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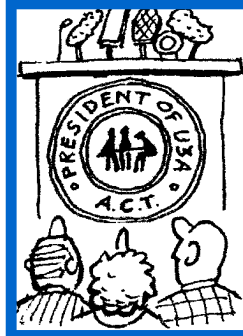
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From the President



As I write this, we are in the last throes of preparing to start our first courses in our new space at the former Cook Primary School but by the time you read it we shall be a full month into that experiment, and with luck we'll have the teething troubles behind us.

It has been a great combined effort, led by Garth Setchell and his planning team, who have done the fit-out of our space, with lots of helpers.

Rallied by the course coordinators, course presenters have come forward, offering enough courses to be close to filling our space for the rest of the year, which we had not expected so soon.

Sue Gavin has managed to recruit enough office volunteers to staff our second office fully during the preparatory period. And we also need to thank the ACT Department of Disability, Housing and Community Services for an excellent job of refurbishing Block C of the school, and for their facilitation of the hand-over. It has been a great example of what we can achieve when we work together.

All members who haven't yet seen our new north-side 'home' are invited to come and have a look. Attention is now turning to what can be arranged for a formal opening to introduce the new use of the school to the community.

We're now well into the second half of the year, and before we know it Christmas will be upon us, with all the end-of-year events.

The course coordinators are already well advanced in preparations for courses for next year, and we hope that all our regular course presenters are getting their plans settled - and lots of new ones are joining in too.

The Tuesday Forums are more than half way through another successful year, in cooperation with COTA as usual, with regular attendees supplemented by folk attracted by another most interesting variety of topics.

And it's not too early to start inviting all members to consider how they might help U3A in 2011.

— John Brook



Garth Setchell,
Vice President (Property & Tours),
puts the finishing touches to Room 2 at

From the Editor

As John says, our new Cook facilities are now open for business. This edition advertises two new courses to be presented at Cook, together with reminders about several more, previously advertised. No green supplement this time; from now on, activities at Cook will be included with those at our various other venues.

In fact, interest in Cook has been so positive that we're running short of people to staff our Hughes office. On page 5 you'll find a plea from Sue for more Hughes volunteers.

The November/December issue will be posted to you on 27 October. It's a little earlier than usual for reasons to do with the date of the Annual General Meeting, which is to be held on Wednesday 24 November. More information about the AGM in that edition.

Because of the earlier mailing date, please let me have any contributions for the next issue by 3 October.

— Fred Roberts

Cook is now open for business!

U3A ACT is now operating from its new rooms in the Cook Community Hub, at the former Cook Primary School, which is particularly good news for our North side membership!

Keep tuned for details for the grand official opening, hailed as a 'Community Celebration', which is likely to be on a weekend in October, 2010.

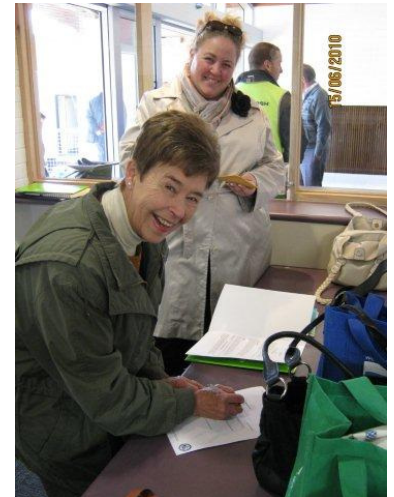
We are one of 12 tenants which will operate from these spacious and well-appointed rooms, provided through an initiative by the ACT Department of Disability, Housing and Community Services.



The official party at the handover ceremony

The official handover of the new premises to U3A ACT took place on 15 June. On page 8 are photos of another significant milestone, the first classes in operation on Day 1 at Cook, 2 August.

There are already more than 30 courses which have started or are to start during the rest of this year, and the prospects for further success in 2011 look very bright.



Sue Gavin (Office Manager) signing her life away at the official key and handover ceremony on 15 June

Around the Courses

NOTE: At the time of printing, not all new courses had been allocated a course number

New Courses

Snapshots from History

Leader: Bob Coombs

H13

This course will cover episodes from history (from Wonders of the Ancient World to Napoleon's Invasion of Russia to the Abdication of King Edward VIII).

Limit 15 - 35. Room rent, small photocopying charge.

Starting: Tuesday 26 October 2 - 4 pm and continuing until 7 December at U3A Cook, Room 3

Contact: Bob, at ruralact@iimetro.com.au (preferred) or on 0414 939 237.

Enrolments from 6 September.

The Spanish Civil War

Leader: John Harris

H47

Spain in the early 20th century. The Second Republic. Military rising and its initial failures and successes. Intervention by Germany, Italy and the USSR. Non-intervention. The assault on Madrid. Franco's victories in north. Republican Spain cut in two. Fall of Catalonia.

Final collapse of Republic. Aftermath of the Francoist victory.

Limit 10. Room rent, small photocopying charge.

Starting: Thursday 21 October 10 am – noon and continuing until 25 November at Hughes Community Centre Library

Contact: John, on 6281 5219 or harris_i@tpg.com.au

Enrolments from 6 September.

In the Steps of J S Bach

Leader: Garth Mansfield

M49

This is a repeat of a popular 10-session course embracing new discoveries and many different musical examples of all genres (instrumental, vocal and keyboard). It covers the life and works of the musical genius in the context of places and times and his legacy. There are illustrated talks, DVDs, music selected from many CDs and discussion.

Limit 15 - 50. Cost \$30 including room hire and refreshments, plus some photocopying costs for music lists and other documents.

Starting: Thursday 30 September 9:45 am – noon and continuing until 9 December at Wesley Music Centre, Forrest.

Contact: Garth, at mansg@bigpond.net.au (preferred) or 6248 6230.

Lawn Bowls for Seniors

Leader: Terry Bell

R15

Provides an introduction to lawn bowls in a friendly, relaxed outdoor setting. Available to everyone, it should prove an interesting, healthy and rewarding experience. Participants must wear flat-soled shoes. Bowls provided.

Limit 12 - 24. Cost \$40 inclusive of green fees.

Starting: Friday 8 October 9:30 am – noon and continuing until 12 November at Canberra North Bowling Club, Turner.

Contact: Terry, at terrybellbird@gmail.com or on 6161 9093, 0427292298

Climate Modification by Humans - the Science

Leader: Robert Pearson

SHE19

This course is to be based on basic considerations of weather/climate as well as refereed papers. An emphasis is placed on the Australian context. Students from *Understanding Weather and Climate* (SHE17) will have had some exposure to the basic content but attendance

at this course is not assumed.

Limit 18. Room rent, plus photocopying charges for those unable to receive notes electronically.

Starting: Wednesday 10 November 2 - 4 pm and continuing until 8 December at U3A Cook, Room 3

Contact: Robert, at rpearson@netspeed.com.au or on 6241 9037

Vacancies

Conchordia Choir

Leader, Noelene Akeroyd

M12

Women interested in singing two and three part harmony are welcome to join the choir.

Rehearsals are held in the Kippax Uniting Church from 1.30 to 3 pm on Wednesdays of school terms. Cost \$25 per school term.

Choir performances at various arranged venues are optional to a choir member.

U3A members can join the choir at any time.

Contact: Noelene at noeleneba@bigpond.com or on 6251 4040

Learning to Read Music - for Singers

Leader, Noelene Akeroyd

M52

If you are a singer, and would like to read music, this is for you! It will be a course of discovery - of note reading, rhythms and singing. Cost \$10 per school term.

Contact: Noelene at noeleneba@bigpond.com or on 6251 4040

The Wednesday Southside Book Group has vacancies and would welcome new members. Contact Marilyn Nelson on 6281 5573 or Gwen Hartican on 6281 3622

The World of Issues, Ideas and Opinion

Leader, Henry Hatch

CUA10

Ongoing weekly discussion group basing topics on the contents of *Review: the World of Issues, Ideas and Opinion* published each Friday in *The Australian Financial Review*. Group members are encouraged to analyse and expand on issues raised by articles.

Meets Thursday afternoons from 2 to 4 pm in U3A Cook Room 2. More members welcome. Contact: Henry, at email hhatch@netspeed.com.au or phone 6290 1138.

Reminders

Courses starting in the next couple of months

2 September

AF24 Thursday Evening Film Group

7.30 - 10.00 pm U3A Cook, Room 3

Leader: James Nichterlein

H68 Why Battles are Lost

2 - 4 pm Hughes Community Centre Room 3

Leader: Geoff Baker

M57 I Think I've Heard that Song Before

2 - 4 pm U3A Cook, Room 3

Leader: Graeme Flanagan

3 September

R19 The Digital Age

10 - noon U3A Cook, Room 3

Leader: Grahame Hellyer

7 September

SBS04 Numerology, Astrology and Hand Analysis

10 AM - noon HCC Room 2

Leader: Janis Butt

13 September

H94 Australian Flags and National Symbols

10 am - noon U3A Cook, Room 3

Leader: Victor Isaacs

14 September

CUA21 Lindbergh to Low Cost Carriers - The Story of Air Travel

2 - 4 pm U3A Cook, Room 3

Leader: Martin Aubury

ELL09 With Love From the Grands

1:30 - 4 pm HCC Room 2

Leader: Heather Lawson

H73 Brave Little Belgium

10 am - noon HCC Room 3

Leader: Bob Dunstone

29 September

H91 A Natural History of Homosexuality

2 - 4 pm U3A Cook, Room 2

Leader: Bob Hay

1 October

SHE18 Time and Life - Great Fossil Sites of the World

10 am - noon U3A Cook, Room 3

Leader: Alex Ritchie

11 October

M50.OCT Introduction to Harmonica

10 am - HCC Room 2

Leader: Mike Ilchef

SHE09 Life at the Extremes

2 - 4 pm U3A Cook, Room 2

Leader: John Thompson

12 October

AF11 Understanding and Using Digital Cameras

2 - 4 pm U3A Cook, Room 2

Leader: David Raff

14 October

ELL03 Enjoying Literature

10 am - noon U3A Cook, Room 3

Leader: Roger Dobb

ELL44 Love, Sex and Tragedy - Let Shakespeare 'Mend' Your Eyes and Fix Your Angst

10 am - 12.30 pm University House Molly Huxley

Room

Leader: Ken Lees

15 October

H82 The English in Ireland

10:15 - 11:45 am Canberra Raiders Club, Gungahli

Leader: Lois Dennis

25 October

AF25 Make a Mark

10 am - noon U3A Cook, Room 3

Leader: Paula Ridgway

H15.OCT French Women of Note and Notoriety

2 pm Weston Creek Community Centre

Leader: Marion Watt

3 November

ELL51 Pleyn Delit - The Mediaeval Masterchef

10 am - noon U3A Cook, Room 3

Leader: Peter Harrington

Legislative Assembly for the Australian Capital Territory Strategy and Parliamentary Education Office

KNOW YOUR LOCAL ASSEMBLY!

University of the Third Age Seminar

Date: Thursday 18 November
Time: 9.15 am – 3 pm
Venue: Reception room, ACT Legislative Assembly (Entry via Civic Square)
Contact: Laura Stuart – 6205 3016
There is no charge for this seminar

PROGRAM

Time	Session	Presenter
9:15 – 9:30 am	Welcome by Speaker	Mr Shane Rattenbury, Speaker, ACT Legislative Assembly
9.30 – 10:00 am	Who's who in the Assembly? Film – One of a Kind	Education Officer, ACT Legislative Assembly
10 – 11:00 am	How do we elect our representatives? Role play of a Hare-Clark election	Education Officer, Elections ACT
11 – 11.30 am	Morning Tea (provided)	
11.30 am – 12:15 pm	Why have committees? Questions?	Committee Office
12:15 – 12.45 pm	What are the roles of the Government, Opposition and Crossbenches?	Panel of MLAs
12.45 – 1.30 pm	Lunch	
1.30 – 1.55 pm	What happens in the Chamber? Papers and procedures	Tom Duncan Clerk of the Assembly
2 – 2.30 pm	Question Time	Chamber
2.30 – 3:00 pm	Questions, discussion and evaluation	Education Officer

Volunteers needed

Hughes Office

Some of our generous volunteers from the Hughes office have transferred their times to the Cook office. We have had a very welcome response to requests for help at Cook but now are in need of more offers of assistance at Hughes.

If you can give a morning or afternoon now and then to staff the office, U3A would be most grateful.

Please contact Sue Gavin: smgavin@bigpond.com or phone 6258 3042 if you can help.

Office Manager

If you would like to manage or share/manage one of our offices please let Sue Gavin know. This involves:

Organising rosters, using email or telephone.

Occasional training sessions for new volunteers to acquaint them with our routines.

Keeping the office supplies up to date. (Refreshments, envelopes, etc.)

This effort is very rewarding as we are a great bunch of happy supporters of U3A.

Please contact: Sue Gavin: smgavin@bigpond.com or phone 6258 3042 if you can help.

VIEWS INFORMATION FUN

Keep that grey matter ticking

Join your friends of U3A and COTA, and bring other friends along regularly to this year's series of
U3A/COTA BYO Lunchtime Forums

Main Hall, Hughes Community Centre

Every Tuesday, June to October, 12.15 to 1.45 pm

Attendance fee \$1. Free tea and coffee provided. You need to bring your own cup.

There is a hearing loop in the hall – people with hearing aids should adjust them to the 't' position

14 Sept Strokes – A Balance of left and right

Producer: Joan Kitchin

Presenters Brett Jones, Level 2 Clinical Nurse Consultant, Stroke Unit Canberra Hospital; and Dawn Nusa, Stroke Liaison Nurse, Canberra Hospital.

21 Sept How can grandparents help school children?

Producer Margaret Beamish

Presenters Heather Hill, Literacy Coordinator, Macquarie Primary School; and Robyn Tobler, retired primary and high school teacher, who worked with 'Parents as Tutors' University of Canberra.

28 Sept How do I get my voice heard?

Producer Jennifer Jean

Presenters Bill Stefaniak, former ACT MLA, now Appeal President on the ACT Civil and Administrative Tribunal, and Katherine Horak, Human Rights Commission

5 Oct Wither the Republic?

Producer Gabrielle Watt

Presenters Alan Fitzgerald, Author and Journalist, Foundation Member and Chair of ACT and Region

Branch of Australians for Constitutional Monarchy; and John Warhurst, Adjunct Professor of Political Science ANU, Senior Deputy Chair and ACT Convenor of the Australian Republican Movement.

12 Oct Conscience and the State

Producer Joan Kitchin

Presenters Rev Dr John Moses, Professorial Associate St Mark's National Theological Centre; and Rev. Peter Rose, Chaplain to Parliamentary Christian Fellowship

19 Oct Why should we care about relations with South America?

Producer Raoul F Middelmann

Presenters John Sullivan, former Ambassador to Brazil; HE Raúl Gangotena, Ambassador of Ecuador, and HE Pedro Raúl Villagra Delgado, Ambassador of Argentina.

26 Oct Birds – why are they disappearing?

Producer Shirley Kral

Presenters Dr Leo Joseph, Director Australian Wildlife Collection, CSIRO; and Dr Chris Davey, CSIRO Sustainable Ecosystems.

For further Information: Vernon Kronenberg, phone 0412 150 771 or vernon.kronenberg@gmail.com

George Howe OAM

The gong is not usually associated with U3A member, George Howe. George's musical skills are more commonly evidenced when he is at a keyboard. An accomplished pianist and organist, George can also be seen and heard on occasion tinkling away on the harpsichord with various U3A musical ensembles.

Perhaps George's main claim to fame in recent years has been his association with the National Carillon on Aspen Island. He started his performing career as a carillonist in 1978, and is now the longest-serving performer at the keyboard of this magnificent instrument, which the British Government presented to the people of Australia in 1970 to commemorate the 50th anniversary of the National Capital. Queen Elizabeth accepted the carillon on behalf of Australia at a ceremony on Aspen Island on 26 April, 1970.

But now George has a gong. He was recognised in the Queen's Birthday honours, when he was awarded the Order of Australia Medal (OAM) for his services to the performing arts.

U3A ACT offers George its sincere congratulations.

News from the Course Coordination Sub-Committee

Prospectus 2011 preparations

Thank you to those members who have offered their services as course leaders in 2010, not the least those who have helped by offering courses at our new Cook venue. All 2010 course leaders should by now have received letters inviting course proposals for our 2011 course program. If you did not receive one, or are a member seeking to run a course next year, a course proposal form is available from the U3A office or can be downloaded from our website (go to the 'Course leaders page' under the 'Courses' tab). For inclusion in the Prospectus due out in December, course proposals should be with the Course Coordination Sub-Committee by mid-September.

New course leaders

There is always room for new course leaders to come forward and offer courses for our members. If you have been thinking about what course you could offer or how you would devise and run a course for U3A but feel you need some advice about those aspects, the Course Coordinators are a point of contact to help you get started. Don't think that because you may not be in a position to commit to lead a course by the deadline for the Prospectus it is too late – details of courses received after that deadline are advertised to members in an appropriate Newsletter during the year.

Course material sources

We have previously mentioned in this column a source of existing course material which our members could access and which can be used to design and present courses without doing all the hard research work.

That source is the Resource Library established by U3A Network NSW; U3A ACT is a member of that network. To see what is currently available check the website: <http://courses.u3anet.org.au/>. Material is available either free (if transmitted by email) or at a charge related to other forms of supply. A sample CD containing four short courses from their catalogue (*Seven Wonders of the Ancient World*; *Six Wives of Henry VIII*; *Matthew Flinders*; *Omar Khayyam*) is available from Trevor Bruhn (6282 1214) if anyone is interested in presenting these subjects. Another source for courses which members may find of interest is held by U3A Online Inc. Check its website for details relating to access to its material and conditions of use.

— Trevor Bruhn

Chair Course Coordination Sub-Committee

English Language Home Tutor Volunteers Needed Northside

The Migrant and Refugee Settlement Services of the ACT (MARSS) is looking for volunteer tutors to teach English to migrants and refugees under its Home Tutor Program. If you have two or three spare hours a week and enjoy meeting people from different backgrounds and cultures then please contact us. No formal teaching qualifications necessary – just time, patience and good will! We especially need more tutors living in the Northside.

For more information please email Rachael Andrews at: htp@marss.org.au or call 6248 8577.

— Sandra Gray

Conductor Needed

The U3A Warrani Chorale is seeking a co-conductor for 2011 to assist the present conductor in its program for the coming year.

Warrani is a well established group of choristers who not only sing for their own pleasure each Wednesday morning but also go out into the community to spread the word.

For further details please submit your name to me at 6290 1307 at your earliest convenience. Thank you.

— Pixie Gray

(Continued on page 9)

COOK — DAY ONE



Victor Isaacs (right) and members of his course on Australian newspapers



Jim Nichterlein (centre) leading his computer course'



A rapt audience!



Hard at work!



Victor making a point



"Now is that clear?"

Can You Help?

We have had an approach from Australian Business Volunteers (ABV), a non-profit agency which works in developing countries to build the capacity of local enterprises, institutions, and communities. ABV would be interested to offer assistance to any of our members whose thoughts may turn to using their skills to help strengthen poor countries and communities by working with them. ABV is currently working in nine Asian and four Pacific countries, typically using assignments of two to three months, in co-operation with AusAID through their Australian Government Volunteer Program (AGVP). Details of the kind of work which ABV does are available on its web-site at www.abv.org.au which also outlines its structure and aims.

This is not something which members may even have thought of; but if, after reflection, you think your skills might be of value overseas and the idea would be worth exploring, please feel free to contact ABV to arrange a preliminary discussion, via its email address info@abv.org.au or via their telephone number 6285 1686 here in Canberra. — **John Brook**

Booking Equipment at Hughes

The bookings for laptops and data projectors at Hughes are now to be done by the South course coordinator, Mike Burr, on 6161 5422.

Yass Art Group Exhibition

Yass Art Group members will be showing their work at their annual exhibition, to be held at the Yass Library (during opening hours) from 5 to 19 November. — **Margaret Carr**

U3A Artists' Gallery

U3A artists groups have been meeting at Woden Seniors' Club (cnr Corinna Street/Melrose Drive, Phillip) for several years. Late in 2008, His Excellency Michael Bryce opened a major extension to the club, and subsequently one of our members, Iris Blewett, suggested that the new foyer and lounge area would be considerably enhanced by hanging artists' work there.

The club's committee seized on the suggestion, and the result is a permanent exhibition with attractive signage. The Gallery was officially opened by ACT Chief Minister, Jon Stanhope. Members and visitors are now greeted by the work of the artists as they enter the foyer and also in the attractive, spacious lounge room. It has been a win-win-win situation - the areas attract considerable attention, the club receives 15 per cent of money received from sales and our members have an opportunity to display their work.

It is not surprising that The Gallery is attracting admiration and significant sales, as U3A members who meet at the Woden club on Wednesdays and Fridays include many accomplished artists who successfully exhibit at major events in Canberra (such as *The Canberra Times* outdoor exhibition and the Artists' Society of Canberra exhibition at the Albert Hall) and elsewhere.

It was largely because of her work in establishing The Gallery that Iris was honoured at Parliament House last October, being one of six people chosen to receive awards at a ceremony to recognise the International Day of Older Persons.

The groups - on Wednesday under course leader Anne Baker and on Friday under Bronwyn King - also encourage and assist other U3A members eager to enhance their skills.

Letters to the Editor

Qualified Course Leaders?

In the May/June Newsletter, the President and Anthony Stone suggested the need to recruit 'qualified' persons as Course Leaders. I suggest that this constitutes a change in the basic philosophy of U3A

When some years ago I joined U3A the philosophy of the Association could best be summed up in the Latin phrase 'Docendo discimus.' (We learn by teaching.) Qualifications, although obviously useful, were not stated as a requirement. The essential requirement was an enthusiasm for one's subject and the wish to share that enthusiasm with other members of the association, in a friendly, co-operative environment. This is in accordance with The Objects Clause of the Constitution.

An unfortunate result of stating a wish for qualified persons is that it could deter potential course leaders who have no qualifications in a particular subject from offering their services, and that is hardly what the association needs. — **Martin Newman**

Pseudo classes

At long last we have a committee willing to tackle the problem of pseudo classes which are merely groups of friends who want to make use of cheap U3A facilities (and insurance). I suspect that many of them will reenrol their mates anyway (after all, they are onto a good thing) so I hope that the committee will be prepared to tackle this too. I suggest that anyone who rings up at 9.10am on 15 January (the new enrolment date) and is told that a class is full contact someone on the committee with details.

I have met members of one of these self-perpetuating groups and they are adamant that they don't want outsiders in. That's OK but they shouldn't be using U3A facilities to meet their private needs. This isn't in the spirit of U3A. The UK banned such activities long ago.

I hope that the committee will come up with many more good ideas. — **Audrey Guy**

Re-enrolment – one size does not fit all

In the Presidential Musings in the July/August U3A ACT News, the new rules for re-enrolment were set out: all enrolments in courses that started in 2010 will terminate on 24 December 2010 ... no course may accept any enrolments for 2011 before 9 am on 15 January 2011.

This one-size-fits-all approach may not fit all continuing courses, particularly those with high enrolments, for which it raises practical problems. This is the case for the Belconnen Current Affairs course and no doubt for other large classes.

At the end of last year 139 members of the course re-enrolled for 2010. Then we admitted 21 new people at the start of this year.

We expect that the situation will be much the same for 2011.

Pity the enrolment secretary who will have to take 160 phone calls from re-enrolling members on 15 January, plus calls from new people wishing to enrol!

This would expose her to anger and abuse from re-enrolling and new members who had been trying to call but found the phone engaged. They would not necessarily get through in the order in which they originally tried to call so that chance, not order of application, would determine who was accepted.

This situation would also generate resentment towards U3A management.

We recognise that there is a problem with some new members not being able to get into the course straight away. To deal with this, we have spent some time and effort in trying to evolve a fair and workable policy on re-enrolments and new enrolments.

In contrast with short courses, in a year-long course not all members are able to attend every week, for health, family or travel reasons. Because of this we estimate likely weekly attendances when we decide how many people to admit to the roll.

(Continued on page 11)

Obituary — Ian Paton

Ian Gordon Forrester Paton, a former course leader and a model to all who knew him, died on 15 June.

Ian was born at Inglewood, Alloa, Scotland on 6 October 1918. In 1937 he studied Chemistry at Oxford University, but with the outbreak of the Second World War, after a period of conscientious objection, he joined the Royal Air Force and trained as a pilot. From then until 1946 he served as a fighter pilot in Great Britain and as a flying instructor in Canada.

Following his discharge from the armed services he worked in the family business, Paton and Baldwin Wool Mills in Scotland and Canada. In 1951 he moved to Australia where he worked at the Paton and Baldwin Wool Mill in Launceston, Tasmania.

In 1958 he married Evelyn and, in the same year, with the closure of the Launceston Mill, he moved to NSW and undertook a venture into another aspect of the industry in which he was experienced. At Mullengandra, near Albury, he became a grazier raising fine wool sheep.

Two years later he and his family moved to Canberra, where Ian started his own business as a builder.

In 1962 he worked at the ANU and undertook part time study in Psychology. He worked in the ACT as a Psychologist and Counsellor after graduating and in 1966 he was appointed Student Counsellor at Flinders University, Adelaide. In 1970 he returned to Canberra and for the next nine years worked as a psychologist. In 1979 he taught at ANU and CCAE (now UC) until 1983 when he was appointed Counsellor at the CSIRO. Ian was also the first Marriage Counsellor in the ACT.

In 1986 Ian suffered a heart attack and retired from full time work. He was, however, deeply involved in the establishment of the Canberra Hospice and worked there as a Counsellor. From 1996 until 2006 Ian established and led two Music Appreciation groups in U3A, at the ANU and in Belconnen. After a bout with cancer in late 1996 he was obliged to discontinue the group at the ANU, but continued with the one in Belconnen, which still continues today. During this period he revived the musical training of his boyhood years and studied at ANU School of Music. He composed one inspiring piece of music dedicated to those who perished in Tiananmen Square in China.

In 2005 he published his Memoirs, *Stories of a Fortunate Life in War and Peace*. This book is an inspiration to all who read it. A limited publication, from which all revenue was donated to Legacy.

Ian was a man who inspired others by his actions and his encouragement. He held deep moral convictions about humanity and set an example to all who knew him by his dedication to helping others. He will be remembered as a kindly, humble man who achieved much in his lifetime but sought nothing in return other than seeing other people apply themselves to their purpose as he always did.

Ian Paton will be greatly missed by his family and friends, but will never be forgotten. — **John Rundle**

(Continued from page 10)

For the last two years we have taken the following actions:

- Existing members were made aware that re-enrolment in the course is not automatic. If they wanted to continue the following year they had to register with the enrolment secretary before the last meeting in December.
- Those who did not register by that time had to take their chances along with newcomers when enrolment opened in January if they had left re-enrolment until then.
- On enrolment day in January the enrolment secretary accepted new enrolments up to the number we estimated would yield the number we could accommodate each week. After that a waiting list was opened.
- During the year we monitored attendances, contacted those who appeared to have dropped out, and admitted others from the waiting list.

In our circumstances, this is a fair way of dealing with the logistical issues. It recognises that current members will want to hear the new course content each year. It also admits some new members. And those on the waiting list can be confident we will admit them as soon as possible.

We ask that the Committee reconsider the detail of the new rules to accommodate a broader range of circumstances. — **Pauline Bryant, Convener and Joy McInerney, Enrolment Secretary**



SuperGrands Program

SuperGrands are dedicated volunteers who offer one-on-one home mentoring and/or group coaching to help families develop practical household management skills. SuperGrands share their knowledge of a lifetime to coach families in skills such as budgeting, menu planning, establishing routines, basic home maintenance and gardening. SuperGrands coach families in their own homes for a couple of hours once per week or fortnight from three to nine months. They also provide group work sessions in the community.

By helping to strengthen living skills and confidence within families, SuperGrands helps to build a stronger community.

Why are SuperGrands needed?

In today's disposable, fast paced world, many families have not developed the skills needed to run a home. Young parents and families may need assistance with questions like:

- How do I make a budget work?
- Why is my home always in chaos?
- How can I prepare nutritious cost effective meals?
- How do I keep up with odd jobs around the home?

Benefits of becoming a SuperGrand

- Putting your experience and knowledge to good use;
- The satisfaction of knowing you are making a difference by enhancing skills and reducing stress within families;
- The opportunity to become a valued member of a great team delivering a very important community service;
- The stimulation from being engaged with your community;
- Being able to access training, monthly peer support sessions and assistance from a full-time SuperGrands Coordinator and our Family Support Team.

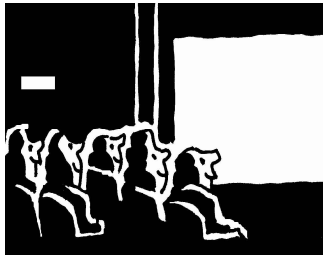
So could you be our next SuperGrand?

Do you have:

- A genuine desire to make a difference to the lives of families in the ACT?
- A willingness to work with families facing challenges?
- An accepting and non-judgemental attitude?
- Patience, perseverance and optimism?
- The capacity to commit to ongoing training and peer support sessions?
- The ability to make a minimum six-month commitment to SuperGrands Volunteering?

If you think you have the above attributes and would like more information on being a SuperGrand contact Communities@Work on 6293-6520 or email lisa.padzensky@commsatwork.org

FILM GROUP



Film Group

*Screenings every Wednesday
at 1.45pm at the Southern Cross Club, Woden.*

Note: a term fee applies

Here are the films to be screened after the Group's resumption on 6 October:

- | | |
|------------|--|
| October 6 | <i>Sons of Matthew</i> (Aus, 1948, 104 mins) Michael Pate, Thelma Scott |
| 13 | <i>This Land is Mine</i> (US, 1945, 103 mins) Charles Laughton, Maureen O'Hara |
| 20 | <i>A Midsummer Night's Dream</i> (UK, 1978, 122 mins) Lynn Redgrave, Ronnie Barker |
| 27 | <i>Baby Doll</i> (US, 1956, 115 mins) Karl Malden, Carroll Baker |
| November 3 | <i>The Secret Heart</i> (US, 1946, 97 mins) Walter Pidgeon, Claudette Colbert |

All prints courtesy of the National Film and Sound Archive

All Welcome at ANU Film Group.

This little blurb was triggered by Jim Nichterlein's offer in the May-June newsletter to set-up a new movie group. After reading that, it occurred to me that there might be mutual benefit in a short introduction to and recommendation of the ANU Film Group (ANUFG) to U3A members. I raised the suggestion with the U3A member whom I see more often than any other at ANUFG screenings (he just happens to be the editor of this esteemed Newsletter) and he agreed it would be a good idea.

The ANU Film Group screens films in the Coombs Lecture Theatre (Cnr Fellows Rd and Garran Rd) three or four nights per week during the academic semesters, showing up to 200 films in a year. Membership is open to anyone in Canberra. An annual membership is currently \$60 or \$35 for one Semester. (My attendance in the past two semesters has been down and we were away for two months but, by the end of this month, I'll have seen 41 films over the past twelve months so they've cost a fraction under \$1.50 each.) The screen is a standard size cinema screen and there is Dolby Surround Sound that can be as deafening as any commercial cinema. The seats aren't up to the Dendy but we take our own cushions and manage the occasional double bill quite comfortably.

The films screened are mostly ones that were in the cinemas a few months ago, e.g. coming up we have: *The Last Station, How to Train Your Dragon, Micmacs, The Karate Kid, The White Ribbon, Toy Story 3, Get Him to the Greek, Shrek Forever After, Prince of Persia, Robin Hood, Eclipse* and more than 70 other films in Semester 2. In addition, members receive six guest passes per year; about 20 films per semester are reserved for members only where no guest passes can be used. New members join by turning up early to any screening, paying their money and filling in the membership form.

Films are suggested and decided by members each semester for the following semester.

One disadvantage is that each film is screened only once, except very rarely when a screening attracts a full house and is re-screened the following Sunday. So, if you have something unavoidable that clashes, then you miss that film. A very attractive advantage is that the film starts at the scheduled time, usually 8 pm: you don't have to sit through 15 minutes of obnoxious and uninteresting advertising before you are rewarded with the film you came to see. And there's heaps of free parking just outside as campus parking is free at the times ANUFG screen their films. To find out more visit the web-site at www.anufg.org.au. — **Hugh Malcolm**

TRAVEL OPPORTUNITIES

General Disclaimer

Most activities involve some element of risk. Bushwalking, in particular, is an inherently dangerous activity and requires an appropriate level of fitness. While both U3A ACT Inc. and the National Trust (ACT) maintain public liability insurance and will endeavour to protect your safety, they cannot remove all the dangers. Both organisations must also assume that participants, by booking, consider themselves to have appropriate levels of fitness and mobility. Those undertaking activities should therefore be aware that they participate at their own risk.

The following activities are part of U3A ACT's own walks and tours program

Thursday 9 and Friday 10 September From Heathland to Headlands

You will need to contact the Leader, Garth Setchell, urgently (6290 1100) if you wish to join this two-day self-drive activity. It offers you the chance to walk the 8km Griffith Trail in the Barren Grounds Nature Reserve on the Thursday afternoon, after a picnic lunch at Carrington Falls near Robertson, and to undertake two coastal walks on the Friday morning: a two-km walk near the mouth of the Minnamurra River and the acclaimed six-km Kiama Coast Walk between Kiama and Gerringong. The price is \$20 for both days, \$10 for one day.

The Barren Grounds, gazetted in 1956, was one of Australia's first Fauna Reserves. It offers stunning views over the Illawarra coastline and should be in full flower in September.

All walks are on fairly good tracks, but there are some moderate ups and downs. Appropriate fitness is therefore necessary.

The Kiama-Gerringong area abounds in a range of accommodation, which can be sourced through the Kiama Tourist Bureau – www.kiama.com.au - ph 4232 3322. Alternatively, if you wish to stay with most of our group, I may still be able to secure an attractive DBB rate at the Jamberoo Valley Lodge (approx \$220 for 2, \$145 per sgl).

Black Mountain Wildflower Ramble

*Saturday 9 October, 9.30 am to noon
(or longer if people wish to ramble)*

Belconnen Way entry, just before Caswell Drive turn-off (look for the balloons)

Join wildflower-lovers for the 39th annual Burbidge/Chippendale ramble around Black Mountain to enjoy the spring diversity. This will be an easy guided walk from 9.30 am sharp to noon (or later) from the Belconnen Way entry.

Our leaders this year will be Laurie Adams, Isobel Crawford, myself and possibly Peter Ormay. All welcome – it's a great way to celebrate the spring and find out how to look for our sometimes-cryptic wildflowers. Bring your friends, especially those who are new to plant identification.

BYO morning tea, hat, sunblock, water and stout shoes.

Contact: Jean Geue on 6251 1601.



Where are those budding Tour Leaders?

U3A members with a bent for arranging and leading walks or tours are invited to express their interest to U3A's Tours Officer, Garth Setchell (6290 1100) or Assistant Tours Officer, Pam Behncke (6248 6682).

Guidelines and a degree of assistance are available, but those interested must be prepared to carry an activity through all stages from initial conception to arrangement, promotion, delivery and acquittal. Organisers are entitled to reasonable expenses, but U3A's aim is to offer activities at prices equating to cost.

The following activities are part of the program offered by the National Trust

U3A members are entitled to book for these activities at the same price as Trust members. Non-members of either organisation must pay the non-member rate. U3A ACT Inc advertises these activities in good faith but accepts no responsibility for their outcome. Please make cheques payable to National Trust (ACT) and do not send payment to U3A.

Persons wishing to book or to obtain further information can do so by ringing the National Trust office (6230 0533) during business hours. Leaflets, giving all necessary information about each activity, are posted to applicants prior to the event. Payments can be made by cash, credit card or cheque to National Trust (ACT), PO Box 1144, Civic Square ACT 2608. If paying in person, the office is on the First Floor, SE corner of North Building, Civic Square. When booking, please ensure that you give your full name, address and home phone number, any dietary/mobility/pick-up requirements plus the names of others you may be booking for.

Sunday 10 October 1 - 4 pm Fifth Reid Open Houses and Gardens

The National Trust, with support from the Reid Residents' Association, is conducting its fifth annual guided visit on Sunday 10 October to homes in Reid originally constructed in the 1920s and 1930s. The three homes and their gardens have not been opened previously under this program. Here is your chance to view restorations and extensions to three privately owned dwellings in the heritage precinct of Reid. An introductory talk will be provided.

This event coincides with the opening of two other gardens in Reid under the Australian Open Garden Scheme. There will be time for you to also visit these gardens if you would like to do so, but an additional charge will apply – payable to the garden owners.

Meeting Point: Cnr Dirrawang Gdns and Currong St, near the Reid Tennis courts.

Cost: \$20 National Trust, U3A and RRA members, \$25 non-members. (Includes a delicious afternoon tea and a copy of *The Heritage of Reid* by Shibu Dutta – published by the Reid Residents' Association).

Booking essential: 6230 0533 or book online at www.nationaltrustact.org.au – click on *Bookings* under Events and Meetings tab. There is a limit of 30, so don't delay with your booking!

Sunday 17 October 1 - 4.00 pm Blandfordia 5 Heritage Precinct, Griffith and Forrest

Enjoy a springtime viewing of one of Canberra's earliest planned town areas. Graceful streets, mature trees and significant parklands, and distinctive architectural features of the Federal Capital Commission houses in their garden settings make this walking route attractive and of historical interest. The walk covers the middle area lying between the 'gentleman's residences' of old

Red Hill and the amenities of Manuka, where an afternoon coffee will end your walk. Local residents will tell the stories that bring the area to life.

Meet at the Lawns on Bougainville Street

Cost: \$20 members, \$25 non-members

Booking essential: 6230 0533 or book online at www.nationaltrustact.org.au – click on *Bookings* under Events and Meetings tab.

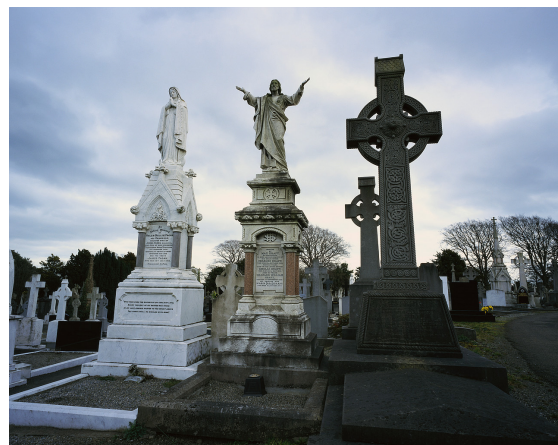
Sunday 31 October 1 - 4pm Riverside Cemetery, Queanbeyan

This cemetery is an example of where the state, not the church, designed the burial ground, incorporating multi-denominational sections. On a guided tour, you will notice the variety of tombstone styles from the earliest in 1847 to the more ornate Victorian ones through to the 1970s, where engraved information becomes very concise. Learn more about the pioneers of our region. Join us for afternoon tea afterwards.

Meet at the cemetery on Erin Street, Queanbeyan.

Cost: \$20 members, \$25 non-members

Bookings essential: 6230 0533 or book online www.nationaltrustact.org.au – click on *Bookings* under Events and Meetings tab.



The following activity is not part of either the U3A or National Trust programs

U3A ACT Inc advertises these activities in good faith because they may be of interest to U3A members, but accepts no responsibility for their outcome. Do not send payment to U3A. Persons wishing to book or to obtain further information should follow the instructions.

U3A 2011 Language and Cultural Tour of Italy

This fully-escorted, all-inclusive tour will depart Canberra in May 2011. The itinerary and price are now available. The tour will feature such exciting destinations as Sicily, the Amalfi Coast, Cinque Terre, Lake Como, Orvieto, Rome, Florence; Etruscan area, Siena, Lucca, Vinci and many more. The itinerary includes accommodation in 3-4-star hotels with private facilities; air fares and all taxes; breakfast and dinner; ground transport by luxury coach; sight-seeing tours; all transfers; professional tutor for the entire trip, and much more. Contact Ottavio Bagozzi either by email at Ottaviobagozzi@grapevine.com.au or by phone: 6288 6209.

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Difficult questions!

What do you do when you see an endangered animal eating an endangered plant?

Why do they lock petrol station bathrooms? Are they afraid someone will clean them?

What was the best thing before sliced bread?

Committee Members and Office Bearers 2010

The U3A ACT Office (ph. 6281 6998) is in the Hughes Community Centre, and is usually open Monday to Friday from 9.30 to 4.30. All enquiries should be directed to the Office in the first instance. (The Cook facility has its own phone number: 6251 8005)

President John Brook 6253 1128
Vice Presidents Jim Nichterlein 6282 1372
 Garth Setchell 6290 1100
Secretary Diana Cooper 6251 5807
Treasurer Olive Cousins 6161 2346

Committee Members

Robyn Beetham 6290 1899
 Pam Behncke 6248 6682
 Sue Gavin 6258 3042
 Heather Lawson 6241 7705
 Tony Sayer 6255 8060
 Barbara Scott 6259 0090
 Eleanor Whelan 6257 7749

Membership Secretary

Les Fielke 6259 0090

Course Coordination Sub-Committee

Chair: Trevor Bruhn 6282 1214
Deputy: Jim Nichterlein 6282 1372
North: Jane Hyden 6287 1020

(University House bookings and Canberra North)

Richard Groves 6251 1885

(Belconnen and Gungahlin)

Patricia Woolcock 6251 1246

(Cook, Rooms 2 and 3 bookings)

Mary Ann Bandharandgshi (Cook) 6251 0406

South: Mike Burr 6161 5422

(HCC rooms 2, 3 & Library bookings)

Paul Jones (HCC Room 2) 6285 2743

Jennifer Brownlee (HCC Room 3) 6281 4689

Susan Farquhar (computer courses) 6258 3225

Jim Nichterlein 6282 1372

(Canberra South and Queanbeyan)

Libby Campbell (Woden) 6259 1080

Robyn Beetham 6290 1899

(Weston Creek and Tuggeranong)

Equipment Tony Elliott 6278 4190

Office Manager Sue Gavin 6258 3042

Data Base (Membership) Les Fielke 6259 0090

(Courses) Jenifer North 6286 1545

Newsletter Editor Fred Roberts 6281 3681

Deputy Editor Jack Sandry 6258 4809

Tuesday Forums Vernon Kronenberg 6247 2570

Hospitality and Social Officer Janet Johnson 6288 7888

Publicity officer Colin Blair 6281 6934

U3A Members Computer Help Desk 6281 6998

Email Addresses:

Secretary (Diana Cooper): secretary@u3acanberra.org.au

Membership Sec. (Les Fielke): membership@u3acanberra.org.au

Newsletter Editor (Fred Roberts): editor@u3acanberra.org.au

Courses (Trevor Bruhn): courses@u3acanberra.org.au

Cook courses: cookcourses@u3acanberra.org.au

Internet - U3A ACT Website: www.u3acanberra.org.au

Webmaster (David Briese): webmaster@u3acanberra.org.au

Publicity Officer (Colin Blair): publicity@u3acanberra.org.au

Hospitality & Social Officer: janetjohnson.canberra@gmail.com

U3A Online (Dorothy Braxton) www.u3aonline.org.au