December

Contact: Eleanor Whelan on 6257 7749, or at ekwu3a@gmail.com or John Brook on 6253 1128

Enrolments from 16/12/2011

Mac Absolute Beginners CS012.02 **Vince Newton**

This course has two aims, i) to introduce absolute beginning users of Macs to the various parts

and applications of the computer; ii) to help those who have had a Mac for a while and are still having difficulties in doing some basic procedures. The class will be in small groups for individual attention if necessary.

Limit 5 - 20. Room rent.

Student Materials: Mac laptops if possible.

Starts: 24 January Tuesday 10-12 noon

Venue: Hughes Community Centre Room 2

Ends: 27 March

Contact: Vince Newton on 6288 3341

Enrolments after 8am, 16/1/2012

U3A Macintosh Chat Group (Basics)

David Raff and David Wilson CS001.04

A group aimed at helping each other make the best use of our Macintosh desktop and laptop computers by getting together to share our computing knowledge and discuss our problems. This course is for people starting out with Macs and will look at 'getting the most out of your Mac', the built-in software, filing, maintenance and security.

Limit 15 - 30. Total of \$7.20 for room hire, payable on the first day of the course.

Starts: 15 February Wednesday 2-4 pm

Venue: Hughes Community Centre Room 3

Ends: 21 March

Contact: David Raff and David Wilson at macchatu3a@hotmail.com

Enrolments from 20/1/2012

U3A Macintosh Chat Group (Intermediate)

David Raff and David Wilson CS004.01

A group aimed at helping each other make the best use of our Macintosh desktop and laptop computers by getting together to share our computing knowledge and discuss our problems. This course is for people interested in broadening their knowledge of Macs and will look at activities such as wireless networks, music, photo processing, genealogy, making DVDs, scanning etc.

Limit 15 - 30. Total of \$7.20 for room hire, payable on the first day of the course.

Starts: 2 October Tuesday 10-12 noon

Venue: Hughes Community Centre Room 3

Ends: 6 November

Contact: David Raff and David Wilson at macchatu3a@hotmail.com

Enrolments from 7/9/2012

Current Affairs

Current Affairs, Southside

Phil Burns

CUA001.04

A two hour discussion on current issues. First hour is a presentation/Q&A with either an invited guest or a member. The second hour is a discussion on issues raised by members.

Limit 35 - 55. \$25 per term.

Starts: 1 February Wednesday 10-12 noon

Venue: Goodwin Village, Marshall Street, Farrer

Ends: 12 December

Contact: Phil Burns on 6231 7515 or at pburns@internode.on.net

Enrolments after 9am, 16/1/2012

Current Affairs, Hughes

CUA002.04

Robyn Beetham

A participative discussion group embracing political, economic and social issues. Also includes guest speakers, presentations volunteered by group members, and occasional group visits (participation optional).

Limit 25 - 35

Starts: 1 February Wednesday 10-12 noon

Venue: Baptist Church, Groom St, Hughes

Ends: 28 November

Contact: Robyn Beetham on 6290 1899

Enrolments after 9am, 16/1/2012

Current Affairs, Jerrabomberra CUA003.03

Ray Williams

Discussions on a variety of subjects.

Limit 25

Starts: 19 January Thursday 10-12 noon

Venue: Jerrabomberra Community Centre, Jerrabomberra

Ends: 6 December

Contact: Ray Williams on 0423 258 720

Enrolments after 8am, 16/1/2012

Current Affairs, Woden

CUA004.04

Gladys Glover

A participative discussion group covering current political, economic and social issues at

local, national and international levels. Guest speakers also regularly address the group. This is a popular group and membership is governed by venue size.

Limit 20 - 60. Weston Club membership \$5 pa.

Starts: 7 February Tuesday 10-12 noon

Venue: The Weston Club, Liardet St, Weston

Ends: 11 December

School terms

Contact: Gladys Glover on 6247 3324, or email

Pat O'Connor at purple.patricia@gmail.com

Enrolments after 9am, 16/1/2012

Australian Newspapers CUA030.01

Victor Isaacs

Current role, history and prospect of newspapers in Australia, with an emphasis on Canberra.

Limit 20. Room rent.

Starts: 2 May Wednesday 2-4 pm

Venue: Hughes Community Centre Room 2

Ends: 16 May

Contact: Victor Isaacs on 6257 1742, or at

abvi@iinet.net.au

Enrolments after 8am, 16/1/2012

The World of Issues, Ideas and Opinion. Group 2 CUA011.02

Henry Hatch

Ongoing Weekly discussion group basing topics on the contents of "Review: the World of Issues, Ideas and Opinion", published each Friday in "The Australian Financial Review", and similar publications. Articles discussed are by leading Australian and international commentators on major issues in politics, government, the arts and communication. Members are encouraged to analyse and expand on issues raised.

Limit 5 - 15. Room rent plus \$3 weekly for

"Financial Review"

Starts: 2 February Thursday 2-4 pm

Venue: Cook Community Hub, Meeting Room

Ends: 29 November

Contact: Henry Hatch on 6290 1138

Enrolments after 8am, 16/1/2012

Contemporary Issues Book Group CUA019.04

David Townsend and Marguerite Carrington

Members meet on the first Tuesday of each month to discuss a significant non-fiction book,

journal edition or essay on a topical issue. Members collectively choose the books and topics, which range over social, cultural, political and economic issues. The reading list is planned several months ahead. Members take turns in summarising each book and leading discussion. Limit 8 - 14. Cost of publications where applicable.

Student Materials: One (occasionally two shorter) publications each month. Help is provided in sourcing selected publications at cheap-est price.

Starts: 7 February Tuesday 1.45-4 pm

Venue: Members' homes, on rotation

Ends: 27 November

Contact: David Townsend on 6282 3850, or at

townjd@netspeed.com.au or Marguerite Car-

rington at dmcarrin@bigpond.net.au, or on

6238 3367

Enrolments after 8am, 16/1/2012

Acton Book & Discussion Group: Two views of the world from the Chinese Diaspora:

fiction by Yiyun Li, nonfiction by Amy Chua Alan Bellett CUA029.01

Some Chinese emigrants to the West have written in English about rapid changes in China, social dysfunction in countries with autocratic regimes or market-dominant minorities, and clashes between Chinese and Western values, and those of different generations. In this course we shall study books by Amy Chua and Yiyun Li. Participants will be encouraged to present a short story or chapter for discussion.

Limit 15 - 40

Student Materials: Books "Gold Boy, Emerald Girl" by Yiyun Li and "World on Fire" by Amy Chua.

Starts: 24 February Friday 10-12 noon

Venue: Baptist Church, Groom St, Hughes

Ends: 18 May

Term 1: 24 Feb-30 March (Chua)

Term 2: 20 April-18 May (Li)

Contact: Alan Bellett on 6292 8144 or at

ajdmbellett@bigpond.com (preferred)

Enrolments after 8am, 16/1/2012

North American Political Institutions Victor Isaacs CUA013.02

The U.S. dominates the world - what are its political institutions? How do the Americans

elect their President? How are the States governed? How do Canadian political institutions differ from Australian?

Limit 20. Room rent.

Starts: 15 August Wednesday 2-4 pm

Venue: Hughes Community Centre Room 2

Ends: 29 August

Contact: Victor Isaacs on 6257 1742, or at

abvi@iinet.net.au

Enrolments after 8am, 16/1/2012

The Middle East and Islam CUA008.04

Philip Peters

After a brief history of the Middle East, the course will cover the main contemporary Middle East issues, including Israel/Palestine, Iraq, Iran, Lebanon, Libya, Syria, Bahrain, Yemen. There will be a detailed analysis of Islam and radical Islam, including the nature and motivation of terrorists. Further details will be provided by letter to applicants, together with sug-

gested book references.

Limit 40 - 85. Small contribution required for hall hire and refreshments.

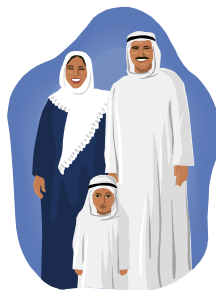
Starts: 3 May Thursday 10-12 noon

Venue: Hughes Community Centre Main Hall

Ends: 14 June

Contact: Philip Peters on 6281 5590

Enrolments from 1/2/2012



English Language and Literature

Write Word - Creative Writing Group

Brenda Malcolm ELL006.04

We are a group of women writers who focus on memoir style writing. We meet fortnightly and encourage writers to improve their skills by leading workshops throughout the year and reading their work aloud. Homework is set every meeting to be read aloud at the following meeting. Further information can be emailed to enquirers.

Limit 6 - 12. Annual fee of \$10 and membership of the Irish Club (\$5).

Student Materials: Exercise book and pen

Starts: 14 February Tuesday 1:30-3:30pm

Venue: Canberra Irish Club, Weston Creek

Ends: 11 December

Contact: Brenda Malcolm on 6288 4334, or at

malcolm.brenda@gmail.com

Enrolments after 9am, 16/1/2012

Just Writing

ELL024.04

Soraya Barkhordar

A fortnightly course for those interested in writing and with some previous experience. The group write on a central topic and read their work during the session. The written material is discussed and further suggestions and ideas are

offered by the group. This course is not a workshop.

Limit 6 - 8. Club membership required.

Starts: 5 March Monday 1:30-3:30pm

Venue: Belconnen Soccer Club, Hawker

Ends: 12 November

Contact: Soraya Barkhordar on 6258 5512

Enrolments from 14/1/2012, after 10 am

Short Stories - Writing and Listening

Barry McGloin ELL019.01

We aim for a relaxed, amusing two hours on the fourth Friday of each month listening to our stories and enjoying the company. Many styles serve to entertain us, just let your imagination run. Subjects are chosen by the group and members take turns in presentation of (group) chosen themes.

Limit 6 - 20. Room rent plus ad hoc photocopying costs.

Starts: 23 March Friday 2-4 pm

Venue: Hughes Community Centre Room 3

Ends: 23 November

Contact: Barry McGloin on 6288 8673 or at

bmcgloin@homemail.com.au (preferred)

Enrolments from 1/3/2012, after 8 am

With Love From the Grands ELL009.03**Heather Lawson**

Members are encouraged to write their own stories for their grandchildren for the future, and will be guided to make their own history interesting.

Limit 10 - 15. Room rent.

Student Materials: Copies of "With Love - gifting your stories to grandchildren" by Mike Paterson will be provided.

Starts: 1 February Wednesday 2-4 pm

Venue: Hughes Community Centre Room 2

Ends: 18 April

Contact: Heather Lawson on 6241 7705

Enrolments from 23/1/2012, after 8 am

Appreciating Poetry ELL038.04**Meryl Turner**

Participants decide on themes or poets, select their own examples and lead discussion on these. From time to time there may be discussion of poetic styles or other related matters that interest the group. We meet on first and third Wed of each month.

Limit 4 - 15. Room rent and shared printing costs where necessary.

Student Materials: Members need to email or print additional copies of poems they will be discussing.

Starts: 15 February Wednesday 2-4 pm

Venue: Cook Community Hub Room 2

Ends: 21 November

Contact: Meryl Turner on 6296 3817

Enrolments after 8am, 16/1/2012

The Sounds of Poetry, Old and New**Patricia Elliott****ELL057.02**

Share the pleasure of reading poetry aloud in a small group. Themes, individual poets, discussion, input from group members. We meet on the 1st Wednesday of each month.

Limit 8. Some photocopying costs.

Starts: 1 February Wednesday 10-12 noon

Venue: Private House in Holt

Ends: 5 December

Contact: Patricia Elliott on 6278 4190

Enrolments from 20/1/2012, after 5 pm

The Poetry of 'John O'Brien' ELL050.02**Michael Dwyer**

We will listen to, and discuss, good recordings of many poems written by the best-selling bush poet of the early 20th century. The course concludes with a screening of the classic film 'Around the Boree Log'.

Limit 20. Room rent, plus photocopying.

Starts: 18 September Tuesday 10am-12 noon

Venue: Cook Community Hub Room 3

Ends: 2 October

Contact: Michael Dwyer on 6258 3258

Enrolments after 8am, 16/1/2012

Play Reading ELL020.04**Ethel Lee**

We are a friendly group who have fun reading plays together. We read plays from all genres and always welcome newcomers. No experience is necessary. Further information can be emailed to enquirers or given over the phone.

Limit 10 - 20. Club membership \$10/yr plus \$20 parking fee if required, and \$4 weekly club fee. Also approx \$2.50/week for hire of plays (payable in \$20 lots)

Starts: 9 February Thursday 9:30-11:30 am

Venue: Woden Seniors Club

Ends: 6 December

Contact: Ethel Lee on 6231 0623, or at

emal@grapevine.com.au

Enrolments after 9am, 16/1/2012

Play Reading for Pleasure ELL058.02**Hugh Dakin and Helen Jackson**

We read and discuss a range of plays, chosen democratically and all participating.

Limit 5 - 15. Room rent plus own copy of texts.

Student Materials: Play texts

Starts: 15 February Wednesday 10-12 noon

Venue: Cook Community Hub Room 2

Ends: 5 December

School terms only

Contact: Hugh Dakin on 6295 7835

Enrolments from 18/1/2012, after 9 am

Reading Shakespeare for Pleasure ELL005.04**Hilary Batten**

A self-directing group for reading and discussion.

Limit 8 - 12

Student Materials: Members will need a copy of

the plays.

Starts: 10 February Friday 10-12 noon

Venue: Baptist Church, Groom St, Hughes

Ends: 7 December

Contact: Hilary Batten on 6286 3747

Enrolments after 8am, 16/1/2012

Reading Shakespeare ELL011.04

John Brook

A self directing group for reading and discussion. Further information about the course can be emailed to enquirers.

Limit 10 - 15. Room rent

Student Materials: Bring own copy of Shakespeare works

Starts: 10 February Friday 10-12 noon

Venue: Hughes Community Centre Room 2

Ends: 7 December

Contact: John Brook on 6253 1128

Enrolments after 8am, 16/1/2012

The Seven Ages of Man ELL062.01

Don and Sue Moss

Shakespeare considered the world as a stage in which men and women act out seven parts from infancy to senility. We will read poems and other extracts from literature which highlight the seven life stages, and discuss the extent to which they reflect public attitudes towards these stages at the time they were written. Participants will propose and introduce relevant poems/extracts for reading and discussion.

Limit 10 - 12. \$15 room rent (approx), photocopying; \$3 morning tea

Starts: 1 February Wednesday 10-12 noon

Venue: Baptist Church, Groom St, Hughes

Ends: 22 February

Contact: Don Moss at dsmoss@pcug.org.au

Enrolments after 8am, 16/1/2012

Chaucer - The Road to Canterbury (The General Prologue) ELL015.04

Peter Harrington

Start on the pilgrims' journey with reading and discussion of the General Prologue to "The Canterbury Tales" in a group involving member participation. Both Chaucer's original Middle English version and a modern 'translation' will be used. Further information about the course can be emailed to enquirers.

Limit 5 - 18. Room rent, \$5 photocopying.

Student Materials: Members provide own books, details on enrolment.

Starts: 13 March Tuesday 2-4 pm

Venue: Hughes Community Centre Room 3

Ends: 1 May

Contact: Peter Harrington on 6288 6559 or at pehar@webone.com.au (preferred)

Enrolments after 9am, 16/1/2012

Chaucer - The Road to Canterbury (Continuing Reading the Tales) ELL026.04

Peter Harrington
Continue the pilgrims' journey with reading and discussion of individual tales from "The Canterbury Tales". Previous experience of Chaucer desirable but not essential. Tales to be read will NOT be a repeat of those read in 2006-11.

Further information about the course can be emailed to enquirers. NB: the course room is accessed by a short staircase of 10 stairs.

Limit 5 - 12. Associate membership of Weston Club (\$5 p.a.), small photocopying cost.

Student Materials: Members provide own books, details on enrolment.

Starts: 7 February Tuesday 10.15am-12.15pm

Venue: The Weston Club, Liardet St, Weston

Ends: 29 May

Contact: Peter Harrington on 6288 6559 or at pehar@webone.com.au (preferred)

Enrolments after 9am, 16/1/2012

More Kipling: Themes in Rudyard Kipling's Works ELL059.02

Alan Cowan

We shall study some of the themes in Kipling's works. This is a participatory course with discussion and readings. No previous knowledge required.

Limit 8 - 15. Room rent.

Student Materials: All texts available on Google. Printed texts required to be brought to sessions. Members must contact Alan by June 29 for texts for first session.

Starts: 10 July Tuesday 10am-12 noon

Venue: Hughes Community Centre Room 2

Ends: 11 September

Contact: Alan Cowan on 6281 3038

Enrolments from 18/6/2012

Nordic Crime Fiction**ELL064.01****Marian Hill**

Reading and discussion of recent works of crime fiction by popular writers from Scandinavia, Finland, and Iceland. A month will be spent on each author, and one of his/her novels will be looked at closely. Participants will need to read each of these books before discussion starts.

Limit 6 - 14. Room rent.

Student Materials: Participants will be expected to purchase their own copies of eight novels. All are currently available in bookshops.

Starts: 2 February Thursday 2-4 pm

Venue: Hughes Community Centre Room 2

Ends: 15 November

Contact: Marian Hill on 6247 4464 or at marian.hill@inet.net.au

Enrolments after 8.30 am, 16/1/2012

Jane Austen Discussion Group ELL045.02**Julia Ermert**

The first book for this year is "Northanger Abbey". Not everyone's favourite - in fact usually last on the list. But there's more to it than meets the eye. Email for a fact sheet or pick one up at the Office.

Limit 6 - 15. Room rent plus some photocopying costs.

Starts: 1 March Thursday 2-4 pm

Venue: Cook Community Hub Room 2

Ends: 5 April

Contact: Julia Ermert on 6166 0352 or at juliae@grapevine.com.au (preferred)

Enrolments from 1/2/2012

Favourite Extracts from Novels, Essays,**Plays and Poems****ELL063.01****Maureen Bettle**

Extracts from novels and essays and poems and plays for discussion will be provided by the convenor in the first two or three meetings. In further sessions members will supply their own favourite passages to share with the group. Further information can be emailed to enquirers.

Limit 12 - 15. Room rent, photocopying costs

Student Materials: Participants will need to inform the convenor of their chosen passages at least a week before a session and provide a text so that copies can be made.

Starts: 6 February Monday 2-4 pm

Venue: Hughes Community Centre Room 2

Ends: 19 March

Contact: Maureen Bettle on 0439 602 029

Enrolments after 8am, 16/1/2012

Enjoying Literature**ELL003.04****Roger Dobb**

A continuing weekly co-operative reading group in which members are encouraged to share their enjoyment of literature. We draw on novels, short stories, plays, poetry and biographies, and there are regular 'free-for-all' mornings. Further information about the course can be emailed to enquirers.

Limit 40. Room rent.

Starts: 9 February Thursday 10-12 noon

Venue: Cook Community Hub Room 3

Ends: 6 December

Contact: Roger Dobb on 6286 3493 or at jarodo@homeemail.com.au

Enrolments after 8am, 16/1/2012

Literature and Drama**ELL016.04****Tric White**

This is a course where we explore, examine and enjoy the literature and drama of the world. No expertise required, only enthusiasm.

Limit 18 - 25. \$30 per term to cover room hire, morning tea and other costs.

Starts: 8 February Wednesday 10-12 noon

Venue: Northside Community Centre, Dickson

Ends: 12 December

Contact: Tric White on 6258 2354

Enrolments after 8am, 16/1/2012

Books and Writers**ELL008.04****Helen Sheedy**

Participatory reading/discussion group. Members present fiction, non-fiction, modern classics and poetry. Further information can be sent to enquirers.

Limit 25 - 30. Room rent and refreshments (\$70 in 2011), plus membership of Irish Club \$5.

Student Materials: Members make use of libraries and share books where possible.

Starts: 13 February Monday 1:45-3:45 pm

Venue: Canberra Irish Club, Weston Creek

Ends: 19 November

Contact: Helen Sheedy on 6288 7711 or at hsheedy@netspeed.com.au

Enrolments after 8am, 16/1/2012

Detectives Book Group **ELL052.02**

Heather Lawson

Over the year, we will read widely across a genre, discovering new authors and writing styles. We meet on the first Tuesday of each month.

Limit 6 - 15. Room rent

Student Materials: ACT Library membership

Starts: 5 June Tuesday 2-4 pm

Venue: Cook Community Hub Room 2

Ends: 6 November

Contact: Heather Lawson on 6241 7705

Enrolments from 21/5/2012, after 8 am

Sci-Fi Book Club **ELL053.02**

Heather Lawson

Over the months members will read across the Sci-Fi genre, exploring old favourites and new young writers, and discover the changes in this genre. We meet on the second Tuesday of each month.

Limit 6 - 15. Room rent

Student Materials: ACT Library membership

Starts: 12 June Tuesday 2-4 pm

Venue: Cook Community Hub Room 2

Ends: 13 November

Contact: Heather Lawson on 6241 7705

Enrolments from 21/5/2012, after 8 am

Romance Book Club **ELL054.02**

Heather Lawson

Over the course the members will read across the Romance genre and explore the new writers and styles. We meet on the third Tuesday of each month.

Limit 6 - 15. Room rent.

Student Materials: ACT Library membership

Starts: 19 June Tuesday 2-4 pm

Venue: Cook Community Hub Room 2

Ends: 20 November

Contact: Heather Lawson on 6241 7705

Enrolments from 21/5/2012, after 8am

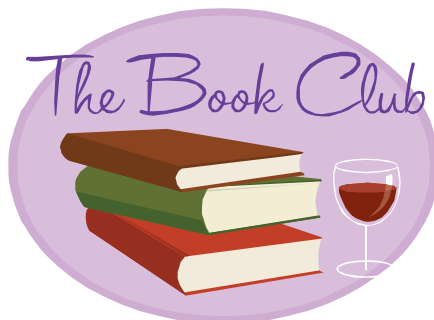
Adventure Book Club **ELL055.02**

Heather Lawson

Over the course members will read and discuss old friends and new authors in the genre and share their discoveries with the members. We meet on the fourth Tuesday of each month.

Limit 6 - 15. Room rent.

Student Materials: ACT Library membership



Starts: 26 June Tuesday 2-4 pm

Venue: Cook Community Hub Room 2

Ends: 27 November

Contact: Heather Lawson on 6241 7705

Enrolments from 21/5/2012, after 8 am

Northside Book Group No 1 **ELL029.04**

Judy McLeod

Members participate in the choice of books from a list provided by the ACT Library's "Read Around Canberra" program. We choose ten books of which the Library provides six and members are responsible for obtaining the other four. Each member chooses a book to present and all are encouraged to join in a discussion of same. We meet on the 3rd Monday of each month. Membership of ACT Library required. Limit 10 - 15. Club membership (about \$5 pa), refreshments.

Student Materials: Students need four books each year (often borrowed from the Library)

Starts: 20 February Monday 10-12 noon

Venue: Southern Cross Club Jamison

Ends: 19 November

Contact: Judy McLeod on 6247 7600 or at

judy@mcleodglobal.com (preferred)

Enrolments from 10/2/2012

Northside Book Group No 3 **ELL033.04**

Robyn Teasdale

Each member chooses and introduces one book per year. All members are encouraged to contribute to the discussion. Books will generally be available from the library, but some new releases may be chosen. We meet on the 2nd Thursday of each month. Further information about the course can be emailed to enquirers. Limit 7 - 14. Membership of Ainslie F.C. (\$5) is required.

Starts: 9 February Thursday 10.15am-12.15pm
Venue: Ainslie Football Club
Ends: 13 December
Contact: Robyn Teasdale on 6247 2914 or at robyn.teasdale@inet.net.au
Enrolments after 8 am, 16/1/2012

Book Group **ELL021.04**

J Munro-Ashman

We read recently published books from a variety of countries, both fiction and non-fiction. Each book is suggested by members and we usually read 2 a month. Each member is expected to present 1-2 books a year. We meet in each other's homes on the 2nd Tuesday of each month and have had many lively discussions as present members have very varied tastes.

Limit 10

Starts: 14 February Tuesday 2-4 pm
Venue: Members' homes by arrangement
Ends: 11 December
Contact: J Munro-Ashman on 6288 1112
Enrolments after 8 am, 16/1/2012

Brindabella Bookies **ELL022.04**

Sue Moss, Jenny Jelleff

A reading group that meets on the 4th Wednesday of each month. Books and notes supplied by C.A.E. Victoria.

Limit 8 - 15. Cost is \$122 (2011 cost) for book hire plus room rent.

Starts: 22 February Wednesday 2-4 pm
Venue: Baptist Church, Groom St, Hughes
Ends: 30 November
Contact: Sue Moss on 6281 1253 or Jenny Jelleff on 6282 6313
Enrolments after 8am, 16/1/2012

Joan's Reading Group **ELL017.04**

Joan E Riggs

We sit around a table and, in turn, read every word of "War and Peace" by Tolstoy. This is supplemented by viewing a DVD of this book as appropriate.

Limit 6 - 14

Student Materials: Participants need a copy of "War and Peace".

Starts: 6 February Monday 10am-12 noon
Venue: Private home in Belconnen
Ends: 3 December
Contact: Joan Riggs on 6254 2876
Enrolments from 18/1/2012, after 9 am

Ainslie Book Group 1 **ELL032.01**

Maxine Edmonds (temporary)

This is a new group for North Canberra. "Animal Dreams" by Barbara Kingsolver has been chosen as the first book to be discussed. New members will elect a new convener, choose subsequent books and decide how to run the group. Currently group to meet on the 3rd Thursday of each month.

Limit 4 - 12. Membership of Ainslie Football Club (\$5).

Student Materials: Chosen book of the month.

Starts: 16 February Thursday 2.30 pm
Venue: Ainslie Football Club
Ends: Date to be fixed
Contact: Maxine Edmonds on 6254 4605, maxine.e33@gmail.com
Enrolments after 10 am, 16/1/2012

History

*See also 'Philosophy and Religion'
for courses with history content*

Deep Time and Archaeology: Aboriginal Australia before 1788 **H098.02**
Peter White

This course examines the prehistory of Aboriginal Australia, from first settlement of the continent until the coming of the Europeans. Topics include: how and when the continent was first occupied, prehistoric art, the extinction of the megafauna, trade, technology and subsistence,

Tasmania's people isolated from the world for 14,000 years. Further information can be emailed to enquirers.

Limit 15 - 45. Room rent plus \$3 photocopying
Starts: 3 October Wednesday 1:30-4:00 pm
Venue: Cook Community Hub Room 3
Ends: 5 December
Contact: Peter White on 6258 9354 or at pkwhite@netspeed.com.au (preferred)

Enrolments from 12/9/2012, after 8 am

**First Australians Autobiography H035.04
Adele Stevens and Audrey Guy**

Interested in learning more about the past and present experience of Indigenous Australians? Join this Reading Group and read the first hand personal stories contained in Indigenous autobiographies. We meet on the first Monday of each month to discuss a book, with individual group members leading discussion. A reading list for the year can be emailed to enquirers.

Limit 15 - 25

Student Materials: Reading Group members are responsible for acquiring each book of the month for their own use

Starts: 6 February Monday 10-12 noon

Venue: Friends Lounge, National Museum of Australia (NMA)

Ends: 3 December

Contact: Adele Stevens ph: 6288 7221 or at stevad@webone.com.au

Enrolments after 8am, 16/1/2012

**Australian History Highlights H002.04
Meredith Austin and Barry Price**

Class members, and occasionally guest speakers, present papers on the history of Australia and its near neighbours.

Limit 12 - 35. \$2.50 weekly.

Starts: 7 February Tuesday 10-12 noon

Venue: Majura Centre Dickson

Ends: 27 November

School terms

Contact: Barry Price on 6241 1130

Enrolments after 8am, 16/1/2012

**Australian History 'A' Group H010.04
Barry Millar**

This class is now in its 26th year. We cover Australian history from Colonial days to recent times, particularly lesser known people and events. Members encouraged but not expected to prepare presentations. Guest speakers and extensive history library for research. One or two subsidised excursions. Further information about the course can be emailed to enquirers.

Room rent, costs of optional excursions.

Starts: 7 February Tuesday 10-12 noon

Venue: Hughes Community Centre Main Hall
Ends: 27 November

Contact: Barry Millar on 6297 5001 or at Barry.Millar@internode.on.net or Frank Duggan on 6291 7172, 0413 464 783, or at oldfrankey@grapevine.com.au
Enrolments from 17/1/2012

**Historians talking about History 6 H018.03
Ann Moyal and Mark Cranfield**

This very popular course is returning for the sixth time. Once again, ten distinguished historians, drawn from diverse areas of Australian and Pacific history, will discuss their individual perspectives, their special fields of interest, and the challenges of historical writing and research.

Limit 50 - 65. Cost \$35 includes morning tea and free parking.

Starts: 9 May Wednesday 9:45-11:45 am

Venue: Wesley Music Centre, Forrest

Ends: 11 July

Contact: Ann Moyal at moyal.ann@gmail.com or Mark Cranfield at cmauk@ozemail.com.au, or 0408 230 102

Enrolments from 9/4/2012, after 9 am

**Yass Australian History Group H034.04
Jan Wilson**

Members participate in discussion and can present papers. We do excursions to local areas to learn their history and have interesting guest speakers. New members always welcome.

\$20 per term.

Starts: 9 February Thursday 10-12 noon

Venue: Uniting Church Hall, Cliffo St, Yass

Ends: 29 November

School terms

Contact: Jan Wilson on 6226 6222 or at wrencottage@dodo.com.au

Enrolments after 8am, 16/1/2012

**Australian History, Cook Group H097.02
John Mann**

Aspects of Australian history are presented by class members. Occasional guest speakers.

Limit 18. Room rent

Starts: 6 February Monday 1:30-3:30pm

Venue: Cook Community Hub Room 2

Ends: 3 December

Contact: John Mann on 6254 1390
Enrolments after 8am, 16/1/2012

Australian Railways **H096.02**
Victor Isaacs

The history and current prospects of Australian railways, with an emphasis on the Canberra region.

Room rent.

Starts: 26 March Monday 2-4 pm

Venue: Hughes Community Centre Room 2

Ends: 2 April

Contact: Victor Isaacs on 6257 1742 or at abvi@inet.net.au

Enrolments after 8am, 16/1/2012

The Names of Canberra's Suburbs **H052.04**
Campbell Egan

The course tells something of the life and achievements of the people whose names have been attached to the suburbs of the national capital.

Limit 6 - 20. Room rent plus \$20 photocopying costs.

Starts: 23 January Monday 10am-12 noon

Venue: Hughes Community Centre Room 2

Ends: 2 April

Contact: Campbell Egan on 6249 1349

Enrolments after 8am, 16/1/2012

Prime Ministers of Australia, from Federation to Date **H108.01**
A J Steer

This course will cover the history of Prime Ministers of Australia, from Federation to date.

Limit 5 - 15. Room rent.

Starts: 15 October Monday 10-12 noon

Venue: Cook Community Hub Room 2

Ends: 26 November

Contact: Mrs A J Steer on 6254 4509

Enrolments from 10/9/2012

Australian Political Personalities (Group A) **H001.04**
John Campbell

Discussion of contributions of significant personalities to Australian political history.

Limit 10 - 30. Room rent.

Starts: 23 May Wednesday 2-4 pm

Venue: Hughes Community Centre Room 3

Ends: 21 November

Term 1: 23 May to 27 June

Term 2: 17 Oct to 21 Nov

Contact: John Campbell on 6281 1038

Enrolments from 05/03/2012

Australian Political Personalities (Group B) **H006.04**
John Campbell

Discussion of contributions of significant personalities to Australian political history.

Limit 10 - 30. Room rent.

Starts: 24 May Thursday 10-12 noon

Venue: Hughes Community Centre Room 3

Ends: 13 December

Term 1: 24 May to 28 June

Term 2: 8 Nov to 13 Dec

Contact: John Campbell on 6281 1038

Enrolments from 05/03/2012

Australian Political Personalities (Group C) **H025.04**
John Campbell

Discussion of contributions of significant personalities to Australian political history.

Limit 10 - 30. Room rent.

Starts: 24 May Thursday 2-4 pm

Venue: Hughes Community Centre Room 3

Ends: 13 December

Term 1: 24 May to 28 June

Term 2: 8 Nov to 13 Dec

Contact: John Campbell on 6281 1038

Enrolments from 05/03/2012

Oceania **H031.03**
Jennifer Blaik

Not a history or a geography series. We know little of our Pacific neighbours! Visiting speakers will address the group on their areas of interest.

Limit 30 - 35. Room rent.

Student Materials: A map of the Pacific would be useful.

Starts: 4 May Friday 10am-12 noon

Venue: Cellar Bar, University House, ANU

Ends: 20 July

Contact: Jennifer Blaik on 6247 8908 or at jjane1@bigpond.com.au

Enrolments after 8am, 16/1/2012

The Pacific War: Enemy at the Gate **H007.01**
Bob Coombs

Follows the course of the Pacific War from its origins in China and Europe to the aftermath of the conflict. The course includes discussion on

the attacks on Australian territory and the extent of the Japanese threat to Australia.

Limit 15 - 40. Room rent plus \$15 a head for notes.

Starts: 11 September Tuesday 2-4 pm

Venue: Cook Community Hub Room 3

Ends: 30 October

Contact: Bob Coombs on 0414 939 237 or at ruralact@iimetro.com.au

Enrolments from 13/8/2012

Wartime **H042.02**
Geoff Baker

The course discusses the effects of WWII on the civilian populations of Britain, Australia and Germany.

Limit 14 - 23. Room rent plus small photocopy charge.

Starts: 13 September Thursday 2-4 pm

Venue: Hughes Community Centre Room 3

Ends: 1 November

Contact: Geoff Baker on 6286 2211

Enrolments from 16/07/2012, after 8 am

Ancient Greece: from earliest times to Roman times **H008.01**
Peter White

This course traces the interesting history of the ancient Greeks from the Minoans/Mycenaean through until the time of the Roman takeover. We see how the Athenians lived, have walking tours through Olympia and Delphi and visit many other famous ancient sites. Lots of Powerpoint photos and a library of books for you to borrow. Further information can be sent to enquirers.

Limit 15 - 45. Room rent, handouts approx \$5

Starts: 28 June Thursday 2-4 pm

Venue: Cook Community Hub Room 3

Ends: 30 August

Contact: Peter White on 6258 9354 or at pkwhite@netspeed.com.au (preferred)

Enrolments from 7/6/2012, after 8 am

The Not So Dark Ages - C350 AD to 1066 **H023.01**
Ted Frost

Europe with emphases on Britain from C350 AD to the Battle of Hastings, including early Christianities, the barbarian invaders of the western Roman empire, Goths, Franks, Saxons, Vikings, Alfred, Charlemagne, Monasticism etc.

Limit 15 - 30. Room rent plus small charge for photocopy handouts.

Student Materials: Folder for handouts

Starts: 3 February Friday 10-12 noon

Venue: Hughes Community Centre Room 3

Ends: 29 June

Contact: Ted Frost on 6292 4145

Enrolments from 19/1/2012, after 9 am

The Great Game **H059.03**
Bob Dunstone

The story of Russian expansion into central Asia at the end of the 19th century and the alarmed response of the British in India. Explorers, spies and eccentrics.

Limit 15 - 30. Room rent, photocopying about \$4.

Starts: 16 October Tuesday 10-12 noon

Venue: Hughes Community Centre Room 3

Ends: 20 November

Contact: Bob Dunstone on 6282 7927

Enrolments from 10/09/2012, after 8 am

Germanies' History **H105.01**
Dr Raoul F. Middelmann

After eight introductory sessions on general geographic, economic, social, and historic features of German-speaking areas of Europe, participants will introduce us to the history of a city/region/state by highlighting a specific writer, musician, philosopher, scientist, industrialist or a specific industry or institutions (religion, labour unions, education) against his/her/its historic background.

Limit 7 - 22. Room rent (\$30) plus photocopying material and refreshments.

Student Materials: Students need an open and inquisitive mind

Starts: 25 July Wednesday 2-4 pm

Venue: Lutheran Church hall, Woden, 37

Burnie St, Lyons

Ends: 21 November

Contact: Dr Raoul Middelmann on 6282 8580 or at middelmann@netspeed.com.au

Enrolments from 1/6/2012

Scotland - A History **H109.01**
Marjorie Curtis

Although England, Ireland and Wales were not totally ice-covered in the last Ice Age, Scotland was. It developed through a series of immigra-

tions: first plants, then animals, and finally nomadic hunter-gatherers. We will consider the evolution of Scotland from early times, its battles for independence, to the modern semi-autonomous nation. Further information can be sent to enquirers.

Limit 27. Room rent plus \$4 for photocopying.
Student Materials: There are many books and biographies relating to the geology, archaeology, and history of Scotland. Students should try the Public Libraries etc for reading matter.

Starts: 27 April Friday 2-4 pm
Venue: Cook Community Hub Room 3
Ends: 29 June
Contact: Marjorie Curtis on 6241 8167
Enrolments after 8am, 16/1/2012

The Middle East H103.01 **Lois Dennis**

A survey of the history of the Middle East from Biblical times to the 1980s.

Limit 6 - 20. Approx. \$4 for notes
Starts: 10 February Friday 10.15-12.00
Venue: Canberra Raiders Club, Cnr. Gozzard & Hibbertson Sts, Gungahlin
Ends: 30 March
Contact: Lois Dennis on 6242 5241
Enrolments from 18/1/2012, after 8 am

Westward the Wagons H041.01 **Bob Dunstone**

During the 1840s tens of thousands of emigrant families left the Mississippi to travel by wagon train nearly two thousand miles to California and Oregon across plains, deserts and mountains. What motivated these travellers to undertake such an arduous and dangerous journey, how did they prepare for the adventure and what were their experiences on the trail?

Limit 10 - 30. Room rent, photocopying \$4, tea \$3.
Starts: 12 April Thursday 10-12 noon
Venue: Hughes Community Centre Room 3
Ends: 17 May
Contact: Bob Dunstone on 6282 7927
Enrolments from 03/02/2012 after 8 am

History of the Americas H016.04 **Clarrie Hockley and John Crotty**

An ongoing course in which aspects of North and South American history (and associated

geography) are discussed. Members are encouraged to prepare and present papers and to enter into discussion. Occasional guest speakers.

Limit 15 - 30
Starts: 9 February Thursday 1:30-3:30pm
Venue: Majura Centre Dickson
Ends: 29 November
Contact: Clarrie Hockley on 6258 2231 or John Crotty on 6251 5707
Enrolments after 8am, 16/1/2012

Royal Families: The Romanovs H083.03 **Lois Dennis**

Members of the Romanov family were rulers of Russia for more than 300 years and both their public and private acts had great influence on Russia's destiny.

Limit 6 - 22. Approx. \$5 for photocopied notes.
Starts: 30 April Monday 2-3:30 pm
Venue: Weston Creek Community Centre
Ends: 2 July
Contact: Lois Dennis on 6242 5241
Enrolments from 18/4/2012, after 8 am

Royal Families: The Tudors H104.01 **Lois Dennis**

The Tudors are among the best known of English monarchs despite the fact that the dynasty lasted only two generations.

Limit 6 - 20. Approx. \$3 for notes.
Starts: 12 October Friday 10.15-12.00
Venue: Canberra Raiders Club, Cnr. Gozzard & Hibbertson Sts, Gungahlin
Ends: 7 December
Contact: Lois Dennis on 6242 5241
Enrolments from 26/9/2012, after 8 am

The Life and Times of Oscar Wilde H011.04 **Bob Coombs**

Traces the extraordinary life of Oscar Wilde in the setting of late Victorian London. Includes segments on Jack the Ripper and Oscar's literary/philosopher contemporaries.

Limit 15 - 40. Room rent, \$15 a head for notes.
Starts: 7 February Tuesday 2-4 pm
Venue: Cook Community Hub Room 3
Ends: 27 March
Contact: Bob Coombs on 0414 939 237 or at ruralact@iimetro.com.au (preferred)
Enrolments after 8am, 16/1/2012

**The Character of the Famous and the Infamous H045.04
Geoff Baker**

This course discusses the personal, intellectual and emotional characteristics of the famous and the infamous with their effects upon historical events, including Hitler, Churchill, Stalin, Roosevelt, de Gaulle, Menzies, Keating, Mao, Pol Pot and Osama bin Laden.

Limit 14 - 23. Room rent, small photocopying cost.

Starts: 5 July Thursday 2-4 pm

Venue: Hughes Community Centre Room 3

Ends: 23 August

Contact: Geoff Baker on 6286 2211

Enrolments from 04/06/2012, after 8 am

**Napoleon H084.03
Geoff Baker**

What was he like? The course discusses the evolution of Napoleon's character from his Corsican origin to his rise to power, his relationship with women, his military genius and dominance, his mistakes and his fall.

Limit 14 - 23. Room rent, small photocopying costs.

Starts: 2 February Thursday 2-4 pm

Venue: Hughes Community Centre Room 3

Ends: 22 March

Contact: Geoff Baker on 6286 2211

Enrolments after 8am, 16/1/2012

**Talking About Victorian Women H064.02
Maureen Newman**

This course will have a look at the lives of women in the Victorian era – rich women, poor women, good women and the not so good women. How did they live their lives, what was their status in society and what were their opportunities?

Limit 8. Small charge for photocopying.

Starts: 6 April Friday 2-4 pm

Venue: Private home in Woden

Ends: 15 June

Contact: Maureen Newman on 6288 3036 or at mne74266@bigpond.net.au

Enrolments after 9am, 16/1/2012

**Status of Women Thru the Ages H106.01
A J Steer**

This course will discuss the status of women through the ages.

Limit 5 - 15. Room rent

Starts: 23 January Monday 10-12 noon

Venue: Cook Community Hub Room 2

Ends: 19 March

Contact: Mrs A J Steer on 6254 4509

Enrolments from 2/1/2012

**History of Fashion and Costume Thru the Ages H107.01
A J Steer**

This course will discuss the history of fashion and costume through the ages.

Limit 5 - 15. Room rent.

Starts: 28 May Monday 10-12 noon

Venue: Cook Community Hub Room 2

Ends: 2 July

Contact: Mrs A J Steer on 6254 4509

Enrolments from 30/4/2012

**The Med Less Travelled - an Armchair Guide H048.01
Elizabeth Cowan**

Focusing on places of historical and cultural interest, we'll visit some of the sights less well-frequented by Australians. First stop Sicily (1 week), located at a strategic crossroads, then on to the very different story and character of Turkey's eastern and western regions (1 week each). Well illustrated by pictures.

Limit 8 - 25. Room rent plus small photocopying charge.

Starts: 9 July Monday 10-12 noon

Venue: Hughes Community Centre Room 3

Ends: 23 July

Contact: Elizabeth Cowan on 6286 4359 or at elcowan@optusnet.com.au (preferred), or

Enrolments after 8am, 16/1/2012

**Family history for beginners H068.02
Kerrie Gray**

For those new to researching their family history who want to learn about resources available and research practices to improve their chance of success. Australian and overseas resources will be explored including internet based resources and a wealth of other resources.

Limit 8 - 20. \$30 all inclusive

Student Materials: Recommend purchase of "Family History for Beginners & Beyond" from HAGSOC (next to U3A Cook)

Starts: 7 February Tuesday 10am-12 noon

Venue: HAGSOC, Cook Community Hub

Ends: 20 March

Contact: Kerrie Gray on 0411 616 213 or at

ckgrays@gmail.com

Enrolments after 8am, 16/1/2012

Family History - beyond the basicsH053.02

Pam Ray

This course is not for beginners. Those already experienced in basic sources and techniques will be introduced to more Australian and British advanced sources to broaden knowledge and solve problems.

Limit 12 - 15. Approx \$35 for room rent and photocopying.

Starts: 1 May Tuesday

Venue: TBA

Ends: 26 June

Contact: Pam Ray at pamray@netspeed.com.au

Enrolments after 8am, 16/1/2012



Languages

Thinking of Learning a Language? L002.01 Grahame Hellyer

A comparison of some of the most popular languages and suggestions on how to go about learning them (even if you can't get into a U3A course!). Use of text books, internet, CD, mnemonics and other 'tricks of the trade'.

Limit 12 - 15. Room rent.

Starts: 3 February Friday 1:30-3:30pm

Venue: Cook Community Hub Room 2

Ends: 17 February

Contact: Grahame Hellyer on 6251 3379

Enrolments after 8am, 16/1/2012

Reading Latin L057.01

Christiane Patron

Latin Reading Course run in two levels of competency -

Stage 1: some previous experience in reading Latin and knowledge of Latin syntax. Stage 2: good command of Latin reading skills.

Participants who have completed Stage 1 of the previous Latin Learners Alive (L07) course will be accepted for continuation into Stages 2 and 3 of that course and will be provided with photocopied course materials.

Membership of Southern Cross Club plus photocopying costs.

Student Materials: Stage 1: Cambridge Latin

Anthology, CUP; Stage 2: Oxford Latin Reader, OUP

Starts: 6 February Monday 10-12 noon

Venue: Southern Cross Club, Woden

Ends: 10 December

Contact: Christiane Patron on 6290 1192 or at

chrispierre@netspeed.com.au

Enrolments after 9am, 16/1/2012

Arabic for Beginners II L055.01 Fetooh Alomran

This course is a continuation of Stage I (course L01) and the participant needs some knowledge of the Arabic language, at least the alphabet.

The course covers written and spoken Arabic.

Limit 5 - 10

Student Materials: Text book "Mastering Arabic 1" by Jane Wightwick and Mahmoud Gaffar

Starts: 6 February Monday 10-12 noon

Venue: Woden Library, Balcony Room

Ends: 29 October

Contact: Fetooh Alomran on 0405 434 237 or

6285 2735 or at hishamfet@yahoo.com

Enrolments after 10 am, 16/1/2012

Beginners French L016.01 Luc Rose

A beginner's course with concentration on speaking, reading, listening and writing skills.

Students will achieve a basic knowledge of French and should be able to read, exchange personal information, ask directions etc. Limit 12 - 20. Room rent, text book and photocopying charges.

Student Materials: "Hugo French in 3 Months" - Ronald Overy and Jacqueline Lecanuët.

Starts: 15 February Wednesday 10-12 noon

Venue: HAGSOC, Cook Community Hub

Ends: 28 November

School terms

Contact: Luc Rose on 6254 3339 or at

smrose@iinet.net.au

Enrolments after 8am, 16/1/2012

Beginning French L040.04

Peter Judge

This course is for absolute beginners. No prior knowledge of any foreign language is assumed, but you will need to do a little homework between sessions - there are lots of new words to learn and practise! The basic text is Hugo's 'French in 3 Months', which we will aim to complete in 9-10 months, along with lots of songs and other simple texts.

Limit 15 - 20. Room rent, some photocopying, Student Materials: Hugo's French in 3 Months Beginners' Language Course, costs \$17.95 (but Peter can probably buy these in bulk at a discount).

Starts: 7 February Tuesday 2-4 pm

Venue: Hughes Community Centre Room 2

Ends: 11 December

Contact: Peter Judge on 6296 6211 or at

peter.judge@bigpond.com (preferred)

Enrolments after 9am, 16/1/2012

Intermediate French L020.04

Barry Sreeves

This course is for those who already have a good knowledge of French who wish to develop their confidence and ability in the skills of listening, speaking, reading and writing. Grammar, vocabulary and idiom will be reviewed and extended, while a broad variety of photocopied reading and language-based materials will be discussed and practised.

Limit 12 - 26. Room rent plus photocopying levy each semester.

Student Materials: Access to an appropriate

French dictionary and recommended but cheap

grammar reference.

Starts: 8 February Wednesday 10.15am-12.15pm

Venue: Hughes Community Centre Room 3

Ends: 12 December

Contact: Barry Sreeves on 6295 6167

(preferred) or at barry_s@iinet.net.au

Enrolments from 23/1/2012, after 10 am

French continuing L004.04

Marjorie Neutze

Fairly informal approach and includes conversation, discussion of material selected by members of the group, presentations on topics of special interest by volunteers, plus study of some novels and grammar revision.

Limit 10 - 15. Club membership required.

Student Materials: French dictionary

Starts: 7 February Tuesday 10-12 noon

Venue: Belconnen Soccer Club, Hawker

Ends: 27 November

Contact: Marjorie Neutze on 6251 1873

Enrolments from 30/1/2012, after 9 am

French Reading and Conversation L043.03

Marion Lewis

This group is seeking new members. An intermediate level of French is required. We open by listening to a French song, then read and discuss French literature, mainly short stories. We will be watching a French film from time to time.

Some photocopying costs.

Starts: 7 February Tuesday 1:30-3:30pm

Venue: Private home

Ends: Date to be fixed

Contact: Marion Lewis on 6238 1215

Enrolments after 8am, 16/1/2012

French Conversation L054.02

Salli Chmura

Practise speaking French in a small conversation group. For intermediate to advanced French speakers.

Limit 3 - 10. \$5 per term for photocopying and tea/coffee

Starts: 6 February Monday 10-12 noon

Venue: Private home in Chifley

Ends: Date to be fixed

Contact: Salli Chmura on 0419 027 466 or at

sallichmura@hotmail.com

Enrolments after 8am, 16/1/2012

Advanced French L003.04**Barrie Smillie**

Course-book work to recycle and consolidate use of French language is then focussed on a reading text.

Limit 10 - 15. Membership of the Weston Club required.

Student Materials: Horan & Wheeler "A new French course" Part 5

Starts: 3 February Friday 10.15am-12.15pm

Venue: The Weston Club, Liardet St, Weston

Ends: 7 December

School terms

Contact: Barrie Smillie on 6288 3194, or at

smiley1@pcug.org.au

Enrolments from 1/2/2012

Beginning German L041.04**Peter Judge**

This course is for absolute beginners. No prior knowledge of any foreign language is assumed, but you will need to do a little homework between sessions - there are lots of new words to learn and practise! The basic text is Hugo's 'German in 3 Months', which we will aim to complete in 9-10 months, along with lots of songs and other simple texts.

Limit 15 - 20. Room rent, some photocopying

Student Materials: Hugo's German in 3 Months Beginners' Language Course, costs \$17.95 (but Peter can probably buy these in bulk at a discount).

Starts: 3 February Tuesday 2-4 pm

Venue: Hughes Community Centre Room 2

Ends: 14 December

Contact: Peter Judge on 6296 6211 or at

peter.judge@bigpond.com (preferred) or

Enrolments after 9am, 16/1/2012

Beginners - German Conversation L044.03**Kimberley Simms**

Are you intending to travel to a German speaking country, do you have grandchildren overseas, or just want to improve your skills in the German language? This course is intended for those who want to increase their knowledge of the language and gain confidence in speaking with others. The course also covers German grammar. A small amount of homework is required.

Limit 10 - 15. Room cost approx \$30 per term

to be paid in advance and some photocopying charges apply.

Student Materials: Good German/English dictionary and an A4 folder

Starts: 5 June Tuesday 2-4 pm

Venue: Baptist Church, Groom St, Hughes

Ends: 20 November

School terms

Contact: Kimberley Simms on 6231 0076

Enrolments from 29/5/2012, after 9 am

Intermediate German L014.01**Trevor Willson**

Participants in this on-going course are expected to have a good grasp of basic grammar and a general working vocabulary. Group work will include a wide range of interesting reading material, grammar consolidation and extension, and varied speaking and writing opportunities. All with a strong focus on enjoyment of the language and culture.

Limit 12. Room rent, small photocopying costs

Starts: 7 February Tuesday 10am-12 noon

Venue: Hughes Community Centre Library

Ends: 18 December

Contact: Trevor Willson on 6281 5883, or at

willson@iimetro.com.au

Enrolments from 23/1/2012

Reviving and Expanding your German**Erika Langman****L015.04**

An advanced course, so knowledge of basic grammar and vocabulary is assumed. Emphasis is on speaking on everyday subjects such as travel. German history and culture provide the focus but special student interests are considered. Classes are conducted in German. Grammatical and semantic questions are discussed as they arise. Written work on subjects of students' choice is marked in detail.

Limit 10 - 18

Student Materials: German dictionary

Starts: 7 February Tuesday 10am-12 noon

Venue: Baptist Church, Groom St, Hughes

Ends: 27 November

Contact: Erika Langman on 6249 6851

Enrolments from 23/1/2012, after 9 am

Italian Beginners**L022.04****Ottavio Bagozzi**

Students will achieve a basic knowledge of

Italian and will be able to exchange personal information, ask directions and make purchases. Limit 8 - 12. Room rent and photocopying. Starts: 7 February Tuesday 9:30-11:30 am Venue: Baptist Church, Groom St, Hughes Ends: 11 December Three terms of 10 weeks. Contact: Ottavio Bagozzi on 6288 6209 or at ottavioBagozzi@grapevine.com.au Enrolments after 9am, 16/1/2012

**Intermediate Italian L018.04
Barry Sreeves**

This course is for those who already have a good knowledge of Italian who wish to develop their confidence and ability in the skills of listening, speaking, reading and writing. Grammar, vocabulary and idiom will be reviewed and extended, while a broad variety of photocopied reading and language-based materials will be discussed and practised.

Limit 12 - 26. Room rent plus a photocopy levy each semester.

Student Materials: Participants should have access to a suitable Italian dictionary and will be recommended a comprehensive, but cheap grammar reference

Starts: 6 February Monday 2:15-4:15 pm
Venue: Hughes Community Centre Room 3
Ends: 10 December

Contact: Barry Sreeves on 6295 6167 (preferred) or barry_s@iinet.net.au
Enrolments from 23/1/2012, after 10 am

**Continuing Intermediate Italian L021.04
Ines de Rachewiltz**

A course that covers all aspects of the language.

Limit 8. Club membership required \$10 p.a.

Starts: 6 March Tuesday 10-12 noon
Venue: Canberra Seniors Centre, Turner
Ends: 4 December

Contact: Ines de Rachewiltz on 6248 0557
Enrolments from 14/1/2012

**Continuing Italian – Advanced L006.04
Fabia de Borzatti**

Conversation, supplemented by dictation and other exercises. Sound knowledge of grammar required.

Limit 10. Club membership (\$10) plus small charge for morning tea.

Starts: 6 February Monday 10.30am-12.30pm
Venue: Canberra Irish Club, Weston Creek
Ends: 19 November
Contact: Bruce Clark on 6288 2487 or at jbclark@webone.com.au
Enrolments after 8am, 16/1/2012

**Improving Your Spanish Through Songs - Songbook 3 L042.03
Ramon Contreras**

A continuation of Songbooks 1 (2010) and 2 (2011); a basic review will be given for those participants who missed the previous songbooks. The objective is to improve pronunciation, enrich vocabulary, understand colloquial expressions, understand Latin American culture, grasp the meanings of the lyrics and have fun. Participants must have basic knowledge of Spanish and participate actively through singing in class. Classes will be conducted in Spanish/English.

Minimum 8. Costs include Songbook, CD, refreshments and possible rent

Starts: 6 March Tuesday 10-12 noon
Venue: Venue depends on number of participants

Ends: 8 May
Contact: Ramon Contreras at RamonContreras@grapevine.net.au
Enrolments after 8am, 16/1/2012

**Spanish Conversation L024.04
Carmen Prego**

Practice your Spanish Conversation in a relaxed environment. All participants are expected to contribute and sometimes to prepare material.

Limit 10. Some photocopying costs.
Starts: 22 February Wednesday 2.15-4.15pm
Venue: Private home in Kambah
Ends: 28 November

Contact: Carmen Prego on 6231 5675
Enrolments from 6/2/2012

**Russian Reading and Conversation L012.04
Anna Booth and Raisa Tarnopolska**

The class time is divided equally between conversing in Russian and reading Russian texts. A basic knowledge of the language is required. New members very welcome.

Limit 4 - 10. Membership of Canberra Senior Citizens Centre, Turner

Starts: 17 February Friday 9:45-11:45 am
Venue: Canberra Seniors Centre, Turner
Ends: Date to be fixed
Contact: Anna Booth on 6248 0133, booth-able@gmail.com
Enrolments from 1/2/2012

Starts: 3 February Friday 10-12 noon
Venue: Cook Community Hub Room 3
Ends: 14 December
Contact: Margaret Kennedy on 6258 5543 or at mek0651@gmail.com (preferred)
Enrolments after 8am, 16/1/2012

Beginning Chinese III L056.01
Svetlana Dyer

This course covers written and spoken Chinese. To enrol, new course members will have oral and written tests and they must know the New Practical Chinese Reader, Vol 1.
Limit 5 - 9. Photocopying costs
Student Materials: New Practical Chinese Reader, Vol 2
Starts: 6 February Monday 10-12 noon
Venue: Private home in Campbell
Ends: 26 November
Contact: Svetlana Dyer on 6248 8450
Enrolments after 8am, 16/1/2012

Japanese I L033.04
Masako Yamasaki

Japanese conversation, writing, reading and culture. Knowledge of hiragana is desired.
Limit 6 - 12. Membership of Southern Cross Club and photocopying costs.
Student Materials: "Japanese for busy people" Volume 1 KANA version (Third Edition)
Starts: 17 February Friday 2-4 pm
Venue: Southern Cross Club, Woden
Ends: 30 November
Contact: Masako Yamasaki on 6231 7754 or at merirara@hotmail.com (preferred)
Enrolments from 2/2/2012, after 9 am

Intermediate Chinese III L058.01
Svetlana Dyer

This course covers spoken and written Chinese. To enrol, the new course members will have oral and written tests, and they must know the "New Practical Chinese Reader", Vol.2.
Limit 2 - 10. Room rent
Student Materials: Textbook "New Practical Chinese Reader", Vol.3
Starts: 7 February Tuesday 1:30-3:30pm
Venue: Hughes Community Centre Library
Ends: 27 November
Contact: Svetlana Dyer on 6248 8450
Enrolments after 8am, 16/1/2012

Japanese II L037.04
Masako Yamasaki

Japanese conversation, reading, writing and culture. Knowledge of hiragana is essential.
Limit 6 - 12. Membership of Southern Cross Club and photocopying costs.
Student Materials: "Japanese for busy people" Volume 2 (Third Edition)
Starts: 13 February Monday 2-4 pm
Venue: Southern Cross Club, Woden
Ends: 26 November
Contact: Masako Yamasaki on 6231 7754 or at merirara@hotmail.com (preferred)
Enrolments from 2/2/2012, after 9 am

Indonesian - Continuing & Beginners L045.04
Margaret Kennedy

An introduction to, and continuing study of, the Indonesian language and culture. We welcome beginners as well as those who want to maintain/brush up on their Indonesian, or find out more about our near neighbours. Further information about the course can be emailed to enquirers.
Limit 10 - 30. Room rent plus approx. \$5 photocopying.

Elementary Japanese Conversation L017.04
Lloyd Melhuish

Stories from school and other readers. Conversation based on those readers. Videos.
Limit 3 - 12. Room rent and photocopying charges.
Starts: 16 February Thursday 2-4 pm
Venue: Hughes Community Centre Library
Ends: 15 November
Contact: Lloyd Melhuish on 6253 3818
Enrolments from 30/1/2012, after 9 am

Music

Music Theory Course **M069.01**
Lilian Leelin Chong
 Music theory on music rudiments. Music notes, phrases, meaning and construction.
 Limit 6 - 12. Room rent, plus printing materials cost.
 Student Materials: Five-line music exercise book.
 Starts: 2 February Thursday 10am-12 noon
 Venue: Hughes Community Centre Library
 Ends: 29 November
 Contact: Lilian Leelin Chong on 6282 5295 or 0415 358 917
 Enrolments after 8am, 16/1/2012

Learning More About Music **M029.04**
Margaret Oates, Donald Kingsmill, George Owens, Alison Craswell, Sydney Hamberger
 Classical music bends to the needs and expectations of different cultures. This year we look at how music can reflect national origins and performers.
 Limit 100. \$3.50 a session to cover rent and refreshments, payable at the start of each term.
 Student Materials: Notebooks recommended.
 Starts: 28 February Tuesday 2-4 pm
 Venue: Wesley Music Centre, Forrest
 Ends: 11 December
 School terms
 Contact: Deirdre Smith on 6231 7043
 Enrolments from 1/2/2012

Music Appreciation **M021.04**
John Rundle
 For those who enjoy listening to music and would like to discover more about its background. A wide range of music is covered and members' participation is welcome and encouraged. No previous music education is required.
 Limit 10 - 60
 Starts: 8 February Wednesday 1:30-3:30pm
 Venue: Belconnen Soccer Club, Hawker
 Ends: 28 November
 Contact: John Rundle on 6254 1019 or at rundle17@grapevine.com.au
 Enrolments from 25/1/2012

Jazz Appreciation **M056.03**
Richard Dixon
 Group sessions are conducted weekly by U3A members who wish to make presentations on jazz subjects, styles, eras, musicians (including singers), jazz festivals or concerts using recordings from their collections. Weekly presentations are in two segments. Jazz DVDs are also shown monthly at U3A Cook (Keith Sayer).
 Limit 10 - 25. Weston Club membership
 Starts: 2 February Thursday 10-12 noon
 Venue: The Weston Club, Liardet St, Weston
 Ends: Date to be fixed
 School terms
 Contact: Dick Dixon on 6296 2638 or at noxider@bigpond.com.au
 Enrolments after 9am, 16/1/2012

JS Bach: Masterpieces of ensemble music
Garth Mansfield **M009.01**
 We will explore works for orchestra, small instrumental ensembles, solo voices and choirs with instruments, including a selection of concertos, suites, sinfonias, sonatas and cantatas. No particular musical knowledge is required, but simply an interest in discovering and experiencing works of a remarkable genius in the context of his life and times.
 Limit 30 - 90. A fee of \$35 including refreshments, plus small fee for photocopying.
 Student Materials: A notebook would be useful.
 Starts: 1 March Thursday 9:45 am-12 noon
 Venue: Wesley Music Centre, Forrest
 Ends: 3 May
 Contact: Garth Mansfield on 6248 6230 or at mansg@bigpond.net.au (preferred)
 Enrolments from 30/1/2012

Music on Film: The Music Documentaries of Robert Mugge **M003.01**
Graeme Flanagan
 American film-maker Robert Mugge is one of the most highly regarded music documentarians in the world. Participants in this course will view a selection of his films, including some that are not commercially available. Genres covered include blues, Hawaiian music, jazz and gospel.
 More details at:
<http://members.webone.com.au/~gkflanagan/u3a.htm>

Limit 5 - 40. Room rent plus \$2-5 for incidental costs (photocopying etc)
Starts: 6 February Monday 2-4 pm
Venue: Cook Community Hub Room 3
Ends: 23 April
No classes on 12 March or 9 April
Contact: Graeme Flanagan on 6242 9217 or at gkflanagan@ozemail.com.au
Enrolments after 9am, 16/1/2012

Musical Theatre in the Max M005.04
Rod Templar with Margaret Lee, Monty Fox and Gerry Franklin

Each week we will present a DVD or a Power-Point presentation of a show from Musical Theatre (from 1930s to today), Gilbert & Sullivan, or Operetta. The shows will be different from those in our 2009 - 2011 courses. Group discussion will follow each showing. Each Term a guest speaker will be featured from the Canberra musical theatre scene. There will be options to join musical theatre outings during the year in Canberra and Sydney
Limit 100. Course fee \$22 per term, including morning tea, plus \$5 per term for postage if class notes can't be emailed. Canberra Irish Club membership required (\$5 pa).
Starts: 13 February Monday 10.20am-1.00pm
Venue: Canberra Irish Club, Weston Creek
Ends: 26 November
Term 1: 13 Feb-7 May
Term 2: 28 May-13 Aug
Term 3: 3 Sept-26 Nov
Contact: Rod Templar on 6286 1447 or at rodtemplar@grapevine.net.au
Enrolments after 8am, 16/1/2012

Music Making M054.03
Mike Burr

An alternative to the standard orchestra or choral group, catering for those who prefer less formal music making. Singers and players of any instrument welcome. The repertoire will be wide and varied and will be chosen by group consensus. There are no auditions but a reasonable level of competency is required. The group meets on the second Friday of each month.
Limit 5 - 25. Room rent plus small photocopying costs.
Starts: 10 February Friday 1:30-4:00 pm

Venue: Hughes Community Centre Room 3
Ends: 14 December
Contact: Mike Burr on 6161 5422
Enrolments after 8am, 16/1/2012

Continuing Guitar M064.02
Mike Burr

This course is aimed at people who have some experience of playing guitar, but who would be of 'advanced beginner' standard only. It would suit those who have previously completed my Beginner Guitar course, or similar. The course will also cover relevant music theory. Further information can be sent to enquirers. Depending on a number of factors, this course may be repeated from 25 July to 5 December 2012 at the same time and venue.

Limit 4 - 8. Room rent, small photocopying costs.
Student Materials: Guitar, tuner, music stand, lesson book (TBA)
Starts: 8 February Wednesday 10.30am-12.30pm
Venue: Hughes Community Centre Library
Ends: 4 July
Contact: Mike Burr on 6161 5422
Enrolments after 8am, 16/1/2012

Intermediate Guitar M070.01
Mike Burr

This course is aimed at people who are reasonably competent at basic guitar techniques, and wish to progress to a higher standard. It would suit those who have previously completed my Continuing Guitar course, or similar. The course will also cover relevant music theory. Further information can be sent to enquirers. Depending on a number of factors, this course may be repeated from 25 July to 5 December 2012 at the same time and venue.

Limit 4 - 8. Room rent, small photocopying costs.
Student Materials: Guitar, tuner, music stand, lesson book (TBA)
Starts: 8 February Wednesday 1:30-3:30pm
Venue: Hughes Community Centre Library
Ends: 4 July
Contact: Mike Burr on 6161 5422
Enrolments after 8am, 16/1/2012

Introduction to Harmonica M050.04**Mike Ilchef**

An introduction to harmonica (mouth organ) for beginners. The focus is on playing simple folk, children's and other tunes, and basic music theory. Participants should commit to practicing at least 10 minutes daily and completing some weekly 'homework'.

Limit 5 - 15. Room rent, photocopying costs.

Student Materials: Bring a diatonic (i.e. 10 hole) harmonica in the Key of C.

Starts: 9 February Thursday 10-12 noon

Venue: Hughes Community Centre Room 3

Ends: 29 March

Contact: Mike Ilchef on 6286 2396 or at

mikeu3a@apex.net.au (preferred)

Enrolments after 8am, 16/1/2012

Percussion Ensemble M065.02**Salli Chmura**

Have fun learning percussion in a group. Beginners to intermediate level welcome. Instruction covers drums (incl timpani), glockenspiel, xylophone and traps (triangle, tambourine, maracas etc.). Practise glockenspiels supplied

Limit 5 - 20. \$10 per week covers room rent and equipment/materials

Student Materials: Students need drum practice pad, drum sticks, folder with plastic sleeves, music stand (optional)

Starts: 8 February Wednesday 6.00 to 7.30pm

Venue: Usually Woden Seniors Club but depending on numbers, some practices at course leader's home.

Ends: Date to be fixed

Days and times can be changed to suit the group.

Contact: Salli Chmura on 0419 027 466 or

sallichmura@hotmail.com

Enrolments after 8am, 16/1/2012

Learn to Read and Play Music (Recorder) I**Margaret Wright M016.04**

This course is for anyone who has no knowledge of music. It will start with basics and demystify the little dots on five lines. The recorder is a good tool for this process, as well as being a beautiful instrument. Some recorders available to borrow.

Some photocopying costs.

Student Materials: Book and music stand

Starts: 7 February Tuesday 10-12 noon

Venue: Private home in Mawson

Ends: 11 December

Contact: Margaret Wright on 6286 2428 or at recorderteacher@hotmail.com

Enrolments after 8am, 16/1/2012

Learn to Read and Play Music (Recorder) II**Margaret Wright M068.01**

This course is for those who have done the M16 course or those who have a basic knowledge of reading music and playing the recorder. Some recorders available to borrow.

Some photocopying costs

Student Materials: Students need a book and music stand.

Starts: 6 February Monday 10-12 noon

Venue: Private home in Mawson

Ends: 10 December

Contact: Margaret Wright on 6286 2428 or at recorderteacher@hotmail.com

Enrolments after 8am, 16/1/2012

Intermediate Recorder Orchestra M006.04**Margaret Wright**

Progressive ensemble playing with careful tuition and guidance. All recorder sizes. Mainly Early Music Baroque, folk, contemporary. Participants are encouraged to stay on to play in the U3A Advanced Recorder Orchestra as they reach the standard required.

Membership of Woden SCC required, some music costs.

Student Materials: Participants need to provide recorder(s), music, folder for music. Various sizes of recorder available to "try out".

Starts: 1 February Wednesday 12.30-1.45 pm

Venue: Woden Seniors Club

Ends: 12 December

Contact: Margaret Wright on 6286 2428 or at recorderteacher@hotmail.com

Enrolments after 8am, 16/1/2012

U3A Advanced Recorder Orchestra M007.04**Margaret Wright**

Participants must be able to read music fluently and play one or more recorder sizes. Repertoire ranges from early Renaissance/Elizabethan to Baroque and later periods, incl contemporary. Members develop the specialised skills of full orchestra playing; some may have the opportu-

nity for solo and small ensemble work within the large group.

Woden Seniors' Club membership required, some music costs.

Student Materials: Members need recorder(s), music stand, and folder for music

Starts: 1 February Wednesday 2-4 pm

Venue: Woden Seniors Club

Ends: 12 December

Contact: Margaret Wright on 6286 2428 or at recorderteacher@hotmail.com

Enrolments after 8am, 16/1/2012

Canberra U3A Recorder Ensemble M015.04 Elizabeth Teather

Recorder ensemble for experienced players. Many members of the group play both F and C instruments. We focus on a limited selection of pieces each term, aiming for competence and confidence. Music ranges from Renaissance to the contemporary repertoire. Currently we have 3 regular conductors; everyone is welcome to conduct.

Limit 10 - 20. Some music costs.

Student Materials: A recorder in F and a recorder in C, music stand.

Starts: 3 February Friday 9:45-12noon

Venue: St David's Anglican Church, Red Hill

Ends: 14 December

School terms

Contact: Elizabeth Teather on 6247 0598, teather@grapevine.net.au or Jean Gifford on 6247 5126 or at j.gifford@grapevine.com.au

Enrolments after 8am, 16/1/2012

Brindabella Orchestra M010.04 Salli Chmura

The orchestra caters for standard orchestral instruments and players of intermediate level or above. There is a need for more brass players; currently we have a good complement of flutes and clarinets. No auditions. Players need their own instruments and music stands. The website for more information is:

<http://au.groups.yahoo.com/group/u3aorchestra/>

Annual fee \$100 payable in Feb

Starts: 4 February Saturday 9:45-12noon

Venue: Woden Seniors Club

Ends: 8 December

Contact: Salli Chmura on 0419 027 466

Enrolments from 2/2/2012, after 9 am

Learning to Read Music - for Singers

Noelene Akeroyd M052.03

If you are a singer and would like to read music, this course is for you! It will be a course of discovery - of note reading, rhythms and singing.

Limit 5 - 8. \$15 per school term per member.

Starts: 7 February Tuesday 12.30-2.30 pm

Venue: Private home in Belconnen

Ends: Date to be fixed

Contact: Noelene Akeroyd on 6251 4040

Enrolments from 28/1/2012

Con Brio U3A

M040.03

Brenda Akister

We are a women's choir singing a variety of music including music theatre, folk songs, light classics etc. We are a performance group and sing in concerts in and around Canberra. While there are no auditions an ability to sight read is desirable.

Limit 15 - 35. Approx. \$30 per term, plus uniform costs (approx \$35).

Starts: 1 February Wednesday 12 noon - 1.30pm

Venue: Yarralumla Uniting Church

Ends: 5 December

Contact: Brenda Akister on 6254 1454 or

Margaret Evans on 6231 9396

Enrolments after 8am, 16/1/2012

Conchordia Choir

M012.04

Noelene Akeroyd

Women interested in singing two and three part harmony are welcome to join the choir. Choir performances at various arranged venues are optional to a choir member.

Costs \$25 to \$30 per school term per member.

Starts: 1 February Wednesday 1:30-3:00pm

Venue: Kippax Uniting Church

Ends: Date to be fixed

Contact: Noelene Akeroyd on 6251 4040

Enrolments from 28/1/2012

Harmonia Monday

M013.03

Margaret McElhinny

Harmonia Monday is a choir for S.A.T.B. voices, which sings a mixed repertoire of sacred and secular music. The choir aims to extend participants and the repertoire is mainly classical. We present an end of semester concert twice a year and occasionally sing at Retirement Homes.

Limit 80. \$30 per term covers room rent, music and morning tea.

Starts: 6 February Monday 10am-12 noon

Venue: Yarralumla Uniting Church

Ends: 26 November

Term 1: February-June

Term 2: July-November

Contact: Margaret McElhinny on 6247 3220

Enrolments after 8am, 16/1/2012

**U3A Warrani Chorale M008.03
Pixie Gray OAM**

Choral group for women only. All styles of music covered. Choral and vocal techniques taught. Concerts given. Singers always welcomed as well as those wishing to try their hand at conducting.

Students need to purchase music.

Starts: 1 February Wednesday 9:30 – 12 noon

Venue: Yarralumla Uniting Church

Ends: 5 December

Contact: Mrs Pam Wilmot on 6247 7689

Enrolments after 8am, 16/1/2012

**Female Singers: Folk, Soul and Rock'n'Roll
Graeme Flanagan M001.02**

In this course we will listen to and discuss the music of female singers from several genres, including folk music, blues, soul, R&B and rock 'n' roll. More details at:

<http://members.webone.com.au/~gkflanagan1/u3a.htm>.

Limit 5 - 30. Room rent, plus photocopying and incidentals \$2-5

Starts: 3 February Friday 2-4 pm

Venue: Cook Community Hub Room 3

Ends: 20 April

Contact: Graeme Flanagan on 6242 9217,

gkflanag@ozemail.com.au

Enrolments after 9am, 16/1/2012

**Ballet Appreciation M011.05
Lois Dennis**

Class members can choose their favourite ballet from a wide selection of videos.

Limit 4 - 8

Starts: 9 February Thursday 10-12 noon

Venue: Private home in Gungahlin

Ends: 29 March

Contact: Lois Dennis on 6242 5241

Enrolments from 2/2/2012, after 8 am

**Swan Lake Plus M067.01
Lois Dennis**

The group will view some different choreographical versions of Swan Lake interspersed with some other classical ballets.

Limit 4 - 8

Starts: 18 October Thursday 10-12 noon

Venue: Private home in Gungahlin

Ends: 6 December

Contact: Lois Dennis on 6242 5241

Enrolments from 10/10/2012, after 8 am

Philosophy and Religion

**Saints and Sinners PR004.01
Ted Frost**

A look at some of the occupants of the papal throne: some worthy, some unworthy; the Cadaver Synod; popes and witches; teenage cardinals etc.

Limit 15 - 30. Room rent plus small charge for photocopying.

Student Materials: Folder for handouts.

Starts: 6 July Friday 10-12 noon

Venue: Hughes Community Centre Room 3

Ends: 28 September

Contact: Ted Frost on 6292 4145

Enrolments from 14/6/2012, after 9 am

**Beginning Ethics PR007.02
Vernon Kronenberg**

In his book "Ethics", Aristotle poses and tries to answer the question 'How does one lead a good life?' The course will be based on an unhurried examination of Aristotle's views.

Limit 8 - 12. Room rent, purchase of the set text plus photocopying approx \$6.

Student Materials: Penguin paperback of Aristotle's "Ethics".

Starts: 3 April Tuesday 10-12 noon

Venue: Hughes Community Centre Room 3

Ends: 29 May

Contact: Vernon Kronenberg on 0412 150 771,

Vernon.Kronenberg@gmail.com

Enrolments after 8am, 16/1/2012

An Introduction to Orthodox Christianity
James Nichterlein PR011.03

The course considers the way of life of the Russian, Greek and other Orthodox Christians. In doing so, the course will introduce you to the beliefs, culture and practices of Orthodox Christians around the world. Further information can be emailed to enquirers.

Limit 10 - 30. Room rent, \$20 photocopying.
Student Materials: Timothy Ware's "The Orthodox Church", Penguin, available at the first meeting.

Starts: 14 February Tuesday 10-12 noon

Venue: Hughes Community Centre Room 3

Ends: 27 March

Contact: James Nichterlein on 6282 1372 or at james.nichterlein@gmail.com

Enrolments after 8am, 16/1/2012

Stirring The Possum - A Walk Through Western Philosophy
Mike Graham PR015.02

History of Western and some Eastern philosophy; theories of major figures in both disciplines; individual thoughts and good-natured stirring quite acceptable.

Limit 10 - 30. \$20 for full year's handouts, printing, photocopying etc. plus Club membership \$5.50.

Starts: 13 February Monday 2-4 pm

Venue: Harmonie German Club, Jerrabomberra Ave, Narrabundah

Ends: 3 December

Contact: Mike Graham on 6295 8634 or at mikegraham20@gmail.com

Enrolments after 8am, 16/1/2012

The Challenges of Western Man in the 21st Century
Ken Lees PR020.02

This course requires no previous knowledge. The areas we hope to cover are: politics, philosophy, economics, psychology, religion and the arts. Do we have a meaning? What ought our meaning to be? To do this, we will look at the philosophies of China, Europe and Anglo-America. Note: venue access is via 2 flights of stairs.

Limit 10 - 50. Room rent.

Starts: 23 February Thursday 10-12 noon

Venue: University House, ANU, Molly Huxley Room

Ends: 13 December

Contact: Ken Lees on 6296 1527

Enrolments after 8am, 16/1/2012



Recreational

Monday Mah Jong Group R003.04
Jill Pender

A recreational course requiring some experience. The book used is 'The Game of Mah Jong' by Patricia A Thompson & Betty Maloney. It is helpful but not essential to bring your own Mah Jong set.

Limit 10 - 30. Membership of Southern Cross Club required.

Starts: 16 January Monday 1:30-4:00 pm

Venue: Southern Cross Club, Woden

Ends: 10 December

Contact: Jill Pender on 6288 4239 or at jill_pender@hotmail.com

Enrolments from 9/1/2012, after 10 am

Mah Jong (Northside) – Tuesday R016.04
Margaret Lee

Continuing course, but new players can be accepted to be taught the game or to assess their readiness for the Thursday group.

Limit 20. Total cost \$35 per term.

Student Materials: Substantial handout makes these optional: Max Robertson's "The game of Mah Jong" and/or Thompson and Maloney's "Improve your Mah Jong".

Starts: 7 February Tuesday 9.30am-12.30pm
Venue: Rainbow Community Centre, Church of the Holy Covenant, Dexter St, Cook

Ends: 4 December

Term 1: 7 Feb-17 Apr

Term 2: 24 Apr- 3 July

Term 3: 10 July-18 Sept

Term 4 : 25 Sept-4 Dec

Contact: Margaret Lee on 6255 2426 or at margaret.lee@aapt.net.au

Enrolments from 21/1/2012, after 9 am

Wednesday Mah Jong R024.02 Rose McNeice

A recreational course for anyone interested in learning and playing mah jong. Beginners welcome.

Membership Woden Seniors Club (\$10) plus parking fee (\$20) if required.

Starts: 8 February Wednesday 1-4 pm

Venue: Woden Seniors Club

Ends: 5 December

Contact: Rose McNeice on 6281 0984

Enrolments from 16/1/2012, after 5.30pm

Mahjong (Northside) – Thursday R018.03 Margaret Lee

Continuing course. Prospective players must be able to show a knowledge of the rules of the game before entering this program.

Limit 20. Total cost \$35 per term.

Student Materials: Substantial handout makes these optional: Max Robertson's "The game of Mah Jong" and/or Thompson and Maloney's "Improve your Mah Jong".

Starts: 9 February Thursday 9:30am-12:30pm

Venue: Rainbow Community Centre, Church of the Holy Covenant, Dexter St, Cook

Ends: 6 December

Term 1: 9 Feb-19 Apr

Term 2: 26 Apr-5 July

Term 3: 12 July-20 Sept

Term 4: 27 Sept-6 Dec

Contact: Margaret Lee on 6255 2426 or at margaret.lee@aapt.net.au

Enrolments from 21/1/2012, after 9 am

Maths Games, Puzzles and Diversions

Beth Lee R004.04

How can maths games and puzzles entertain, amuse and challenge us in a non-threatening way? Come and discover how much fun maths can be. Extend your lateral thinking skills. No pre-requisite maths skills required. Only your interest and enthusiasm are needed.

Limit 10 - 15. Room rent for 6 weeks \$15-20 depending on numbers, plus \$8 photocopying. Student Materials: Bring paper and pen.

Starts: 6 February Monday 10-12 noon

Venue: Baptist Church, Groom St, Hughes

Ends: 19 March

Contact: Beth Lee on 6281 5129 or at

beth.lee@netspeed.com.au

Enrolments from 09/01/2012 after 9 am

Spinning and Weaving R025.02 Lynne Clarke

A continuing friendly social group, who meet once a month to share and enjoy the craft of Spinning and Weaving, and related craft. No experience necessary, we will teach you to spin if you can't already. Further information can be emailed to enquirers.

Limit 3 - 20. \$2 per meeting for tea and coffee.

Student Materials: Bring a sandwich.

Starts: 1 February Wednesday 9.30am - 3 pm

Venue: Private home in Yass

Ends: Date to be fixed

Contact: Lynne Clarke at lclarke@ihug.com.au (preferred) or on 6226 2205.

Enrolments after 8am, 16/1/2012

Model Railway Operation R026.01 Ted Frost

Members will have access to an exhibition-class model railway and will learn about layout construction, scenery construction, operation etc.

Limit 3 - 6

Starts: 2 February Thursday 10-12 noon

Venue: Private home in Tuggeranong Valley

Ends: 29 November

Contact: Ted Frost on 6292 4145

Enrolments after 8am, 16/1/2012

Travellers' Tales R027.01 Don Beer

Discussion and analysis of societies we have travelled through. The course will begin with

talks on Central Asia, Eastern Turkey and South America, after which participants will be encouraged to present talks on their areas of experience/interest. For travellers past, intending and virtual.

Limit 8 - 18. Room rent

Starts: 13 June Wednesday 2-4 pm

Venue: Hughes Community Centre Room 2

Ends: 18 July

Contact: Don Beer on 6286 9547

Enrolments from 1/2/2012, after 8 am

Square Dance Beginner Class R021.02

Allen Kerr

This course is for new dancers. Bring yourself with a happy face and comfortable footwear.

Minimum 8. About \$3 per week, payment for the first 10 weeks required initially to cover the hall costs, tea and coffee.

Student Materials: Comfortable footwear (low heel). A small book on the square dance calls is available in class but is not essential.

Starts: 7 February Tuesday 1-2.30 pm

Venue: Curtin Uniting Church

Ends: 13 November

Term 1: 7 Feb-22 May

Term 2: 24 July-13 Nov

School terms.

Contact: Allen Kerr at kerr.ar@netspeed.com.au

or on 6254 7038 or 0459 250 143,

Enrolments after 8am, 16/1/2012

U3A Regular Square Dance R007.04

Allen Kerr

This class is for existing dancers. Any dancer who has attended a previous U3A Square Dance Class is welcome. Bring yourself with a happy face and comfortable footwear.

Minimum 8. About \$3 per week, payment for the first 10 weeks required initially to cover the hall costs, tea and coffee.

Starts: 7 February Tuesday 2-4 pm

Venue: Curtin Uniting Church

Ends: 13 November

Term 1: 7 Feb-22 May

Term 2: 24 July-13 Nov

School terms

Contact: Allen Kerr at kerr.ar@netspeed.com.au

or on 6254 7038 or 0459 250 143,

Enrolments after 8am, 16/1/2012

International Folkdancing for Beginners

Sue Miller and Glenys West R005.03

Have fun while exercising body and brain.

Learn some easy line and circle dances from countries such as Bulgaria, Greece, Israel, Macedonia, Romania and Serbia. Interesting steps, varied rhythms and moods. No experience or partners required.

Limit 15 - 25

Student Materials: Comfortable footwear essential.

Starts: 13 March Tuesday 10am-12 noon

Venue: Yarralumla Uniting Church

Ends: 27 March

Contact: Glenys West on 6251 7230 or at

westge@tpg.com.au

Enrolments from 13/2/2012, after 9 am



Easy to Intermediate International Folkdancing R006.06

Glenys West and Sue Miller

Engage in active therapeutic relaxation. Learn some enjoyable dances from countries such as Albania, Bulgaria, Greece, Israel, Macedonia and Romania. Traditional folk music with interesting melodies and rhythms, and songs about love, loss, joie de vivre etc. Some dances from previous years will be repeated. Partners not required. Further information can be sent to enquirers.

Limit 15 - 30

Student Materials: Comfortable footwear essential

Starts: 17 April Tuesday 10-12 noon

Venue: Yarralumla Uniting Church

Ends: 5 June

Contact: Glenys West on 6251 7230 or at

westge@tpg.com.au or Sue Miller on

6281 6314 or at susan1948@gmail.com

Enrolments from 19/3/2012, after 9 am

Science, Health & Environment

Energy Futures

SHE028.01

Trevor Powell

Climate Change, Peak Oil and Asian Industrialisation are creating great uncertainties as to the future trajectory of energy supply and security. The course will introduce the influencing factors and future scenarios focussed on real-world possibilities. Participants will be encouraged to prepare contributions for the seminar/discussion format. Further information can be sent to enquirers.

Limit 8 - 25. Room rent plus approx \$20 photocopying

Starts: 2 May Wednesday 1.45-4 pm

Venue: Cook Community Hub Room 3

Ends: 4 July

Contact: Trevor Powell on 6251 4128 or at

tpowell@grapevine.net.au

Enrolments from 2/4/2012, after 9 am

Our Electric Universe

SHE032.02

Wal Thornhill

Our concept of the universal influences everything we do. Every atom in the universe is electrical and the electric force is almost infinitely more powerful than gravity. However, our Big Bang cosmology is based on puny gravity, a force we do not understand. The Electric Universe introduces an unimagined vista. Further information can be emailed to interested participants.

Limit 12 - 20. Room rent.

Starts: 3 April Tuesday 10am-12 noon

Venue: Hughes Community Centre Room 2

Ends: 22 May

Contact: Wal Thornhill on 6288 1932 or at

walt@holoscience.com

Enrolments from 24/1/2012, after 9 am

The Digital Age

SHE030.02

Grahame Hellyer

For those who feel swamped by the new consumer technology – digital TV, radio, smart phones, mp3 players, computers, GPS, DVD, Blu-ray, I-pods, etc. The course is for those who know absolutely nothing but would at least like to know what people are talking about and how

it affects them.

Limit 12 - 30. Room rent plus 50c photocopying.

Starts: 7 February Tuesday 2-4 pm

Venue: Hughes Community Centre Room 3

Ends: 6 March

Contact: Grahame Hellyer on 6251 3379

Enrolments after 8am, 16/1/2012

Rare Earth Discussion Group SHE039.01

Roger Little

The rare earths are rapidly changing the world we live in. Have you ever wondered how? They are “high technology” metals. There are seventeen of them – with remarkable electrical and physical properties. Have you ever wondered how and why? Further information can be sent to enquirers.

Limit 6 - 12

Starts: 31 January Tuesday 2-4 pm

Venue: Jerrabomberra Community Centre, Jerrabomberra

Ends: 26 June

Contact: Roger Little on 0405 325 232 or at

rogerleighlittle@gmail.com

Enrolments from 09/01/2012

Natural Therapies - Health and Wellbeing

SHE002.04

Lutana McLeod and Cindy McMillan

Invited Health Practitioners will speak on holistic remedies for health – maintenance and well-being eg homeopathy, Reiki, Chinese herbal medicines, acupressure, acupuncture, natural herbs, allergy remedies, nutrition, floral essences, naturopathy, reflexology, remedial massage, iridology – to provide practical pathways for optimum health. Books will be available for borrowing for each topic.

Limit 12 - 20. \$30 to cover room rent, refreshments and token gifts for speakers.

Starts: 9 February Thursday 9:30 – 12 noon

Venue: Woden Seniors Club

Ends: 12 April

Contact: Lutana McLeod at lutana@pcug.org.au

Enrolments from 18/1/2012, after 9 am

Human Biology SHE008.04**John Thompson**

A wide ranging examination of how the human body works. The course is over 2 years and we can digress into the fields of medical care, psychology, medical history and animal physiology. Knowledge of chemical terms would be helpful, but not essential. Further information can be sent to enquirers.

Limit 4 - 20. Room rent plus 50c per week for notes.

Starts: 22 February Wednesday 10-12 noon

Venue: Hughes Community Centre Room 2

Ends: 14 November

Term 1: 22 Feb-13 June

Term 2: 15 Aug-14 Nov

Contact: John Thompson on 6249 8446 or at

jtjn@grapevine.net.au

Enrolments after 8am, 16/1/2012

Ends: 13 September

Contact: John Thompson on 6249 8446 or at jtjn@grapevine.net.au

Enrolments after 8am, 16/1/2012

All About the Human Hand CEDRIC MIMS SHE020.02

Human hands and fingers, their biology and evolution, role in development of civilisation and in music, signalling, sex, sport, conjuring, fighting, writing. No scientific background required.

Limit 5 - 20. Room rent, \$10 photocopying

Starts: 20 June Wednesday 10-12 noon

Venue: Hughes Community Centre Room 2

Ends: 8 August

Contact: Cedric Mims on 6260 6941

Enrolments from 2/5/2012, after 8 am

Life at the Extremes SHE009.03**John Thompson**

How humans have learnt to cope with extremes of physical exertion, altitude, depth, heat, and cold. Finally we discuss human exposure to radiation and under what circumstance we should be fearful of it. Further information can be sent to enquirers.

Limit 4 - 20. Room rent plus \$3 for notes

Starts: 10 May Thursday 10-12 noon

Venue: Hughes Community Centre Room 2

Ends: 28 June

Contact: John Thompson on 6249 8446 or at

jtjn@grapevine.net.au

Enrolments after 8am, 16/1/2012

Intelligence: Biological and Artificial**Robert Pearson****SHE024.01**

Some examination of what we consider to be intelligence and how we think it operates. The field of 'artificial intelligence' will also be discussed. It is hoped, but is not essential, that participants could prepare short talks on their own interests. If numbers are large, preference will be given to those who are prepared to participate. Further information can be emailed to enquirers.

Limit 7 - 30. Room rent plus photocopying charges for non-emailed notes.

Starts: 1 February Wednesday 2-4 pm

Venue: Cook Community Hub Room 3

Ends: 4 April

Contact: Robert Pearson on 6241 9037 or at

rpearson@netspeed.com.au

Enrolments after 8am, 16/1/2012

How Doctors Often Got It Wrong SHE010.04**John Thompson**

We discuss the mistakes made by doctors in the past as they struggled to treat the sick effectively. We examine the different health systems that vied for predominance, and how the orthodox medical profession gained power and prestige in the process. Further information can be sent to enquirers.

Limit 4 - 20. Room rent plus 50c per week for notes.

Starts: 9 August Thursday 10-12 noon

Venue: Hughes Community Centre Room 2

Living a Healthy Life with Long-term Conditions**SHE027.01****Virginia Rasheed**

This is an evidence-based course for people and their carers with a chronic condition eg diabetes, heart disease, arthritis, chronic pain or any illness lasting 6 months or longer. The aim is to teach people Self Management strategies to assist them with symptom management. It runs for 6 weeks and encourages participants to set

action plans to try new activities to improve their health. Further information can be sent to enquirers.

Limit 8 - 16. Room rent.

Student Materials: Participants receive a manual for the duration of the course. They can purchase a book from Arthritis ACT for \$25.

Starts: 21 February Tuesday 1:30-4:00 pm

Venue: Cook Community Hub, Meeting Room
Ends: 27 March

Contact: Mary Ann Bandharangshi on 6251

0406 or at pmband@tpg.com.au (preferred)

Enrolments from 9/1/2012

(NOTE: This course is repeated as **SHE027.02**)

Starts: 16 October Tuesday 1:30-4:00 pm

Venue: Cook Community Hub, Meeting Room
Ends: 20 November

Contact: Mary Ann Bandharangshi on 6251

0406 or at pmband@tpg.com.au (preferred)

Enrolments from 11/09/2012)

Introduction to Mindfulness for Well-Being and Inner-Peace (Beginners) SHE038.01

Marie Bloomfield

Introduction to Mindfulness Meditation Practices (a certain way of practicing awareness, in the present-moment, on purpose, in a non-judgemental way). Applications of mindfulness to reduce stress, excessive emotions and pain, to improve sleep, calmness, vitality and happiness. Commitment to practice mindfulness exercises daily is expected.

Limit 15. \$40, to cover room rent, refreshments, a CD and weekly handouts.

Student Materials: Bring a display folder and a note book. Wear comfortable clothes suitable for exercises.

Starts: 7 February Tuesday 10 am-12.30 pm

Venue: Cook Community Hub Room 3

Ends: 27 March

Contact: Marie Bloomfield on 0427 795 721 or

at mariepsychologist@gmail.com

Enrolments after 8am, 16/1/2012

(NOTE: This course is repeated as **SHE038.02**)

Starts: 17 July Tuesday 10 am-12.30 pm

Venue: Cook Community Hub Room 3

Ends: 4 September

Contact: Marie Bloomfield on 0427 795 721 or

at mariepsychologist@gmail.com

Enrolments after 8am, 16/1/2012)

Mindfulness for Greater Well-being and Inner-Peace (Intermediate) SHE036.03

Marie Bloomfield

Mindfulness Meditation Practices (awareness in the present-moment, in an accepting, nonjudgemental way) for those who have more experience in mindfulness practices. Applications of mindfulness to reduce stress, excessive emotions and pain, to improve sleep, calmness, vitality, and happiness. Commitment to practice mindfulness exercises daily.

Limit 10 - 15. \$40, to cover room rent, refreshments, a CD and weekly handouts.

Student Materials: Display folder and Notebook. Wear comfortable clothes suitable for exercises.

Starts: 7 February Tuesday 1:30-4:00 pm

Venue: Cook Community Hub Room 2

Ends: 27 March

Contact: Marie Bloomfield on 0427 795 721 or mariepsychologist@gmail.com

Enrolments after 8am, 16/1/2012

This course is repeated as **SHE036.04**

Starts: 17 July Tuesday 1:30-4:00 pm

Venue: Cook Community Hub Room 3

Ends: 4 September

Contact: Marie Bloomfield on 0427 795 721 or at mariepsychologist@gmail.com

Enrolments after 8am, 16/1/2012

Birdwatching SHE001.03

Lindell Emerton

A leisurely walk looking at the birdlife and natural environment of our region. Learn to identify the birds we see and learn more about the movements of birds in our region. Meetings are on the first Wednesday of each month. Student materials: Sturdy footwear, hat, sunscreen, binoculars and a reasonable level of fitness.

Limit 6 - 15

Starts: 1 February Wednesday 9:00-11:00 am

Venue: Various public places and Nature Reserves around Canberra

Ends: 5 December

Contact: Lindell Emerton on 041 822 7247 or 6295 9321 or at lindell.e@optusnet.com.au

(preferred)

Enrolments after 9am, 16/1/2012

Those Magnificent Birds and Their Flying Machines SHE025.01

Chris Bunn

What makes a bird a bird? This course will cover the form and functions that distinguish birds from other vertebrates. Topics will include the form and function of feathers, how birds' body systems have been adapted for flight, functions of the brain and bird diseases. The course is not about bird identification.

Limit 10 - 20. Room rent.

Starts: 3 May Thursday 2-4 pm

Venue: Cook Community Hub Room 3

Ends: 7 June

Contact: Chris Bunn on 6241 2968 or at chris_b@webone.com.au

Enrolments after 8am, 16/1/2012

Understanding Weather and Climate

Robert Pearson

SHE017.02

This course gives the principles behind the weather and climate together with a descriptive summary of the circulation of both the atmosphere and the ocean. No background knowledge required.

Limit 7 - 30. Room rent plus photocopying costs for non-emailed notes.

Starts: 2 February Thursday 2-4 pm

Venue: Cook Community Hub Room 3

Ends: 19 April

Contact: Robert Pearson on 6241 9037 or at rpearson@netspeed.com.au

Enrolments after 8am, 16/1/2012

Anthropogenic Climate Change SHE021.02

Robert Pearson

This course discusses, from a scientific perspective, how the actions of humans have modified, and will continue to modify, the weather and climate. No background knowledge required. Further information can be emailed to enquirers.

Limit 7 - 30. Room rent, photocopying charge for non e-mailed notes.

Starts: 27 September Thursday 2-4 pm

Venue: Cook Community Hub Room 3

Ends: 29 November

Contact: Robert Pearson on 6241 9037 or at rpearson@netspeed.com.au

Enrolments after 8am, 16/1/2012

Do we need a Carbon Tax? If so What For? SHE003.05

Marjorie Curtis, John McKerral, Roger Purcell, Anthony Dale, Brian Hatch, Terry Donnelly

Anthropogenic global warming is now unchallengeable dogma, controlling business enterprises, scientific and economic research, and politicians. Tax proposals (Carbon Tax) from politicians, and higher prices from the rest, threaten our livelihoods. We will examine causes of climate change, taking evidence from chemistry, geology, archaeology, astronomy, history, and economics, reviewing current thinking. Further information can be sent to enquirers.

Limit 30. \$25 total for room rent, photocopying, printing, teas.

Starts: 30 April Monday 2-4 pm

Venue: Cook Community Hub Room 3

Ends: 23 July

Contact: Marjorie Curtis on 6241 8167

Enrolments after 8am, 16/1/2012

Population Earth - Limits to Growth

Michael Banyard

SHE029.01

In the next 50 years our planet faces a time of unprecedented challenges. There is an increasing demand for food and a decreasing capability to provide it. Food sources, like fish stocks and available productive arable land, are decreasing. World petroleum output has peaked. These issues will be discussed by 8 different speakers who are eminent in their field.

Further information can be sent to enquirers.

Limit 20 - 30. Room rent.

Student Materials: A short list of key references will be provided.

Starts: 6 February Monday 10-12 noon

Venue: Hughes Community Centre Room 3

Ends: 2 April

Contact: Susan Nancarrow on 6247 0333 or at doungsue@hotmail.com.au

Enrolments after 8am, 16/1/2012

Social and Behavioural Sciences

Personality: 'The Four Temperaments'

Robyn Jenkins SBS001.04

We learn to understand ourselves and other people, why we get on better with some than with others, and to appreciate and enjoy these personality differences.

Room rent plus \$1 for photocopying.

Starts: 5 September Wednesday 2-4 pm

Venue: Hughes Community Centre Room 2

Ends: 26 September

Contact: Robyn Jenkins on 6288 7065 or 0405 129 373

Enrolments from 1/7/2012

Problem Solving and Communication Skills

SBS002.04

Caroline Ross-Smith and Sharon Johns

Brush up on skills for problem solving and good communication with one another and across the generations. Learn ways to adjust to change and recognize stages of development that continue throughout our lives. Build self esteem for ourselves and others. Make new friends, learn from each other and have fun.

Limit 12 - 16. \$25pp covers room rent, photocopying and morning teas.

Starts: 8 February Wednesday 10 am- 12.30pm

Venue: Cook Community Hub Room 3

Ends: 28 March

Contact: Caroline Ross-Smith on 6288 1809 or at carojs@cyberone.com.au or Sharon Johns on 6249 8753 or at sharonej_54@hotmail.com

Enrolments after 8am, 16/1/2012

Introduction to Numerology, Astrology and Hand Analysis

SBS004.03

Janis Butt

This course is designed to provide introductory material to Pythagorean Numerology, Western Astrology and Hand Analysis from a scientific perspective. It aims to help people get a better understanding of both themselves and others. No previous knowledge necessary. Further information can be sent to enquirers.

Limit 6 - 15. Room rent, printing.

Student Materials: Exercise book for course work

Starts: 16 February Thursday 10-12 noon

Venue: Hughes Community Centre Room 2

Ends: 3 May

Contact: Janis Butt on 041 224 7761 or at

janisbutt@optusnet.com.au

Enrolments from 18/1/2012

Continuing with Numerology, Astrology and Hand Analysis

SBS007.04

Janis Butt

This course continues the themes covered in the introductory course and explores their value at a deeper level. This is a repeat of the course given in 2011 and an extended version of the 2010 course. Basic level of knowledge desirable.

Further information can be sent to enquirers.

Limit 6 - 12. Room rent, printing costs

Student Materials: Exercise book for course work

Starts: 20 September Thursday 10-12 noon

Venue: Hughes Community Centre Room 2

Ends: 6 December

Contact: Janis Butt on 041 224 7761 or at

janisbutt@optusnet.com.au

Enrolments from 23/5/2012

Non-violent Communication SBS012.01

Dorothy Broom and Heather Herbert

This course is based on the book "Nonviolent Communication: A Language of Life" by Marshall Rosenberg. Following Rosenberg's roadmap, we will explore the habits in our culture and ourselves that lead to frustration and psychological violence – sometimes physical or military violence. Using group discussions and exercises, we will practice ways to change those habits.

Limit 6 - 15. Room rent and photocopying.

Student Materials: Participants may wish to buy a copy of Rosenberg's book.

Starts: 7 February Tuesday 10-12 noon

Venue: Quaker Meeting House, Condamine St, Turner

Ends: 15 May

Contact: Heather Herbert at

Heah.herb@incanberra.com.au

Enrolments after 8am, 16/1/2012

Old Age - New Age?**SBS013.01****Heather Powell**

Many New Age concepts (some drawn from ancient teachings, others from leading edge science) appear to be turning some of our present society's tried and trusted Old Age beliefs on their head. We will enjoy a look at a mixture of current "New Age" concepts on offer from a variety of sources.

Limit 10 - 30. Room rent, those requiring photocopies, 20c a sheet

Starts: 3 April Tuesday 1:30-3:30pm

Venue: Cook Community Hub Room 3

Ends: 29 May

Contact: Heather Powell at powellh@acr.net.au or on 6259 1246

Enrolments after 8am, 16/1/2012

An Introduction to Psychology SBS014.01**Bob Hay**

This course provides an orientation to some areas of clinical and social psychologies. It includes topics such as psychological tests, learning and IQ, depression, suicide, obsessive-compulsive disorder, hypnosis and trance, and newer concepts such as the "plastic brain". It will also draw on anthropology for some of its material.

Limit 10 - 18. Room rent

Starts: 17 January Tuesday 10am-12 noon

Venue: Cook Community Hub Room 2

Ends: 13 March

Contact: Bob Hay at bob4236@gmail.com (preferred) or on 6253 0603 (business hours only)

Enrolments from 9/1/2012

Courses not accepting new enrolments

The following U3A courses for 2011 are not taking at least 2 new members on or after 16 January 2012.

Accordingly only limited details about these courses are included in the following list, and contact details have been deliberately omitted unless the course leader is willing to maintain a waiting list. Where any vacancies arise and require filling, additional members may be sought through a notice in the U3A Newsletter or on the U3A Website.

Watercolour for Fun**AF005.04****Pauline Johns**

Starts: 17 January Tuesday 10-12 noon

Venue: Italo Australian Club, Forrest

Waiting list: David Townsend on 6282 3850 or at townjd@netspeed.com.au after 8 am 16/1/2012

Make a Mark**AF025.02****Paula Ridgway**

Continuing Art Group that is assembling a Portfolio of art work, building on skills gained in the Back to Basics drawing course and work completed in 2011.

Starts: 6 February Monday 9.30am-1.30pm

Venue: Cook Community Hub Room 3

Waiting list: Paula Ridgway at ridgways@grapevine.com.au after 8 am 16/1/2012

Discussing Dissent**CUA015.03****Keith Croker**

Starts: Date to be fixed; 9.30 - 11.45 am

Venue: Wesley Music Centre, National Circuit, Barton

Asia Wakes-Australia Sleeps?*CUA028.01**John Donnelly**

Starts: 30 January Monday 9.50-12 noon

Venue: Baptist Church, Groom St, Hughes

The World of Issues, Ideas and Opinion.**Group 1****CUA010.04****David Townsend**

Starts: 2 February Thursday 9:45-11:45 am

Venue: Wesley Music Centre, Forrest

Booktalk**ELL014.04****Jenny Murphy**

Starts: 14 February Tuesday 2-4 pm

Venue: Canberra Seniors Centre, Turner

Waiting list: Jenny Murphy on 6251 5312, jenny.murphy@hotmail.com after 8 am 16/1/2012

Southside Monday Book Discussion Group**Michael Davies** **ELL035.03**

Starts: 6 February Monday 10 am-12 noon

Venue: Members' homes

Wednesday Southside Book Group**Marilyn Nelson** **ELL043.02**

Starts: 18 January Wednesday 10am-12 noon

Venue: Private homes of members

Waiting list: Marilyn Nelson on 6281 5573 after
8 am 16/1/2012**Northside Book Group No 2** **ELL030.04****Sandra Hogg**

Starts: 9 February Thursday 2.30 pm

Venue: Ainslie Football Club

French Conversation **L025.04****Elizabeth Silvey**

Starts: 6 February Monday 10-12 noon

Venue: Southern Cross Club Jamison

Continuing Spanish for Beginners **L028.04****Luis Bonilla**Prior basic knowledge of Spanish language such
as the Spanish alphabet, sound of the letters and
basic expressions are needed.

Starts: 1 March Thursday 2-4 pm

Venue: Belconnen Soccer Club, Hawker

Waiting list: Luis Bonilla at lbonil-
la42@hotmail.com or on 6259 1006 after 8 am,
16/1/2012**Spanish Conversation****L009.04****Luis Bonilla**

Starts: 1 March Thursday 10.10 am-12.10 pm

Venue: Belconnen Soccer Club, Hawker

Continuing Intermediate Spanish **L048.03****Elisa Bonilla**

Starts: 1 March Thursday 10.10 am-12.10 pm

Venue: Belconnen Soccer Club, Hawker

Piano Lessons **M014.05 and M015.06****Jocelyn Ladyzhynsky**

Starts: 13 February Monday 1.30-5 pm

(M014.05)

Starts: 16 February Thursday 9.30-11.am

(M015.06)

Venue: Private home in Chifley

Piano Lessons**M043.04****Masako Yamasaki**

Starts: 15 February Wednesday 10 am-12.30 pm

Venue: Private Home

Waiting list: Masako Yamasaki at mer-

irara@hotmail.com (preferred) or 6231 7754,
after 8am, 16/1/2012**Comparative Religion Discussion Group****Derrick Mason****PR014.02**

Starts: 9 February Thursday 1-3 pm

Venue: Yass Senior Citizens Centre

2012

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Notes

CLASSES APPLIED FOR 2012

(Your own record)

CLASSES APPLIED FOR 2012

(Your own record)

New courses as at 29 February 2012

Arts & Film

Practical Photography AF8.02

Leader: Jake Jacobs

A series of presentations on taking a good/ excellent photo. Subjects will include land/ seascapes, sports and nature, as well as photos of your relatives and grandchildren which do not appear most suited to being hung in the 'Wanted Section' of the local Post Office. The emphasis will be on taking the photo right in the first place, without relying on manipulation to produce the final product (although manipulation does have its place). This is a repeat of the course to be held in June/July this year.

Limit 10 - 20. Room rent.

Starts: 1 August Wednesday 2-4 pm

Venue: Cook Community Hub Room 3

Ends: 29 August

Contact: Jake Jacobs on 6258 1621, or at jake.jacobs@mac.com

Computer Studies

Introductory Computer Courses CS002

Introductory computer courses are run throughout the year at Cook, in 7 sessions of 2 ½ hours, based on demand. These cover the basics of using a personal computer, including how to create and store documents and will introduce Internet and e-mail usage. No previous experience is necessary but attendees must have access at home to a computer with Window (7, Vista or XP) and Microsoft Word or Works.

Contact: Viggo Pedersen on 0406 376 811 or at pedersen@pcug.org.au

Mac Absolute Beginners CS12.03

Leader: Vince Newton

This course has two aims,

- i) to introduce absolute beginning users of Macs to the various parts and applications of the computer; and
- ii) to help those who have had a Mac for a while and are still having difficulties in doing some basic procedures. The class will be in small

groups for individual attention if necessary. Limit 5 - 12. Room rent.

Student Materials: Mac laptops if possible.

Starts: Wednesday 4 April; 2-4 pm

Venue: Hughes Community Centre Room 3

Ends: 16 May

Contact: Vince Newton on 6288 3341

Enrolments from 1/3/2012

An Introduction to Spreadsheets CS014.04

Leader: Les Fielke

In this four week course we will learn what a spreadsheet is and what we can use them for. We'll use Microsoft Excel 2007 to create various kinds of spreadsheets that can perform various calculations, manage budgets and display information in the form of graphs and charts.

We will assume you will have had no prior experience with Excel but will be familiar with Windows based computers (e.g. you have completed the Introduction to Computers course).

Limit 4 - 10. Room rent plus possible small charge for photocopying.

Student Materials: A small capacity USB memory stick (flash drive)

Starts: 29 February Wednesday 10 am- 12.30pm

Venue: Cook Community Hub Room 1

Ends: 21 March

Contact: Les Fielke at les@fielke.com

Enrolments from 16/01/2012

Using Microsoft Word 2007 CS014.05

Leader: Les Fielke

We will learn how to use Microsoft Word 2007 to create, edit, format, save and print documents, insert tables and pictures, headers and footers and create indexes and tables of contents. You should be familiar with using Windows-based computers, Email and Internet (eg, you have completed the Introduction to Computers course).

Limit 4 - 12. Room rent plus photocopying costs.

Student Materials: You will need to have a copy of Microsoft Word 2007 installed on your home computer to complete homework. Also bring a USB flash drive to class.

Starts: 21 February Tuesday 1:30-4:00 pm

Venue: Cook Community Hub Room 1

Ends: 27 March

Contact: Les Fielke at les@fielke.com

Current Affairs

Current Affairs, Belconnen CUA009.04

Leader: Pauline Bryant

Interesting guest speakers every week, covering local, national and international topics. Participation in discussion is encouraged.

Limit 100. Canberra Southern Cross Club Seniors membership \$5 p.a. + course fee \$2.50 per week.

Starts: 8 February Wednesday 10-12 noon

Venue: Southern Cross Club Jamison

Ends: 12 December

Contact: Joy McInerney on 6251 1564

Enrolments from 9am, 16/1/2012

Lindbergh to Low Cost Carriers - The story of Air Travel CUA21.02

Leader: Martin Aubury

This course discusses how airlines and airliners have evolved since Charles Lindbergh flew the Atlantic in 1927. It begins by explaining how planes fly and then the steps that have made air travel so safe and inexpensive, to the extent that a US low cost carrier is now the world's safest airline! The course concludes with ideas for finding fair fares.

Limit 10 - 30. Room Hire

Starts: 5 June Tuesday 10-12 noon

Venue: Cook Community Hub Room 3

Ends: 10 July

Contact: Martin Aubury at

ozaubury@homemail.com.au (preferred) or on 6255 2347

Enrolments from 8am on 1/5/2012

English Language & Literature

"How to Live: A Life of Montaigne in One Question and Twenty Attempts at an Answer" by Sarah Bakewell ELL065.01

Leader: Kevin Walcot

Michel de Montaigne (1533-1592) had a go at writing in a new way – he invented the essay! He has had many followers since, including Francis Bacon, Hazlitt, Charles Lamb, et al. Sara Bakewell's book tells us about him and his times, family, friends and cat in an original way that is enlightening and amusing.

Limit 20 - 30

Student Materials: A copy of the book *How to Live: A Life of Montaigne in One Question and Twenty Attempts at an Answer* by Sarah Bakewell (Vintage 2011. \$19 at Dymocks)

Starts: 1 May Tuesday 10-12 noon

Venue: Baptist Church, Groom St, Hughes

Ends: 10 August

Contact: Kevin Walcot on 6249 6688

Enrolments from 9am 16/01/2012

Writers Rejoice! ELL66.01

Leader: Patricia Thornhill

Enjoy writing, explore style, delight in words, sentences, metaphor, poetry and the work of great writers. Surprise yourself with your creative abilities. We are a community of writers and in our workshop we start with a focus topic, then free choice of writing and feedback on our work.

Limit 8 - 16. Room rent approx \$10 per session depending upon numbers.

Starts: 30 April Monday 10-12 noon

Venue: Corroboree Room, Corroboree Park, Paterson Street, Ainslie

Ends: 18 June

Contact: Patricia Thornhill on 6154 2215

or pat_thornhill@hotmail.com

Enrolments from 12/3/2012 after 10 am

History

The Australian Experience at War – Sudan to Afghanistan H060.01

Leader: Robert Simms

Examine the concept, history, galleries, relics and art of the Australian War Memorial. Provisions will be made for group participation in discussions related to the collection. Expert staff from the memorial will address the group on occasion; on completion the group will visit the Memorial's extensive repository at Mitchell.

Limit 10 - 12

Starts: 7 February Tuesday 1.30-3.30 pm

Venue: Australian War Memorial

Ends: 4 December

Contact: Robert Simms on 6231 0076

Enrolments from 24/1/2012, after 8 am

Aspects of Military History H21.04

Leader: Ian Stagoll

This ongoing course features a talk on a different topic each week. Speakers will include well-known historians and writers, members of the Military Historical Society of Australia, and others who will talk from personal experience or perspective. It will cover a wide range of subjects relating to military history matters, with a special emphasis on Australian military history. General discussion is encouraged, and course members will have the opportunity to give a presentation if they wish to do so. Course has commenced but new members very welcome.

Limit 30 - 75. Club membership (\$10 p.a., seniors \$5 p.a.)

Starts: 2 February Thursday 2:30-4:30pm

Venue: Southern Cross Club Jamison

Ends: Date to be fixed

Contact: Ian Stagoll on 6254 0199

Europe in the Seventeenth Century H67.03

Leader: David Webster

Europe on the eve of the Thirty Year War; changes in the nature of the war; personali-

ties; lasting importance of the Peace of Westphalia. C17 culture: scepticism, empiricism and rationalism; Galileo, Descartes, Newton; science and the 'Commonwealth of Learning'; the search for perfect government: Hobbes, the English Puritans, Locke. Post 1660 absolutism: Louis XIV; the Spanish succession and the Peace of Utrecht. The Baltic and Poland. Course has commenced but new members very welcome.

Limit 30

Starts: 7 February Tuesday 10-12 noon

Venue: Pilgrim House Conference Centre, 69 Northbourne Ave, Canberra City

Ends: 4 December

Contact: David Webster on 6257 7928 or

dandhwebster@bigpond.com

Languages

Advanced Italian L019.03

Leader: Joan Waldron

Continued development of language and conversation skills. Study of advanced aspects of grammar and modern Italian writers. Participants need to have a good grasp of Italian grammar and vocabulary skills.

Limit 12

Starts: 8 February Wednesday 10-12 noon

Venue: Southern Cross Yacht Club

Ends: 14 November

Contact: Joan Waldron on 6286 2179

Enrolments from 23 January 2012

Danish Language and Culture L047.02

Leader: Keith Ross

A twelve week course for beginners and continuing students. It will use simple Danish conversation, song, board games and children's literature to expand knowledge of this Scandinavian land.

Limit 5 - 15. Room hire and some photocopying costs.

Starts: 16 February Thursday 2-4 pm

Venue: Cook Community Hub Room 1

Ends: 3 May
Contact: Keith Ross on 6258 0286 or
kjbmross@bigpond.com
Enrolments from 16/01/2012

Music

The Great Mr. Handel M71.01

Leader: Alan Jenkins

An exploration of the life and works of this great composer - a complex personality and a dominating figure in the history of European music. His life encompassed a meteoric rise and a dramatic downfall. The course will draw on CDs, tapes and live piano illustrations of the points being made and may include a live performance if that can be arranged to close the course.

Limit 5 - 40. Room rent, refreshments.

Starts: 30 July Monday 2-4 pm

Venue: Cook Community Hub Room 3

Ends: 3 September

Contact: U3A Office at Cook Community Hub on 6251 8005

Recreation

Tai Chi for Health R28.01

Leader: Lynn Barnstaple-Millar

This is an introductory course suitable for beginners or those with some experience.

The course covers Tai Chi for Health programs including: Tai Chi for Arthritis and the 24 Forms. All you need are comfortable clothing and flat soled shoes.

Limit 8 - 12

Student Materials: Hand weights and stress balls for warm-up exercises would be useful but not essential.

Starts: 20 January Friday 9.30-10.30 am

Venue: Classical Ballet Centre, adjacent to Cook U3A offices.

Ends: 14 December

Contact: Lynn Barnstaple-Millar on 6254 3780, dandl@aapt.net.au

Science, Health & Environment

The Digital Age

SHE30.03

Leader: Grahame Hellyer

For those who feel swamped by the new consumer technology – digital TV, radio, smart phones, tablets, computers, GPS, DVD, Blu-ray, I-pods, etc. The course is for those who know absolutely nothing but would at least like to know what people are talking about and how it affects them. This is an extra course for those who could not get into the February course.

Limit 20 - 40. Room rent plus 50c photocopying.

Starts: 3 April Tuesday 10am-12 noon

Venue: Cook Community Hub Room 3

Ends: 8 May. No lesson on 10 April.

Contact: Grahame Hellyer at
ghellyer@pcug.org.au or 6251 3379

New courses as at 30 April 2012

Introduction to Programming

Leader: Barbara Duus

This course is an introduction to computer programming using VBA, the programming capability behind Microsoft Excel. It is aimed at absolute beginners. After covering basic programming techniques, we will follow the interests of the class and have a bit of practical and/or frivolous fun with your newly learned skills. Limit 8. Room rent.

Student Materials: Thumb drive.

Starting: Monday 6 August 10 am – noon and continuing until 24 September

Cook Community Hub Room 1.

Contact: Barbara, on 6288 8037 or duus@iinet.net.au

Dante Alighieri - An Approach to *La Divina Commedia*

Leader: Magda Damo

The course will approach Dante Alighieri's *Divine Comedy* through reading, audio-visual material and discussion of the work. Please note the course (and supporting DVD material) will essentially be conducted in Italian so those enrolling will need to be reasonably proficient in Italian. Limit 4 - 10. Possibly some photocopying. Student Materials: A copy of Dante Alighieri's *Divina Comedia* - any edition in Italian. Participants may wish to refer to an English version as well.

Starting: Wednesday 6 June 2 - 4 pm and continuing until 22 August at a private home in Red Hill; proposed day and time is flexible and may be changed to suit potential participants.

Contact: Magda, on 6295 3935.

Enrolments from after 9am 14 May.

Developing Cryptic Crossword Skills

Leader: Marion Jones

This course is designed for those keen to practise and develop cryptic crossword skills, so some basic knowledge will be assumed.

Limit 12 - 30. Room rent.

Starting: Monday 6 August 10 am – noon and continuing until 24 September at HCC Room 3.

Contact: Marion, at marion-jones@grapevine.com.au

Introduction to Mindfulness for Well-Being and Inner-Peace (Beginners)

Leader: Marie Bloomfield

Introduction to Mindfulness meditation practices (a certain way of practising awareness, in the present-moment, on purpose, in a non-judgemental way). Applications of mindfulness to reduce stress, excessive emotions and pain, to improve sleep, calmness, vitality and happiness. Commitment to practise mindfulness exercises daily is expected.

Limit 15. \$40, to cover room rent, refreshments, a CD and weekly handouts.

Student Materials: Bring a display folder and a note book. Wear comfortable clothes suitable for exercises.

Starting: Tuesday 17 July 10 am - 12.30 pm and continuing until 4 September at Cook Room 3.

Contact: Marie, on 042 7795 721, or at mariepsychologist@gmail.com.

Enrolments from 1 July. This course is being readvertised.

Changes to Prospectus Details

Art Appreciation (2) (AF22.01), led by Roy Forward will run from 23 July to 10 September 2012, one week earlier than advertised in the Prospectus.

New conveners for **Write Word – Creative Writing Group** (ELL06.04) are Sue Allen and Charlotte Hearder. Contact Sue on 6287 5887 or sal59929@grapevine.net.au or Charlotte on 6288 4801 or simchar7@internode.net.au

Cancellations of advertised courses
Writers Rejoice (ELL066.01) led by Patricia Thornhill. Insufficient applicants

Beginner’s German Conversation (L044.03) led by Kimberley Simms. For further information please contact Gup-tila de Silva: 6299 0872; email: ayu6owan2u@gmail.com